

Faculty Profile

Name: **Dr.Suresh Kumar Murugesan PhD**

Designation: **Assistant Professor**

Department: **Psychology**

Total Years of Experience - **17 Years** (02 April 2008 - Present)

Date of Joining: **22 June 2018** (The American College)

Phone/ Mobile Number: +91 790 486 5059, +91 975040 6463

Email:official - sureshkumar@americacollege.edu.in,

Email Personal - sureshkumar800@yahoo.com



Educational Qualification:

Degree	Subject	College / University & Place	Year
PhD	Education (Spl. Psychology)	Annamalai University, Chidambaram, Tamil Nadu	2010
M.Sc	Counselling and Psychotherapy	M.S Chellamuthu Institute (TNOU), Madurai, Tamil Nadu	2012
PGDGC	Guidance and Counselling	Annamalai University, Chidambaram, Tamil Nadu	2007
PGDACE	Adult and Continuing Education	Annamalai University, Chidambaram, Tamil Nadu	2006
M.Sc	Applied Psychology	Annamalai University, Chidambaram, Tamil Nadu	2005
M.Ed.Tech	Education Technology	Madurai Kamaraj University, Madurai	2003
B.Sc	Science - Zoology	Madura College, Madurai	2001

Examinations Qualified:

Exam	Subject	Conducted by	Year
NET & SET	Education	UGC	2012
NET	Psychology	UGC - NTA	2013, 2014 & 2019
CTET	Social Science	NTA	2014 & 2019
Certificate	CBT	Udemy	2018
Certificate	Mindfulness Master Practitioner Level I, II, III	Udemy and Yellow Pond International	2019

Specialization in Teaching:

- Psychometry,
- Positive Psychology,
- Counselling Psychology,
- Career Counselling,
- Statistics in Behavioural Sciences
- Psychotherapy
- Experimental Psychology

Specialization in Research:

- Interdisciplinary and Multidisciplinary Research
- Educational Psychology
- Spiritual Psychology
- Positive Psychology
- Mental Health
- Counselling and Psychotherapy

Research Interests:

- Positive Psychology
- AI in Behavioural Sciences
- Educational Psychology

Other Work Experience:

Designation	Institution / Company	Year - From (month/year) To (month/year)
Assistant Professor	Department of Psychology The American College, Madurai	June 2018 - Present
Assistant Professor	Department of Applied Psychology , Central University of Tamil Nadu	February 2018 - May 2018
Assistant Professor	Department of Applied Psychology , Rajiv gandhi National Institute of Youth Development, (An Institute of National Importance), Sriperumbudur, Tamil Nadu	August 2013 - February 2018
Assistant Professor	Sri Balaji College of Education, Arni, Tamil Nadu	August 2011- July 2013
Assistant Professor	St. Xavier College of Education, Kumbakonam, Tamil Nadu	April 2008 - July 2011
Resource Person and Project Fellow	Annamalai University, Chidambarm, Tamil Nadu	August 2003 - December 2005

Administrative /Academic Position/s (held / currently holding):

Positions held / currently holding	Year - From (month/year) To month/year)
Head, UG /PG Department of Psychology, The American College, Madurai	August 2020 - May 2023
Principal In Charge Sri Balaji College of Education	August 2011 - July 2013

Membership in Professional Bodies:**Membership in Association, Academy and Clubs**

1. Life Member – National Association of Psychological Science
2. Life and Founding Member of TN Career Counsellors Association
3. Associate Editor – Journal of innovations in Psychology and Education
4. SITU Council - Chennai
5. Life Member of All Indian Association Educational Research – Bhubaneswar
6. Life Member - Tamil Nadu Counsellors and Psychotherapists Association
7. American Association of Psychology (APA) External Affiliate Member
8. President, TN Chapter - World Congress of Psychologist
9. SOCIETY FOR EDUCATIONAL EXPLORATION (SEE) – Madurai (Life Member)

