

**Name** : Dr. J. GRACIA  
**Designation** : Assistant Professor  
**Department** : Food Science and Nutrition  
**Date of Joining** : 17.06.2019  
**Email** : jgracia6@gmail.com



**Educational Qualification:**

Degree	Subject	College / University & Place	Year Completed
B.Sc	Nutrition and Dietetics	Muslim Arts College, Thiruvithancode Kanyakumari District / Manonmanim Sundaranar University, Tirunelveli	2007
M.Sc	Nutrition and Dietetics with Hospitality Management	Muslim Arts College, Thiruvithancode Kanyakumari District / Manonmanim Sundaranar University, Tirunelveli	2009
M.Phil	Food Science and Nutrition	Periyar University, Salem	2010
Ph.D	Food Science and Nutrition	Periyar University, Salem	2015

**Technical qualification:**

Qualification	Place	Year of Passing
Diploma in Computer Application (DCA)	Kenya Info Tech, Azhigiamandapam, Kanyakumari District.	April 2004 / [I <sup>st</sup> class]

**Specialisation in Teaching** : Nutrition

**Specialisation in Research** : Barnyard millet bran based Therapeutic Food Formulation

**Research Interests** : Formulation and Survey based Clinical Research

**Other Work Experience** :

1) **Teaching Experience:**

Designation	Institution / Company	Year - From (month/year) To (month/year)
Lecturer (Full Time)	Sardar Rajas College of Nursing, Kavalkinaru, Thirunelveli.	07.02.2011 to 30.09.2011
Lecturer (External)	Sardar Rajas College of Nursing, Kavalkinaru, Thirunelveli.	01.10.2011 to 30.04.2012
Assistant Professor	Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode.	07.07.2015 to 30.05.2019

## 2) Training Experience:

Nature of Training	Name of the Institution	Duration
Dietitian Training	Kovai Medical Centre and Hospital Limited, Coimbatore	20-02-2007 to 06-03-2007 (15 days)
Dietitian Training	Apollo Specialty Hospital, Madurai	20-11-2008 to 19-12-2008 (30 days)
Fruit and Vegetables Preservation and Nutrition	Community Food and Nutrition extension Unit, Chennai at Periyar University Salem	04.02.2013 to 08.02.2013 (1 week)
Short Term Course: Carbohydrate in Food	Professor and Director of Rice Innovation Center of Excellence, Department of Food Science and Technology, Faculty of AGRO-Industry, Kasetsart University, Bangkok, Thailand Organized by Department of Food Science and Nutrition, Periyar University, Salem	21.07.2014 to 25.07.2014 (5 days)

## 3) Research Exposure:

Research Project	Position	Title	Duration
<b>M.Sc Project</b>	Under the guidance of Mr.H.Jerlin	A Comparative study on Phytonutrient in Carrot and Carrot products and their Antimicrobial Activity.	April 2009
<b>M.Phil Thesis</b>	Under the guidance of Dr.P.Nazni	Application of Response Surface Methodology in the Optimization of Dehydrated <i>Moringa oleifera</i> for the Preparation of Chappathi	September 2010
<b>ICMR Major Research</b>	Research Assistant	Effect of a Green Vegetable ( <i>Hibiscus Sabdariffa calyces</i> ) on Mildly	1 <sup>st</sup> April 2012 to

