

# R.KAYALVIZHI

D/O, U.Ramu,  
2/293, Saamanthi Poo Street,  
AyyavuThevar Nagar,  
Iyerbunglow, Madurai-14.



+919791529255

[ramukayalvizhi@gmail.com](mailto:ramukayalvizhi@gmail.com)

Service-focused Psychiatric social worker, Counsellor, Learner and future psychologist with a strong commitment to serving the needs of disadvantaged and special-needs populations. Excel in program and organizational planning, with documented success overcoming challenges.

## EDUCATION AND PROFESSIONAL CERTIFICATION

S.No	Qualification	Name of the institution	Year of study	Percentage
1	Masters of Philosophy	Madurai Institute of Social Sciences, Maduari-2	2011-2012	71%
2	Master of Social Work	Fatima college, Madurai -18	2009-2011	75% <b>First class with distinction</b>
3	Bachelor of Social Work	Madurai Institute of Social Sciences, Maduari-2	2006-2009	60% <b>(University Rank Holder)</b>
4	Master of Science (Psychology)	Tamilnadu Open University, Chennai.	2018 -2019	Pursuing
<b>Elective course</b>				
4	PG Diploma in Counselling	Madurai Institute of Social Sciences, Maduari-2	2012-2013	64%
5	Certificate course on NGO management	Fatima college, Madurai -18	2010-2011	<b>First class with distinction</b>
6	NET – Social Work	UGC – CBSE	June 2015	UGC Ref No -16137 (NET-Dec.2014)

## **PROJECTS**

<b>S.No</b>	<b>Topics</b>	<b>As requirement of</b>
1.	A study on “Suicidal Ideation Among College Students”(With Reference to Colleges Affiliated to Madurai Kamaraj University)	UGC_SERO (Minor Project)
2.	A study on “ Emotional Intelligence and Self Esteem” of Jeevana school teachers	M.Phil
3.	A study on “ Anger Management” among school children (with special reference to students who are going to write public exams)	MSW
4.	A study on “ psycho social problems of transgender”	BSW

## **WORK EXPERIENCE:**

- Working as **Assistant Professor** in the Department of Psychology, The American College, Madurai since 8, December 2017.
- **Social Activist** in **The High Court Gender Sensitization and Internal complaints Committee – II** for Madurai Bench of Madras High Court, Madurai. since Feb 2019 to Present.
- Served as **External Examiner** at Mannar Thirumalai Naicker College, Madurai to the Department of Social work (Both UG &PG) for End semester Examination and viva voce.
- Served as **Subject Expert** at Mannar Thirumalai Naicker College, Madurai to **Counselling and psychotherapy**, Diploma program under UGC - NSQF scheme for the Academic year (2018-2019).
- Worked as **Assistant Professor** in the Department of Social Work and **Programme coordinator – (Alagappa University, Rajiv Gandhi National Institute of Youth Development)** in M.S.Chellamuthu Institute of Mental Health and Rehabilitation since 01 August 2016 till December 2017.
- Worked as an **Assistant Professor** in the Department of Social Work at Madurai Institute of Social Sciences since June 18, 2012 till May 3, 2016.

- **Principal Investigator** in a **Minor project** sanctioned by **UGC-SERO**. Entitled “A Study on Suicidal Ideation Among College Students”(With Reference to Colleges Affiliated to Madurai Kamaraj University)
- Served as **External Examiner** The American College (Department of Social Work)
- Served as **External Examiner** The Thiagaraja College of Arts and Science (Department of Psychology )
- Worked as a **Course Coordinator** for PG Diploma in Counseling at Madurai Institute of Social Sciences.
- Served as a **Student Counsellor** at Madurai Institute of Social Sciences during 2013 to 2016.
- Worked as a **Center In charge** for “Centre for Madurai Studies” at Madurai Institute of Social Sciences
- **Freelance Counsellor** and **Soft skills Trainer**.
- Done Concurrent Field work Visit to various villages and NGOs in Madurai.
- Practiced as a **Psychiatric Social Worker** in Rathina Mental Health Centre.
- Practiced as a **Medical Social Worker** in YMCA.