Publications:**Journal Publications**

S. No.	TITLE	JOURNAL	ISSN Number	Date and year of publication	Volume, Issue & Page No.	Place of Publication and Impact Factor
38	"Exploring Strengths, Skills, and Purpose: A Focus Group Discussion on Institutional Support Among College Youth"	Texila International Journal of Academic Research	2520-3088	2025	Under process	Scopus
37	Trust as a pillar of societal and Economic systems: Insights from empirical studies	EduSpectra	2581-8910	2025	Under process	Scopus
36	Systematic Review of Pain Management Interventions: Trends, Efficacy, and Recommendations	Indian Journal of Pain	0970-5333	2025	Under process	Scopus

	Across Diverse Populations					
35	Effects Of Fear Of Covid-19 On Attitude Towards Social Distancing Among College Students	Journal of Survey in Fisheries Sciences	2368-7487	2023	V- 10 Issue 2	Scopus
34	Construction And Standardization Of Internet Addiction Scale	Neuro Quintology	1309-5150	Sep 2022	Volume 20 Issue 09 pp092-100	Scopus
33	Teacher Effectiveness as related to cognitive style and emotional competence	Madhya Bharti (मध्यभारती)	ISSN: 0974-0066	09 January – June: 2022	Vol-82 No.	UGC Care List
32	Learning style of Diploma in Elementary Education Student teachers related to cognitive skills	JOURNAL OF EDUCATION: RABINDRA BHARATI UNIVERSITY	ISSN : 0972-7175	2022	Vol: XXIV, No. :1(XVIII),	UGC Care List
31	Underachievement and Gifted Learners in relation to high school students	JOURNAL OF EDUCATION: RABINDRA BHARATI UNIVERSITY	ISSN : 0972-7175	2022	Vol: XXIV, No. :1(IX), 2022	UGC Care List
30	Underachievement and gifted learners of secondary school students	Sambodhi	ISSN: 2249-6661	: 2022	Vol-45 No.-01(I V)	UGC Care List
29	Exploring the peer pressure among youth	International Journal of Social Sciences Review	2347-3797	May 2019	Volume 7; Issue 5; Page No. 978-981	UGC Approved
28	Society's view on women wearing western outfits http://www.educationjournal.org/download/869/4-1-20-296.pdf	International Journal of Advanced Educational Research	2455-6157	January 2019	Volume 4; Issue 1; Page No. 35-38	Impact Factor: RJIF 5.12 www.educationjournal.org
27	Physical strain of young adults working in core companies	The International Manager	2348-9413 (Online); 2348-94	April – June 2016	Vol. III Issue X Pp – 35-41	Chennai, Tamil Nadu, India 2.7

			05 (Print)			
26	Teachers' attitude towards modernization	Upstream Research International Journal	2321-0567	April - 2016	Vol. IV Issue II Pp – XX	Kurukshetra University, Kurukshetra, Haryana, India 0.897
25	Classroom Adjustment of Youth	International Journal of Scientific Research	2277 - 8179	August - 2015	Volume : 4, Issue : 8 Pp – 61-64	Nagpur, Maharashtra SJIF: 6.391
24	Classroom Discipline of Youth	Indian Journal Of Applied Research	2249-555X	May - 2015	Volume : V, Issue : V Pp – 19-22	Ahmedabad, Gujarat, India SJIF - 3.919
23	Peer Group Adjustment Among College Going Youth	COGNITIVE DISCOURSES <i>International Multidisciplinary Journal</i>	2347-5692	July - 2015	Volume 3, Issue 1, Pp - 1-9	Cheloor, Malappuram, Kerala GIF - 0.876
22	Learning Interest of Youth in Techno Era	International journal of educational aspects, management studies and applied sciences	2320-0383	AUGUST – OCTOBER 2014	Volume -02, Issue no- 08, Pp – 42-50	Mumbai, Maharashtra, India GIF - NA
21	Attitude of College Going Youth towards Research in Tamil Nadu	The International Journal of Indian Psychology	2348-5396	Oct to Dec 2014	Volume - 02, Issue no -01, Pp – 71-78	Anand, Gujarat, India GIF - 0.541
20	Attitude of Modern Tamil Youths Towards Tamil Language	Journal of Innovation in Education and Psychology	2249-1481	August 2014	Volume-04, Issue No– 03, Pp – 9-15	Gingee, Tamil Nadu, India GIF: NA
19	Parental Encouragement Of Neo Youths In Thanjavur District	BEST: International Journal of Humanities, Arts, Medicine and Sciences	2348-0521	October 2014	Volume - 02, Issue no - 10, pp - 34-41	Chidambaram, Tamil Nadu GIF - 1.9287