<b>Project</b>		Hypertensive Adults	30 <sup>th</sup> March 2013 (1 year)
<b>Ph.D Thesis</b>	Under the guidance of Dr.P.Nazni	Physiochemical Characteristics of Processed Barnyard Millet Bran and its Utilization in Therapeutic Food Formulation	December 2015
<b>M.Sc Project</b>	Research Supervisor	Formulation of Sardine Fish Incorporated Products for the Enhancement of Nutrients and the Health Benefits	April 2016
<b>M.Sc Project</b>	Research Supervisor	Formulation Of <i>Raphanus Sativus</i> Based Recipes For Its Precious Health Benefits	April 2019
<b>M.Sc Project</b>	Research Supervisor	Formulation Of Value Added Products Using <i>Cocos Nucifera</i>	April 2019
<b>M.Sc Project</b>	Research Supervisor	Enrichment Of Nutrients In Food Products By Using <i>Luffa Acutangula</i>	April 2019
<b>M.Phil Thesis</b>	Research Supervisor	Nutrient content and Formulation of Recipes using Fresh and Powdered <i>Cissus quadrangularis</i>	April 2018
<b>M.Phil Thesis</b>	Research Supervisor	Enhancement of Nutrients by adding <i>Artocarpus heterophyllus</i> and its Effect on Blood Sugar Level	April 2018
<b>M.Phil Thesis</b>	Research Supervisor	Prevention of Health Problems in Adolescent Girls using Kalmi Dates <i>Phoenix dactylifera</i> L	April 2018
<b>M.Phil Thesis</b>	Research Supervisor	Formulation of <i>Stolephorus Indicus</i> Based Recipes For its Precious Benefits	April 2019

### Publications:

<b>Publication</b>	<b>Title of the paper</b>	<b>Month and Year/ ISBN/ Number</b>
3 <sup>rd</sup> Incoftech-2013 International Conference on Food Technology “Food Processing Technologies – Challenges and Solutions for sustainable Food Security”, conducted at Indian Institute of Crop Processing Technology, Thanjavur, India	Optimization of <i>Allium cepa</i> Flower Fortified Savory Snack using Response Surface Methodology	04-01-2013 and 05-01-2013 ISBN: 978-81-926250-3
Proceedings of National Seminar on Fruition of Nutri-Hospitality NH-16 (A right way for the right	Anti-nutrient in Fresh and Dried Carrots	13 <sup>th</sup> April 2016, ISBN 978-93-8577-10-7

destination)		
National level Seminar on Nutritional Management in Metabolic Syndrome organized by Department of Nutrition and Dietetics with Computer Application, Sri S Ramasamy Naidu Memorial College, Sattur	Sardine Fish Cutlet as a Healthy Functional Food	8 <sup>th</sup> Februry 2017, ISBN: 978-81-933316-2-0
	Sardine Fish Biryani – The Good Source of Anti-oxidant	

#### Articles Published in International Journals:

Title	Month and Year	Name of the Journal
Optimization of Sun-Dried <i>Moringa olifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology	October 2010	International Journal of Current Science: Vol.9, 050-057, ISSN: 0975-833X
Optimization of Oven-Dried <i>Moringa olifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology	September 2013	International Journal of Food and Nutritional Sciences (IJFANS) Vol.2, Iss.3, 66-73 ISSN: 2320-7876
Optimization of Fiber Rich Barnyard Millet Bran Cookies Using Response Surface Methodology	September 2014	International Journal of Agricultural and Food Science, Universal Research Publications, 4(3), 100-105. ISSN: 2249-8516
Application of Response Surface Methodology in the development of Barnyard Millet Bran incorporated Bread	September 2014	International Journal of Innovative Research in Science, Engineering and Technology, Volume 3, Issue 9, 16041-16048. ISSN: 2319-8753

#### Articles published in National Journals:

Title	Month and Year	Name of the Journal
Brain Development and Memory Power Improvement in Adolescent by using Kalmi Dates ( <i>phoenix dactylifera</i> L)	May 2018	Journal of Teacher Learner and Society, Volume 14, Number 3, 173-179. ISSN: 2348-8409
Formulation of Idly for the Prevention of Osteoporosis using <i>Cissus quadrangularis</i> Linn	May 2018	Journal of Teacher Learner and Society, Volume 14, Number 3, 186-191. ISSN: 2348-8409