### **PROGRAMS FACILITATED:**

Training organized by M.S.Chellamuthu Institute of Mental Health and Rehabilitation in collaboration with Rajiv Gandhi National Institute of Youth Development, Sriberumbudur

### **FOR STUDENTS:**

- Acted as Facilitator in a training programme **TOT on Life Skills** – on “**Communication Skills**” held on October 3<sup>rd</sup>& 7<sup>th</sup>, 2016 (5 Days) Session on 04.10.2016.
- Acted as Facilitator in a training programme **TOT on Career Counselling-** Session on “**Thinking Skills**” held on 28<sup>th</sup>November to 2<sup>nd</sup>December 2016. Session on 30.11.16

### **FOR FACULTIES:**

- Acted as Facilitator in a training programme **Training on Mental Health First Aid** – Session on “**Mental Health – An Introduction**” held on March 08<sup>th</sup>- 10<sup>th</sup>, 2017. Session on

08.03.2017.

- Acted as Facilitator in a training programme **Training on Behaviour Management** – Session on “**Behaviour Analysis**” for Faculties held on March 15<sup>th</sup> to 17<sup>th</sup>, 2017. Session on 16.03.2017.

### **TRAINING FOR OTHER INSTITUTIONS:**

- Facilitated session on “**Girl Children Mental Health problem**” at Capacity Building training for matriculation School Principal’s” organized by Department of Social defense, District Child Protection Unit, Sivagangai.
- Facilitated in the **Support Staff Training Programme** organized by TVS group of Institutions, Madurai session on “**Stress Management**” for Menial Staffs of TVS Group of Schools between 27.12.2017 to 30.12.2017. (3 days 3 Different Groups)
- Facilitated in **Self development program** for the students organized by MannarThirumalaiNaickerCollege, Madurai. Session on, “**Interpersonal Relationship**” between 30th January to 3rd February 2017. (5 days 5 Different Groups)
- Facilitated in the **Faculty Development Program** organized by Mepco Schlenk Matric.Hr. Sec. School, Maraavankulam, Thirumangalam, session on, “**How to Counsel the Students**” for teachers held on 20.04.2017.
- Acted as a trainer, for the training on Team Building organized by Thangamayil Jewellery, Madurai. Session on “**Emotions Management & Interpersonal Relationship**” for the female supporting staffs held at J.C.Residency, Madurai on 03.11.2017 & 04.11.2017 ( 2 batches)
- Acted as Facilitator in the training “**Personality development and Stress Management**” handled session on “**Stress Management**” to the Nursing students of Chithirai College of Nursing on 6.11.2017 at the college premises.
- Acted as a trainer, for the training on training organized by TVS group of Industries, Madurai. Session on “**Team Building & Interpersonal Relationship**” for the supervisors & Executives held at CESCO on 09.11.2017

## **PROGRAMMES COORDINATED:**

- M.S.Chellamuthu Trust and Research Foundation Organized **TOT on Life Skills**, Between October 3 & 7, 2016 (5 Days) at CESCO, Madurai, with the support of Rajiv Gandhi National Institute of Youth Development.
- **TOT on Career Counselling**, Between November 28 & December 3, 2016 (5 Days) at BODHI, Madurai. With the support of Rajiv Gandhi National Institute of Youth Development.
- **Orientation training on Clinical Psychology**, for the Applied Psychology Students of RGNIYD, Sriperumbudur, Tamilnadu. Held at Bodhi Campus, Chellamuthu Gardens, Madurai between Jan 9<sup>th</sup> & Jan 13<sup>th</sup>, 2017.
- M.S.Chellamuthu Institute of Mental Health and Rehabilitation organized, **Training on Leadership Development** between February 8th & 10th, 2017 (3Days) at BODHI, Madurai. With the support of Rajiv Gandhi National Institute of Youth Development.
- **Training on Counselling Skills** between February 14th & 16th, 2017 (3Days) at BODHI, Madurai. With the support of Rajiv Gandhi National Institute of Youth Development.
- **Training on Premarital Counselling** between February 23rd & 24th, 2017 (2 Days) at BODHI, Madurai. With the support of Rajiv Gandhi National Institute of Youth Development.
- **Training on Relationship Enrichment** between March 6th & 7th, 2017. (2 Days) at BODHI, Madurai. with the support of Rajiv Gandhi National Institute of Youth Development
- **Training on Mental Health First Aid** between March 8th & 10th, 2017 (3Days) at Hotel SaradhaRajans, Madurai. with the support of Rajiv Gandhi National Institute of Youth Development.
- **Training on Behaviour Management** between March 15th & 17th, 2017 (3Days) at Hotel SaradhaRajans,, Madurai. with the support of Rajiv Gandhi National Institute of Youth Development.
- **Clinical Exposure Training on Counselling and Psychotherapy** for the medical and psychiatric students of PSG Arts & Science College, Coimbatore between November 23<sup>rd</sup> & 27<sup>th</sup>, 2017 (5 Days) at Bodhi Campus, Chellamuthu Gardens, Madurai.

