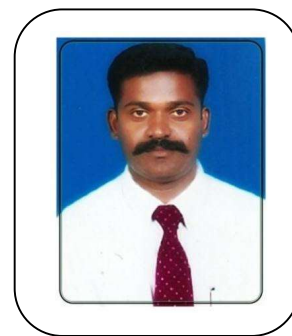


PROFILE

Name : **Dr. M. RAMANATHAN**
Designation : Assistant Professor (SF)
Department : Physical Education
Date of Joining : 01.07.2019
Mob. No : +91 96982 05673
Email : ramguru.pd@gmail.com



Educational Qualifications:

Degree	Subject	College / University & Place	Year Completed	Class
Ph.D.,	PHY-EDU	Bharathidhasan University	2018	Highly Commanded
M.P.Ed.,	PHY-EDU	Annamalai University	2009	Second class
B.P.Ed.,	PHY-EDU	Annamalai University	2007	First class
P.G.D.Y	Yoga	Annamalai University	2008	Second class
M.Sc., Yoga	Yoga	Annamalai University	2009	Awaiting for Result
U.G	Sociology	MK University	2005	Second class
Diploma in MS-Office	Computer	National Computer College, Madurai	2005	

Specialization in Teaching:

Sports Training
Methods in Physical Education
Test and Measurement
Statistics in Physical Education

Specialization in Research:

➤ Ph.D., – Sports Training

Work Experience:

Designation	Institution / Company	Year - From (month/year) To (month/year)
Assistant professor	The American College (Autonomous), Madurai	2019 – till date
Assistant professor	The National College (Autonomous), Trichy	2018 – 2019
Director of Physical Edu	Imayam college of Engg, thuriyur, Trichy	2015 – 2018
Director of Physical Edu	M.A.M College of Engineering, Trichy	2013 - 2015
Physical Director	Rane Polytechnic College, Sethurappatti, Trichy	2011 - 2013
Physical Director	Sri Vignesh Polytechnic College, Koothur, Trichy	2009 – 2011

Organizing Experience:

- 15 tournaments organized inter – school tournament for secondary and higher secondary students
- Kabaddi & volleyball football, ball badminton, volleyball and handball chess
- 900 students participated.
- Organized T-20 Cricket inter – school tournament
- Nearly 800 students participated in chess
- Organized Anna University Athletic Meet
- 600 students from 31 engineering colleges participated.
- Conducted **Yoga Awareness** one day workshop at MAM College of Engineering on 2014.
- Conducted one-day workshop on **Student Development to Contribution of Yoga** on 2017.

Extra Co-curricular Activities

- Government of India **South Zone NSS pre-Republic Day** selection at National College, Trichy

Details of Journal Presentation

S. No.	Title of the Article	Journal in which Published	Year of publication
1.	Assessment of muscular endurance of school volleyball players in Tiruchirappalli district of Tamilnadu through selected yogic practices combined with plyometric	Asian Journal of Multidisciplinary Research (AJMR)	2016
2.	Assessment of selected general fitness variables of school volleyball players in Tiruchirappalli district of Tamilnadu through selected yogic practices combined with plyometric	Asian Journal of Applied Research (AJAR)	2016

Details of Paper Presentation & conferences:

- Presented a paper in the International Congress on Renaissance in Sports - 2017 on **Influences of strength training package with and without yogic practices on selected psychological and technical skill level among volleyball players.**
- **Androgenic steroid users in the field of body building in Triuchirapalli city: A case study** at National College, Trichy.

Details of participation in workshop:

- Effect of Pranayama on selected physical fitness among school boys.
- Latest Trends in Sports Sciences.
- Yoga for healthy life style
- Challenges in Promoting Fitness and Sports Competition for Different Levels of Achievements.