Enhancement Of Snacky Food Using Jackfruit ( <i>Artocarpus heterophyllus</i> ) For School Children	May 2018	Journal of Teacher Learner and Society, Volume 14, Number 3, 192-198. ISSN: 2348-8409
<i>Raphanus sativus</i> L and its protective effect	March 2019	Journal of Teacher Learner and Society, Volume 19, Number 2, 386-391. ISSN: 2348-8409

#### Conference / Seminar Presentations:

Name of Conference/ Seminar	Title of the paper presented	Paper Presented/ Organized	Month and Year
<b>National Conference</b> on Emerging Trends and Opportunity in Food Processing Sector, M.O.P Vaishnav College for Women, Chennai	Formulation and Physio-chemical Analysis of Kodomillet Based Paniyaram	Presented Poster	29 <sup>th</sup> and 30 <sup>th</sup> January 2010 (2 days)
<b>National Seminar</b> on Food and Nutritional Challenges and Prospects in Human Health, Department of Food Science, Periyar University, Salem	Development and Quality Evaluation of Kodomillet Based Fermented	Presented Poster	24 <sup>th</sup> and 25 <sup>th</sup> February 2010 (2 days)
<b>International Conference</b> on Food Technology, Thanjavur	Optimization of <i>Moringa oleifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology	Presented Poster	30 <sup>th</sup> and 31 <sup>st</sup> October 2010 (2 days)
<b>National Conference</b> on Emerging Trends in Biotechnological Approaches for Infectious Disease Management”, “BAID-2010” Department of Biotechnology, Periyar University, Salem	Magic of <i>Moringa oleifera</i>	Presented Poster	29 <sup>th</sup> November 2010 (1 day)
<b>National Conference</b> on Biotechnology, Bioinformatics and Bioengineering, Hotel Adiyamaan Palace, Dharmapuri	Process Optimization for Formulation of Chappathi using Response Surface Methodology	Presented Oral	17 <sup>th</sup> and 18 <sup>th</sup> December 2010 (2 days)
<b>International Conference</b> on Food and Nutraceuticals for Nutrition and Health: Technology and Delivery (ICFAN-2011), Department of Food Science, Periyar University, Salem	Optimization of Shade Dried <i>Moringa olifera</i> Flower Incorporated Chappathi using Response Surface Methodology	Presented Poster	20 <sup>th</sup> to 22 <sup>nd</sup> January 2011 (3 days)

<b>International Symposium</b> on Functional foods and Health (ISFAH-2011), Department of Food Science, Periyar University, Salem	Application of Response Surface Methodology in the Chappathi	Presented Poster	19 <sup>th</sup> November 2011 (1 day)
<b>National Conference</b> on Recent Trends in Food Processing and Health Scenario in India, NUTRIPRO '12', Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode	Optimization of <i>Moringa olifera</i> Flower Incorporated chappathi	Presented Poster <b>1<sup>st</sup> prize</b>	27 <sup>th</sup> January 2012 (1 day)
<b>National Conference</b> on Advanced Nanomaterials, Centre for Nanoscience and Nanotechnology, Periyar University, Salem	Nanomaterials and its application in Food	Presented Poster	6 <sup>th</sup> and 7 <sup>th</sup> February 2012 (2 days)
<b>National Conference</b> on Tamilnadu Science Federation conducting the 12 <sup>th</sup> Conference, Periyar University, Salem and Suthasy Science Association, Karaikudy	Drumstick Flower Chappathi	Presented Oral	23 <sup>rd</sup> to 25 <sup>th</sup> August 2012 (3 days)
<b>International Conference</b> on Food Technology for Health Promotion ICFTHP-2012, IIFANS at Auditorium, SSS-1, Jawaharlal Nehru University, New Delhi, India	Food Encapsulation	Presented Poster	27 <sup>th</sup> and 28 <sup>th</sup> December 2012 (2 days)
3 <sup>rd</sup> Incoftech-2013 <b>International Conference</b> on Food Technology "Food Processing Technologies – Challenges and Solutions for sustainable Food Security, conducted at Indian Institute of Crop Processing Technology, Thanjavur, India. ISBN: 978-81-926250-3	Optimization of <i>Allium cepa</i> Flower Fortified Savory Snack using Response Surface Methodology	Presented Poster	04 <sup>th</sup> and 05 <sup>th</sup> January 2013 (2 days)
<b>National Conference</b> on Food Processing and Technology for Health Progression – NCFPTH-2013, Department of Food Science, Periyar University, Salem	Health Benefits and Encapsulation of Cumin seed	Presented Poster	09 <sup>th</sup> and 10 <sup>th</sup> January 2013 (2 days)
<b>National Conference</b> on Implications and Intervention of Phytomedicine in Disease Management – IIPDM-2013, Department of Biochemistry, Periyar	Application of Nanotechnology in the Food Industry	Presented Poster	18 <sup>th</sup> and 19 <sup>th</sup> February 2013 (2 days)