**PLACEMENTS:** (completed one month training (each) at PG level

- ☉ Summer placement - People's watch, Madurai
- ☉ Pre placement training - M.S.Chellamuthu Trust and Research Foundation

**PAPER PRESENTED:**

- Presented paper on the State Level Seminar on “**Corporate Social Responsibility: An Ethical values of Business**” Organized by the Department of Management Studies and Department of Commerce, Madurai Institute of Social Sciences, Madurai. On 18<sup>th</sup>October2013.
- Participated and presented paper on “**Psycho Social Problems of Transgender**” in **The National Seminar on Social Defense**, organized by Madurai Institute of Social Sciences, Madurai sponsored by National Institute of Social Defense. From 25<sup>th</sup>to 27<sup>th</sup>November2013.
- Presented paper on, "A study on “**pros and cons of social media on prosocial behaviour amongst the college students**”. in the International conference on Bridging and Securing: Responsibilities and Aesthetics in Media, Society and Literature, organized by the Department of Social work and English. 11th September 2018.
- Presented paper on A study on “**Adolescent’s risk taking behaviour and self esteem**” among college students (with special reference to The American College, Madurai).March 6th & 7th 2019.

**Publication:**

- Published paper on “**Adolescent’s risk taking behaviour and self esteem**” among college students”ISBN978-93-88398-65-7pg.191.

## **SEMINARS, TRAINING AND WORKSHOP ATTENDED / PARTICIPATED:**

### **PSYCHOLOGICAL TESTING:**

- Attended “**PEARSON CLINICAL ASSESSMENT WORKSHOP**” held on 26<sup>th</sup> April 2014 and Trained on the **Administration, Scoring and Interpretation of Dyslexia Screening Test – Junior, (India Edition) and Ravens CPM/CVS, (India Edition)** at Boys Town, Thirumangalam.

### **COUNSELLING:**

- Completed One Unit Course in “**Healing the Inner Child**” conducted by Anugraha, (Tamilnadu Capuchin Institute For Counselling, Psychotherapy and Research), Dindigul. From 13 to 14 August 2009.
- Participated in the “**Art for Autism Festival - 2011**” Organized by Velvi Trust in collaboration with Miracle Project, Los Angeles and Autism Clinic, CSU CHICO, USA on 21,22,23<sup>rd</sup> January 2011.
- Attended the Two days Workshop on “**Family Counselling**” Organized by Department of Medical and Psychiatry in collaboration with Anugraha (Capuchin for Counselling, Psychotherapy and Research) on 28<sup>th</sup> and 29<sup>th</sup> July 2012 at MISS campus
- Completed Training Programme On “**Counselling Skills and Techniques**” conducted by Anugraha (Capuchin for Counselling, Psychotherapy and Research) from 19<sup>th</sup> to 21<sup>st</sup> July 2013.
- Participated in the Training Programme “**Dyslexia the Gift**” on 03.08, 2013 Conducted by Thadham at CESC, Madurai.
- Completed Module I of the “**Course on Counsellor Training**” conducted by Anugraha (Capuchin for Counselling, Psychotherapy and Research) from 21<sup>st</sup> to 24<sup>th</sup> July 2014.
- Participated in Three Day Training Programme on “**Counselling the Children affected and Infected by HIV/AIDS for Government / NGO Functionaries**”, Organized by Madurai Institute of Social Sciences Collaboration with National Institute of Social Justice and Empowerment, New Delhi. From 27<sup>th</sup> to 29<sup>th</sup> 2014.