18	Reading Interest of Generation Y Learners	International Journal of Psychological Research	2320-6381	December 2014	Volume –III, Issue No-02, Pp – 126-131	Department of psychology, S.V.University, Tirupati, Telegana, India GIF - 0.541
17	Career decision-making difficulties of adolescent Students	Conflux Journal of Education	2320-9305	August 2014	Volume -02, Issue No-03, pp – 32-39	Cheloor, Malappuram, Kerala GIF -0.345
16	Awareness of College Students About World Wide Web in Thanjavur District	Conflux Journal of Education	2320-9305	August 2013	Volume – 01, Issue no -03, Pp – 93-98	Cheloor, Malappuram, Kerala GIF -0.345
15	A Study On Attitude of College Students Towards Primary Health Care Centres in Tamilnadu	Journal of Innovation in Education and Psychology	2249-1481	October 2013	Volume -03, Issue No-05, Pp – 14-22	Gingee, Tamil Nadu, India GIF: NA
14	Awareness of Teacher Education College students about Virtual Learning in Thanjavur District of Tamilnadu	Conflux Journal of Education	2320-9305	July 2013	Volume -01, Issue No -02, Pp – 95-102	Cheloor, Malappuram, Kerala GIF -0.345
13	Attitude Of Teacher Education College Students Towards Virtual Learning In Thanjavur District Of Tamilnadu	Journal of Innovation in Education and Psychology	2249-1481	April 2013	Volume -01, Issue No -02, Pp – 92-98	Gingee, Tamil Nadu, India GIF: NA
12.	Attitude towards Tele-conferencing of B.Ed.. Students in Thanjavur district of Tamilnadu state	Journal of Innovation in Education and Psychology	2249-1481	February 2013	Volume -02, Issue No-09, Pp – 15-21	Gingee, Tamil Nadu, India GIF: NA
11.	Attitude of higher secondary students towards 3G Technology in Thanjavur District of Tamilnadu State	Journal of Innovation in Education and Psychology	2249-1481	December 2012	Volume - 02, Issue No-07, pp- 13-20	Gingee, Tamil Nadu, India GIF: NA

10.	Analysis Of Self-Regulation Behaviour Of Higher Secondary School Students	Journal of Innovation in Education and Psychology	2249-1481	December 2011	Volume -01, Issue No-7, pp-11-14	Gingee, Tamil Nadu, India GIF: NA
9.	Enhancing The Quality Of Teacher Education Through Means Of M-Learning	Journal of Innovation in Education and Psychology	2249-1481	November 2011	Volume -01, Issue No-05, Pp – 13-16	Gingee, Tamil Nadu, India GIF: NA
8.	Attitude of Bachelor of Education students towards e-governance in Ariyalur district	Journal of Innovation in Education and Psychology	2249-1481	August 2011	Volume -01, Issue No-03, pp-21-23	Gingee, Tamil Nadu, India GIF: NA
7.	Construction and Standardization of Mobile Learning Awareness Questionnaire	Experiments in Education	0970-7490	June 2009	Volume - 37, Issue No-04, Pp-29-33	Chennai, Tamil Nadu, India
6.	A Study Of Under, Normal And Overachievers Attitude towards Teaching Profession and their working relationship with Guide Teachers	Journal of Community Guidance and Research	0970-1346	March 2009	Volume - 26, Issue No-1, Pp-24-33	Hyderabad, India
5.	Reversing the underachievement of School Students through Motivational Strategies	Edutracks	0972-9844	October 2008	Volume - 8, Issue No-02, Pp-16-17	Hyderabad, India
4.	Underachievement of B.Ed.. students in relation to their home environment and their attitude towards teaching	Edutracks	0972-9844	August 2008	Volume - 7, Issue No-12, Pp-20-22	Hyderabad, India
3.	Attitude Of Under, Normal And Over Achievers Towards Teaching Profession And Their Home Environment	JAI AER	0970-9327	Dec-2007 to March 2008	Volume - 19, Issue No-3 & 4, Pp-36-37	Bhubaneswar, India