University, Salem			
<b>National Seminar</b> on Current trends in Bionanotechnology – CTBBN-2013, Department of Biotechnology and Botany, Periyar University, Salem	Formulation and Quality Evaluation of Papaya Pulp Added Probiotic Yogurt	Presented Poster	11 <sup>th</sup> March 2013 (1 day)
<b>International Conference</b> on Technological Advances in Super Foods for Health Care – ICTASH-2013, International Institute of Food and Nutritional Science IIFANS, New Delhi and Bharathidasan Government college for women, Puducherry	Optimization of <i>Allium Cepa</i> Flower Fortified Habitual Food Using Response Surface Methodology	Presented Poster	03 <sup>rd</sup> and 4 <sup>th</sup> May 2013 (2 days)
<b>International Conference</b> on Food Technology: Impact on Nutrition and Health (ICFIN – 2013), International Institute of Food and Nutritional Science IIFANS, New Delhi	Barnyard Millet - Poor man's Cereal	Presented Poster	23 <sup>rd</sup> and 24 <sup>th</sup> December 2013 (2 days)
<b>International Conference</b> on Updated Food Technology: A Challenge towards Public Health Nutrition, International Institute of Food and Nutritional Science IIFANS, New Delhi	Anti-Nutritional Analysis of Processed Bran	Presented Poster	07 <sup>th</sup> and 08 <sup>th</sup> May 2014 (2 days)
<b>International Conference</b> on Physiology and Medicine – 2014, Department of Zoology, Periyar University, Salem	Comparative Study of Bran Incorporated Foods on Glycemic Indices	Presented Poster	15 <sup>th</sup> to 17 <sup>th</sup> October 2014 (3 days)
<b>National Seminar</b> on Fruition of Nutri-Hospitality NH-16, Department of Hotel Management and catering science and Nutrition and Dietetics, Udaya college of arts and science, Vellamodi ISBN 978-93-8577-10-7.	Anti-Nutrient in Fresh and Dried Carrots	Presented Oral	13 <sup>th</sup> April 2016 (1 day)
<b>National Seminar</b> on Miracle Grain Millets for Healthy Living (NSMGM-2016), Department of Nutrition, White Memorial College of Nursing, Attoor.	Barnyard Millet bran and its Utilization in Food Formulation	Presented Poster <b>I<sup>st</sup> Prize</b>	19 <sup>th</sup> April 2016 (1 day)

