



SIMONA.D
153, Vaigai Colony,
Anna nagar,
Madurai.
+91 9488556199
simonalan@hotmail.com

EDUCATION:

	<u>Course</u>	<u>EDUCATIONAL INSTITUTION</u>	<u>CLASS</u>	<u>YEAR OF PASSING</u>
DEGREE	MSW	Lady Doak College, Madurai	FIRST	2013
	M.SC Psychology	Annamalai University	FIRST	2015
	Bachelor of Arts, (English)	Lady Doak College, Madurai	SECOND	2011
	BSW	Indira Gandhi Open University	FIRST	2011
	DIPLOMA	.P.G. Diploma in Counseling & Psychotherapy	Lady Doak College, Madurai	FIRST

*Qualified in State Eligibility Test (SET), held on May 2016.

TECHNICAL QUALIFICATION

- ❖ Basics in MS-Office, web surfing, and electronic mail

WORK EXPERIENCE (EMPLOYER DETAILS)

Present Work Experiences:

*Assistant Professor, Department of Psychology, The American College, Madurai – 625020.
(June 2019 to present)*

Private Practice (Oct 2013-present)

-Art Therapy

-Counselling and Psychotherapy

Past Work Experiences:

*Assistant Professor, P.G. Department of Social Work, SDNB Vaishnav College for Women,
Chennai-44 (Feb 2017 to Oct 2018)*

Anjuman-E-Himayath-E-Islam, Chennai. (September 2016-January 2017)

Designation: Art Therapist at Girls Home

*International Foundation for Crime Prevention and Victim Care (PCVC), Chennai. (December
2014-February 2017)*

Designation: Crisis Intervention Services and Psycho-social Co-ordinator/Art Therapist.

Bambino Educational Trust (October 2013 – April 2014)

Posted at Mahesh Memorial Pediatric Oncology Ward, Adyar Cancer Institute (WIA), Chennai.

*Designation: Counselor, Art therapy trainee-implementing art techniques in therapeutic
programme with children and mothers.*

*Along with Dr.S.ThiruVikraman MBBS ,DPM, Consultant Psychiatrist (June 2014 –
December2014)*

COSH Multi-Speciality Hospital, Parvathy Hospitals and Menangudy Hospital, Chennai,

Designation: Psychiatric Social Worker.

Supervision on Art Therapy: (From Oct 2013 till present)

Supervised by **Ms.Holly.M.Wherry**, ATR-BC, LPC

Licensed Counselor and Art Therapist, USA

RESEARCH

Academic Research Titled:

- ❖ Psychosocial study on women undergoing fertility treatment, Sumathi Hospitals, Madurai

CONFERENCES & WORKSHOP ATTENDED

- ❖ Participated Conference Against Warming of the Globe, Tamil Nadu
- ❖ Participated Documentary Film Making Workshop, Alaihal Media, Trichy
- ❖ Participated National Conference on Professional Counseling, GRD school of Social Work, Coimbatore
- ❖ Participated Regional Workshop on Psychological Assesment, Madras School of Social Work, Chennai
- ❖ Certification in Counselor Training Programme, Anugraha Capuchin Institute for Counseling and Psychotherapy, Dindigul
- ❖ Participated Two Days Workshop on Family Counseling, Madurai Institute of Social Sciences
- ❖ Certification of Appreciation on Social Service Activity, Government Stanley Hospital, Chennai
- ❖ Certification in Art Therapy Retreat -Personal Wellness through Art, Lets Talk, Chennai
- ❖ Participated Indian Society of Professional Social Work 31st Annual National Conference at Kasturba Medical College, Manipal University, Manipal
- ❖ Participated Neuro Linguistic Programming at Globe Fist Management Solution, Madurai
- ❖ Participated Emotional Maturity Seminar, Anugraha Institute for Counseling, Dindigul
- ❖ Certification in Transactional Analysis 101, Asha Counseling and Training Services, Coimbatore
- ❖ Participated Workshop on Personal Effectiveness, Thadaham Counseling and Dyslexic Learning Centre, Madurai.
- ❖ Participated in workshop on Cognitive Behaviour Therapy, NIMHANS, Bangalore.

Paper Presentation:

- ❖ Presented paper on A study on “Professional Social Work Practice”– Issues And Challenges at Indian Social Workers Conference, held on October, 2016 at Varanasi.

SESSIONS HEADED-FREELANCING

- ❖ Session on Twelve Steps and Twelve Traditions of Alcoholic Awareness Program, at Sumana Goodwill Home, Chennai, August 2012.

- ❖ Session on Psychotherapy Techniques and Implication at Raju Hospital Pvt Ltd, Department of Psychiatry, Chennai, August 2012.
- ❖ Workshop on Therapeutic Intervention on Mental Health day - A session carried on Introduction to Art Therapy, Loyola College, Department of Social Work, Chennai, October 2013.
- ❖ Session on Cancer Awareness and Self Growth through Art, Govt Hr sec School, Kelambakkam, Chennai, January 2014.
- ❖ Session on Cancer Awareness, Department of Social Work, Patrician College, Chennai, February 2014.
- ❖ Session on Basic Skills of Counseling and Introduction to Psychotherapy, Department of Social Work, DRBCCC Hindu College, Chennai. September 2014.
- ❖ Session on Networking, Department of Outreach, Loyola, Chennai, September 2014.
- ❖ Session on Stress and Stress Management for World Mental Health day, Govt Hr Sec School, Avadi, Chennai, October 2014.
- ❖ Session on Psychiatric Disorders, Department of Social Work, MSSW, Chennai, October 2014.
- ❖ Training on Interpersonal Skills and Personality Development for Staffs, Sugam Hospital, Thiruvotriyur, Chennai, November 2014.
- ❖ Training on Strategy to prepare for Board Exams, AnnaiVelangani Matric Hr Sec School, Vayasarpadi, Chennai, November 2014.
- ❖ Training on ART for Personal Growth, ORCHID Pharmaceuticals Pvt Ltd, Chennai, December 2014 and January, February and May 2015.
- ❖ Facilitated a Certification Course On Counselling Skills for Social Workers at Department of Social Work, Madras School of Social Work, Chennai, September 2015.
- ❖ Facilitated session for Special Educators on Art Therapy and Interventions at ChitraLane School for Special Children, Colombo, Sri Lanka. March 2016.
- ❖ Facilitated session on Art Therapy and its basics for Government School Teachers organized by World Vision Lanka, Pathana, Sri Lanka. March 2016.
- ❖ Facilitated session on Sexual Harassment on Workplace for volunteers of The Candles, Chennai. June 2016.
- ❖ Facilitated session on Counselling and Art Therapy at Department of Social Work, DG Vaishnav College, Chennai. September 2016.
- ❖ Facilitated skill lab session on Counselling and Art Therapy implications at Department of Social Work, Madras School of Social Work, Chennai. January 2018.
- ❖ Facilitated Workshop on “Art Therapy- An overview”, at CRUX learning centre, Madurai. December 2018.
- ❖ Facilitated Certificate course on Advanced counseling skills for social workers at Department of Social Work, Madras School of Social Work, Chennai. December 2018.
- ❖ Facilitated Workshop on “Art Therapy for Beginners” at Soul Space Counselling Services, Chennai. September 2019.

KEY SKILLS

• <i>Counseling</i>	• <i>Leadership</i>
• <i>Staff training</i>	• <i>Working within deadlines</i>
• <i>Administration</i>	• <i>Computer literacy</i>
• <i>Documentation</i>	• <i>Professional liaison</i>