2.	A Study Of Under, Normal And Overachieving B,Ed. Students, Home Environment And Their Personality Type	Experiments in Education	0970-74 90	February 2008	Volume - 36, Issue No-2, Pp- 17 to 23	Chennai, Tamil Nadu, India
1.	Perception of Guide Teachers about guiding B.Ed.. trainees	Experiments in Education	0970-74 90	April 2005	Vol. 33, No-3, Pp- 80-82 pp-16 to 18	Chennai, Tamil Nadu, India

Books:

Year	Title
2025	Self Assessment - Redpond Educational and Psychological Research Centre
2024	Self Development Published by Yellow Pond India
2023	Power of Self Esteem Published by CARE Centre
2023	Spiritual Wisdom
2016	Career Guidance and Counselling [Single Author] ISBN No- 978-93-81572-34-4
2006	Guiding and Evaluation Practices in Teacher Training (co-author)
2005	Training Manual for guide Teachers (co-author)

Conference / Seminar Presentations:

S. No	Title of the Paper	Subject of conference / seminar/ symposium /workshop	Organizing Institute	Name of city	Name of country	From	To	Whether the proceeding published
1	Need for Youth Counselling In India	Professional Social Work	RGNIY D	Sriperumbudur	India	10/11/2016	11/11/2016	No
2	Perception of students and teachers about availability, Employment and Effectiveness of ICT Devices	Youth Development – Youth Inclusiveness and	RGNIY D	Sriperumbudur	India	30/03/2016	31/03/2016	Yes

		Eclectic Approaches						
3	Attitude of Adolescents towards Women's Education	National Conference on Empowering Adolescent Girls	RGNIYD	Sriperumbudur	India	22/03/2016	23/03/2016	No
4	Mobile Learning the Future of Young Learners	First National Level Seminar on Youth Development	RGNIYD	Sriperumbudur	India	26/02/2016	27/02/2016	Yes
5	Blended learning in Teacher Education	International Conference on "Approaches and Strategies for Y learners"	TNTEU	Chennai	India	-	-	Yes
6	M-Learning: A mode of Enhancing the process of teaching and Learning	State Level Seminar on "enrichment in teaching and learning"	Bon Secour College	Thanjavur	India	26/02/2011	26/02/2011	No
7	Webinar/web conference gateway to modern education	Two day UGC SAP sponsored National Seminar on "key concerns and issues in remedial teaching"	Annamalai University	Chidambaram	India	21/03/2011	22/03/2011	No
8	Plagiarism – A Recent Trend in Teacher Education Research	Trends in Research in Social Sciences	KSR college of education	Tiruchengode	India	04/03/2011	05/03/2011	No
9	Enhancing the Quality in teacher Education through	Significance of Distance	Bharathidasan	Trichy	India	28/03/2009	29/03/2009	No

	means of M-Learning	education in Enhancing the Enrolment in Higher Education	University					
10	Teacher education through ICT	Higher Education and Globalization: Prospects and Challenges	Mother Teresa University	Kodaikanal	India	23/02/2008	24/02/2008	No
11	Adjustment as a vital issue for harmonious Planet Earth	94th Science Congress	Annamalai University	Chidambaram	India	03/01/2007	04/01/2007	Yes
12	Preparation of Global teacher for our Planet	94th Science Congress	Annamalai University	Chidambaram	India	03/01/2007	04/01/2007	Yes
13	Wholistic Learning through Montessori Model	Holistic Education	Annamalai University	Chidambaram	India	27/03/2008	28/03/2008	Yes
14	Awareness of Girl students on ICT	Gender issues in E-society	Annamalai University	Chidambaram	India	19/12/2005	20/12/2005	No
15	Role of Cooperating Teachers during internship in primary teacher education	Teacher Education in the context of Globalization	New Horizon College of Education	Bangalore	India	04/04/2005	06/04/2005	Yes
16	Excellence in practice Teaching: A key to excellent India	Teacher Education in the context of Globalization	New Horizon College of Education	Bangalore	India	04/04/2005	06/04/2005	Yes
17	Professionalism in Teachers Education	Education al Leadership	University of Madras	Chennai	India	03/03/2005	04/03/2005	No
18	Altruism: A need for Teacher Education	Humanizing Education	Annamalai University	Chidambaram	India	05/03/2005	06/03/2005	Yes
19	Role of Teacher Education in	Need of Human	Annamalai	Chidambaram	India	25/02/2005	26/02/2005	No