<b>National Seminar</b> on Healthy Hospitality Ordinem (H <sub>2</sub> O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	Nutritious Sardine Fish Cutlet <b>II<sup>st</sup> Prize</b>	Presented Oral	07 <sup>th</sup> October 2016 (1 day)
	Formulation of Sandwich using Sardine Fish		
	Nutrition during Stress	Presented Poster	
	The Goodness of Sardine Fish		
	Beat Stress by Food		
	Be Heart Healthy		
Nutrition and Healthy Eating for Kids			
<b>National Seminar</b> on Nutritional Management in Metabolic Syndrome, Department of Nutrition and Dietetics with Computer Application, Sri S Ramasamy Naidu Memorial College, Sattur	Sardine Fish Cutlet as a Healthy Functional Food	Presented Oral	8 <sup>th</sup> February 2017 (1 day)
	Sardine Fish Biriyani – The Good Source of Anti-oxidant		
<b>Eight National Conference</b> of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	Development, Quality evaluation and Sensory acceptability of multi-millet fortified with carrot, soya and beetroot powder	Presented Oral	20 <sup>th</sup> April 2018 (1 day)
	Mudakkathan Leaves ( <i>Cardiospermumhalicababum</i> ) For Arthritis And Nutrition Education Among SHG (Self Help Group) Women		
	Prevention of Osteoporosis and Rickets Using <i>Cissus Quadrangularis Linn</i>		
	Enhancement Of Snacky Food (Cutlet) Jackfruit ( <i>Arthocarpus Heterophyllus</i> ) For School Children		
	Development Of Learning Skill In Adolescent (13-18 Years) Girls By Consuming Kalmi Dates ( <i>Phoenix Dactylifera L.</i> )		
	Development And Supplementation Of Green		



	Soup Powder For School Going Children (9 -11 Years)		
<b>International Conference</b> on Dream Innovative and Be Reflective, Journal of Teacher Learner and society TeLeS vol-14, No.3	Brain Development and memory powder Improvement in Adolescent by using Kalmi Dates	Presented Oral	3 <sup>rd</sup> May 2018 and 4 <sup>th</sup> May 2018 ISSN: 2348-8409
	Enhancement of snacky food Jackfruit for school children		
	Formulation of idly for the prevention of osteoporosis using <i>Cissus Quadrangulis</i> Linn		
<b>National Seminar</b> on Bringing you – Nutri Vision Healthy Eating for Longevity, Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli	Enhancement of nutrient and formulation of recipe using <i>Cardiospermum halicacabum</i> leaves for arthritis	Presented Oral	18 <sup>th</sup> September 2018 (1 day) ISSN: 978-81-938054-3-5
	Fish for healthy living		
	Formulation of biscuit using <i>Arthocarpus heterophyllus</i>		
	Formulation of barnyard millet fortified product		
<b>International Seminar</b> on Cancer: Diet, life style links and newer management, Holy Cross Home Science College, Thoothukudi	Formulation of product using unripe <i>Arthocarpus heterophyllus</i> for its effect on reducing blood glucose	Presented Oral	8 <sup>th</sup> February 2019 (1 day)
<b>National Conference</b> on Current Trends in Biological Sciences, Department of Botany, St.Xaviers College, Palayamkottai	Exploration of nutrient value in <i>Cardiospermum halicacabum</i> L (Mudakathan) leaf powder	Presented Oral	13 <sup>th</sup> and 14 <sup>th</sup> March 2019
<b>International Conference</b> on Professionalism: Challenges and innovation in Science and Humanities, Muslim College of Education, Thiruvithancode	<i>Raphanus sativus</i> L and its protective effect	Presented Oral	28 <sup>th</sup> and 29 <sup>th</sup> March 2019
<b>Two Day International Conference</b> on Scientific and Social Approaches to Mental Wellbeing – 2019, Department of Biochemistry,	A study on the Mental Health Status of the College students (18-20)	Presented Oral	3 <sup>rd</sup> and 4 <sup>th</sup> October 2019

Zoology, Home Science and Botany, V.V.Vanniaperumal College for Women, Virudhunagar			
International conference on Emerging trends in millet technology for health promotion by the Department of Nutrition and Dietetics, School of Life Science, Periyar University, Salem	Presented paper entitled on Optimization of formulated banyard millet bran cookies	Presented Oral	09 <sup>th</sup> & 10 <sup>th</sup> January 2020