- Participated in the Five Days Training Programme on “**Counselling Skills for Street Educators**” Madurai Institute of Social Sciences, Madurai in Collaboration with National Institute of Social Justice and Empowerment, New Delhi. From 25<sup>th</sup> to 29<sup>th</sup> November 2014.
- Completed the Course on “**Healing the Inner Child**” In accordance with the standards of Anugraha Institute for Counselling and Psychotherapy from 01.12.2014 to 08.12.2014.

### **LIFE SKILLS:**

- Participated in Work Shop On “**Life Skills**”, Organized by Athma Institute of Mental Health and Social Sciences (AIMSS) & Athma Education and Research Foundation on 13.02.2010
- Completed the “**Developing Inter personal Relationship Skills**” conducted by TOPKIDS on 11.12.2010 at Topkids Centre, Madurai.

### **FACULTY DEVELOPMENT PROGRAM:**

- Participated in the Faculty Development Programme On “**Enrichment of Teaching Skills**” held at OAA-MAVMM school of Management on February 14, 2015.

### **OTHERS:**

- Participated the “**Intensive Training on HIV/AIDS**” conducted by Community Organization for Women (COW) in association with AIDS Prevention and Control Project (APAC) & Initiatives for HIV/AIDS Net (IHN) on 16<sup>th</sup> December 2006 at Madurai.
- Participated in the “**Human Chain & Convention on WORLD AIDS DAY 2007**” held on 18<sup>th</sup> December 2007 at Madurai. Organized by RUSS FOUNDATION – APAC Care & Treatment Program.
- Completed 15 Days Training Course on “**Human Rights**” conducted by The Society for Community Organization Trust, Madurai from 7<sup>th</sup> August to 22<sup>nd</sup> August 2008
- Participated in the Two Day National Seminar on “**Career Opportunities in Service Sector**” Organized by IQAC & Training & Placement cell, Fatima College, Madurai on 11<sup>th</sup> and 12<sup>th</sup> September, 2009.



- Participated in a Two days **National Level Seminar on “Learning Disability- Approaches, Challenges and provisions”** Organized by Department of social Sciences, Lady Doak College, Madurai in collaboration with KIDS LEARNING CENTRE, Chennai, on 29<sup>th</sup>& 30<sup>th</sup> November 2010
- Participated in **“TOPKIDS Annual Republic –Day Championship Parade (ARC- 2011)”** Organized by TOPKIDS, held on 26.01.2011 at Madurai.
- Participated in SOWOK FEST 2011 on **“Women Equality: The Road to Empowerment”** Organized by the Department of Social Work, Fatima College, Madurai on 8<sup>th</sup> March 2011.
- Attended the One day Inter Collegiate Seminar On **“The Social Work Response to Domestic Violence”** held on 19.11.2011 Organized by Centre for Women Studies, Madurai Institute of Social Sciences.
- Attended Three day Training Programme on **“ Social Defense for Social Work Professionals”** Madurai Institute of Social Sciences, Madurai in Collaboration with National Institute of Social Justice and Empowerment, New Delhi. From 15<sup>th</sup> to 17<sup>th</sup> February 2013.
- Attended **WAPR- Fourth National level conference on “Psycho Social Rehabilitation in Practice”** held at Fortune Pandian Hotel, conducted by M.S.Chellamuthu Trust and Rehabilitation on November 19, 2016.
- Participated in **“Counselling and Psychotherapist Meet”** Organized by Counsellors and Psychotherapist Forum, held on 21<sup>st</sup> July 2018 at Bell Hotel, Madurai.
- Participated in Two Days Workshop on **“Therapeutic Skills for Social work”** Organized by Department of Medical & Psychiatric Social work, Department of Psychology and Department of Counseling, Madurai Institute of Social Sciences, Madurai. Held on September 7, 2018.
- Participated in the **National seminar on Crime Prevention Strategies**, organized by Department of Forensic Science, Annai Fatima Arts & Science College, Thirumangam, Madurai. On March 6th & 7th 2019.

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