	Promoting Human Rights Education	Rights Education	University					
20	Integrating Human Rights Education with Teacher Education: A need of the hour	Integrating human rights and values in law, politics & social practice	Annamalai University	Chidambaram	India	23/02/2005	24/02/2005	No
21	Quality in Teacher Education through ICT	Enhancement of quality in Teacher education	Alagappa University	Karaikudi	India	05/02/2005	05/02/2005	No
22	Effective learning through e-books	Learning centered education	St. Ignatius College of Education	Tirunelveli	India	27/01/2005	29/01/2005	Yes
23	Higher Secondary School Girls attitude towards WWW	Women in E. Governance	Annamalai University	Chidambaram	India	20/12/2005	21/12/2005	No

Lectures / talks given:

S. No.	AREA	Place	Date
1	Special lecture to B.Ed.. students on “Experiments in Psychology and Video Instruction”	DKT College of Education, Tiruppur.	December 2008
2	Special lecture to B.Ed.. students on “Educational Psychology in Video Presentation”	Sri Abhi College of Education, Namakkal	2009
3	Acted as a Resource Person in the training Programme on “Effective teaching and learning with cyber resources”	Sri Balaji College of Education, Arani	September 2011
4	Acted as a Resource Person in the training programme on “Developing effective communication skills among the teachers”	Sri Balaji College of Education, Arani	November 2011
5	Acted as a Resource Person in The national Level Seminar on “e-learning”	KSR College of Education, Tiruchengode	2012
6	Given invited lecture on Teaching Aptitude	Holy Cross College for Women, Trichy	2012

7.	Acted as a Resource Person for the invited lecture on “Research Aptitude”	Holy Cross College for Women, Trichy	2012
8.	Acted as a Resource Person for the national Level Workshop on “e-learning content development”	KSR College of Education, Tiruchengode	2013
9.	Acted as a resource person in the training programme conducted by Youth Empowerment at RGNIYD	RGNIYD	2013
10.	Acted as a resource person in the training programme conducted by Life skills Education at RGNIYD	RGNIYD	2014
11.	Acted as a Resource person in the Workshop on Career Assessment tools organized by School of Counselling	RGNIYD	September 2014
12	Acted as a resource person for the National Level workshop on “Psycho-Pedagogy ” Held at KSR College, Tiruchengode, Tamil Nadu. Handled the session – Psychological Wellbeing through Problem Solving and Stress Management”	KSR College	May 2015
13	Acted as a Resource Person for the Workshop on Career Assessment held at Dept. of Applied Psychology, RGNIYD	RGNIYD	December 2015
14	Acted as a Resource Person for the Orientation Programme Organized by Durai Murugan College of Education, Vellore	DMCE, Vellore	2016
15	Acted as a Resource person for the Training programme on Memory Techniques by Redpond Academy, Chennai	Chennai	December 2015
16	Acted as a Resource person for the Workshop on Career Assessment held at Dept. of Applied Psychology, RGNIYD	RGNIYD, Chennai	January 2016
17	Resource Person for the Certificate Programme on Career Counselling by Department of Psychology, Madras School of Social Work, Chennai	MSSW, Chennai	2017
18	Delivered an invited lecture on career planning to newly appointed PG Teachers of Thiruvallur District, Tamilnadu organized by Directorate of School Education, Tamil Nadu	Kamaraj girls Hr.Secondary School, Ambattur	2017
19	Delivered a special lecture on suicide prevention to school students and Teachers of Kanchipuram and Thiruvallur District, Tamilnadu	Conference Hall, RGNIYD	January 2018
20	Career planning and Decision making for College students	Government College, Melur, Madurai	March 2018
21	Career Assessment and Career Guidance	Department of Social Work, RGNIYD	6 April 2018