### Conference / Seminar Participation:

Name of Conference/ Seminar	Month and Year
<b>Awareness Training camp</b> Tamil Nadu People Consumer Federation, Tirunelveli	21 <sup>st</sup> March 2005 (1 day)
<b>National Seminar</b> on Nutrition and Dietetics, Malankara Catholic College, Mariagiri	03 <sup>rd</sup> and 04 <sup>th</sup> February 2006 (2 days).
<b>National Seminar</b> on Role of Educational in Out-Reach Programmes and Sustainable Community Development, Department of Foods and Nutrition, R.V.S Arts and Science College, Coimbatore	03 <sup>rd</sup> March 2010 (1 day)
<b>National Symposium</b> on Paediatric Nutrition and Health, Centre for Nutrition Counseling, Research and Extension Activities”, Department of Home Science, Women’s Christian College, Chennai	04 <sup>th</sup> September 2010 (1 day).
<b>National Symposium</b> on Food and Nutritional on Prospects in Human Health, Department of Food Science, Periyar University, Salem	21 <sup>st</sup> October 2011 (1 day)
<b>National Conference</b> on Food Technology Interventions for Health and Nutrition Security Department of Food Science, Periyar University, Salem	15 <sup>th</sup> and 16 <sup>th</sup> March 2012 (2 days).
<b>National Conference</b> on Technology Development of Traditional Foods, Association of Food engineers (ESSENZZ) in collaboration with the Department of Food Processing & Engineering, Karunya University, Coimbatore	03 <sup>rd</sup> and 04 <sup>th</sup> September 2012 (2 days).
<b>National Seminar</b> on Technological innovations in Science Pedagogy Organized by Holy Trinity College of Education, Melpalai	2 <sup>nd</sup> February 2013 (1 day)
<b>National Conference</b> on 21 <sup>st</sup> Science Tamil Federation, Coimbatore	09 <sup>th</sup> and 10 <sup>th</sup> February 2013 (2 days).
<b>National Workshop</b> on Fluorescent Microscopy Department of Zoology, Periyar University, Salem	10 <sup>th</sup> October 2013 (1 day).
A Mega Free Diabetes Screening, Education and <b>Awareness Programme</b> to the Public DIABETES EXPO 2013 M.G.Diabetes Speciality and Research centre, Fairlands, Salem	16 <sup>th</sup> and 17 <sup>th</sup> November 2013 (2 days).

<b>Seminar</b> on Trends in Protein Engineering Department of Zoology, Periyar University, Salem	21 <sup>st</sup> November 2013 (1 day).
<b>National Symposium</b> on Carbohydrates in Human Health Department of Food Science and Nutrition, Periyar University, Salem	24-01-2014 (1 day)
<b>National Seminar</b> on Challenges for Microbiologists to Become Bio-Entrepreneurs (MICRO-PRENEURS-2014) Department of Microbiology, Periyar University, Salem	27 <sup>th</sup> August 2014 (1 day)
<b>National Workshop</b> on Green Initiatives in Energy and Environment (GIEE-2014) Department of Environmental Science, Periyar University, Salem	11 <sup>th</sup> September 2014 (1 day).
<b>National Workshop</b> on Microbes to Commercial Products Department of Microbiology, Periyar University, Salem	02 <sup>nd</sup> October 2014 (1 day).
<b>International Seminar</b> on Recent Innovations in Natural Resources to Prevent Cancer (NRPC-2016) Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli	15 <sup>th</sup> February 2016 (1 day).
Two Days <b>Faculty Development Program</b> on Teaching Techniques conducted by ICT Academy at Holy Cross Home Science College, Thoothukudi	25 <sup>th</sup> and 26 <sup>th</sup> April 2018 (2 days)
<b>National Seminar</b> on Sustainable Utilization of Bio-resources PG and Research Department of Zoology, Muslim Arts College, Thiruvithancode	17 <sup>th</sup> February 2016 (1 day).
<b>National level Workshop</b> on Application of SPSS Software, Research and Development Committee, Holy Cross Home Science College, Thoothukudi	14 <sup>th</sup> July 2018 (1 day).
Two Day <b>National Seminar</b> on Enhancing Professional Skills and Traits, Department of Library and Information Science, Sadakathullah Appa College, Thirunelveli	20 <sup>th</sup> and 21 <sup>st</sup> July 2018 (2 days).
One day <b>Seminar</b> on Quality research and publications, Centre for research, Manonmanium Sundaranar University, Tirunelveli	7 <sup>th</sup> December 2018 (1 day)
<b>International Conference</b> on Innovative Trends in Teacher Education for the 21 <sup>st</sup> century, Immanuel Arasar College of Education, Nattalam, Marthandam	21 <sup>st</sup> and 22 <sup>nd</sup> March 2019 (2 days)
<b>State level seminar</b> on Opportunities and Challenges in the Emerging Spaces of Higher Education, IQAC, Sri Meenakshi Government Arts College for Women, Madurai	4 <sup>th</sup> September 2019 (1 day)
<b>National level Workshop Cum Training</b> on Food Processing and Preservation, Department of Nutrition and Dietetics, Sadakathullah Appa College, Tirunelveli, Tamilnadu	19 <sup>th</sup> September 2019 (1 day)
<b>International Symposium</b> on Dietary trends Indian Dietary Association, Kilakarai chapter at Alpha Hospital and Research Centre, Madurai	17 <sup>th</sup> December 2019 (1 day)
<b>National Seminar</b> on Making of an Inspiring Teacher at R.P.A	31 <sup>st</sup> January 2020

College of Education	(1 day)
<b>International Golden Joubilee Seminar</b> on Emerging trends in food processing technology-20 by the Department of Food Processing Technology, Arul Anandar College, Karumathur, Madurai	10 <sup>th</sup> January 2020 (1 day)

### Lectures / Talks given:

- Special Lecture in “Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do” by Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Killiyoor, Kanyakumari District on 07-06-2016 at 2.00pm to 5.00 pm.
- Special Lecture in “Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do” by Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Nagercoil, Kanyakumari District on 13-06-2016 at 2.00pm to 5.00 pm.
- Special Lecture in “Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do” by Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Peyankuzhi, Kanyakumari District on 15-06-2016 at 10.00am to 1.00 pm.
- Special Lecture in “Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do” by Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Munchirai, Kanyakumari District on 29-06-2016 at 10.30am to 1.00 pm.
- Special Lecture in “Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do” by Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Melpuram, Kanyakumari District on 30-06-2016 at 10.00am to 12.00 pm.
- Resource Person in District Level National Nutrition Week Celebration 2016 held at Sri Iyyappa College, Chunkankadai organized by Integrated Child Development Scheme, Kanyakumari District on 06.09.2016.

- Resource Person in District Level National Nutrition Week Celebration 2016 held at Nanjil Catholic College of Arts and Science, Kaliyakkavilai organized by Integrated Child Development Scheme, Kanyakumari District on 06.09.2016.
- Resource Person for the Food Fest Competition for B.Ed Student Teachers at R.P.A College of Education, Mamoottukadai, Viricode, Kaanyakumari District on 16.10.2018.
- Guest speaker on Nutrition and food science at Oriental Institute of Catering Technology and Hotel Management, Madurai on 21.10.2019.

#### **Awards / Fellowships:**

<b>Awards</b>	<b>Details</b>
Young Scientist Award Identification Number: 1063	Certificate of Excellence, 2 <sup>nd</sup> International Research Awards on Science, Health and Engineering, Chennai, India by Science Father on 18 <sup>th</sup> & 19 <sup>th</sup> April 2020

#### **Other Activities / Academic Credentials:**

##### **Programme Organized:**

<b>Name of the Programme</b>	<b>Title</b>	<b>Month and Year</b>
2 <sup>nd</sup> Continuing Medical <b>Nutrition Education Programme</b> on the occasion of World Health Day 2016, Muslim Arts College, Thiruvithancode	Halt the Rise, Beat Diabetes	11 <sup>th</sup> April 2016 (1 day)