22	Acted as a Resource Person for the Workshop on Innovative Trends in Teaching and handled a session on Modern Teaching Practices	Cheran College, Karur, Tamil Nadu	05/02/2019
23	Acted as a Resource Person for the One day National Level workshop on Educational Psychology: Professional Development for teachers	KSR College, Tiruchengode, Tamil Nadu	23/11/2018
24	Acted as a Resource Person for the One day National Level Workshop on A Roadmap for Successful teacher	Shree Amrita College of Education, Namakkal Tamil Nadu	1/10/2018
25	Acted as A resource Person for the National Level Seminar on Developing Life Skills through Teaching and learning	Shree Amrita College of Education, Namakkal Tamil Nadu	04/01/2019
26	Handled a Session on Understanding Adolescent Behaviour and Role of Teachers in Suicide Prevention to Head Masters of Government School	Department of Social Defence, District Child Protection Unit, Sivaganga TamilNadu	07/03/2019
27	Handled a Technical Session in National Workshop on Developing Skills of Guidance and Counselling for Millennial to Z Generation	Servite College of Education for Women	09/03/2019
28	Acted As Resource Person for the Academic Session on Cyber Teaching	Sundareswari College of Education, Srivilliputhur, Tamil Nadu	May 2019
29	Acted as a Resource Person for the Two days Session on Application of SPSS on social Sciences	Madras School of Social Work, Chennai, Tamil Nadu	April 2019

Awards / Fellowships:

1. Inspa Leadership Award - Pondicherry University 2025
2. Arivu Kalanjiyam Award - Bharathidasan University 2024
3. Best Teacher Award - Lions Club International 2021
4. Academic Excellence Award for Mental Health 2021
5. Dr.Abdul Kalam Award for Mental Health Promotion 2020
6. Sigmund Freud Award for Psychology 2020
7. Dr.Sarvepalli Radhakrishnan - Best Teacher Award- 2019

Doctoral Students

Ongoing:

Name of the student	Title of the thesis
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Ranjith	Learning Style
C.Priya	Underachievement in Maths

UGC Sponsored Major Projects: Nil

UGC Sponsored Minor Project: Nil

Overseas Academic Visits: Nil

Other Activities / Academic Credentials:

Training of Trainers [TOT] Programme Five Days Long Training programmes

S. No	Name of ToT	Coordinator & Contact Detail	Date	Target Group	Fund Transfer	Remarks
1.	RG/PSY/294/2016 Gender Equity	Meenakshi Sahu KGVK Rukka Mob: 9534120848 Email: meeankshi.s@kgvk.org	23 -27 February 2016.	50 ST Youth M= F=	1,60,000	29/01/2016
2.	RG/PSY/299/2016 Career Counselling	Mr. Ali Sabrin NYK, Kollam Email: Dyckollam1@gmail.com Mob: 09447638875, 0940059800	February 29 – March 4, 2016	SC Rural Youth M= 21 F= 24 T = 45	1,38,600	27/01/2016
3.	RG/PSY/301/2016 Career Counselling	Mr. Ali Sabrin NYK, Trivandrum. Email: ananthapurinyk@gmail.com Ph: 0471 – 2301206	February 27 – March 2, 2016	40, ST Youth M= 31 F= 12 T = 43	1,39,000	21/01/2016
4.	Youth Employability	Prof. Kumara Samy Principal, IASE, SV University AP 9441273859 t.kumaraswamy@yahoo.com	5 -9 February 2016.	SC Youth M=31 F=12 T= 43	1,39,000	25/01/2016
5.	RG/PSY/296/2016 Gender Equity	Gitanjali Baruah Eight Brothers NGO. Email: eightbrotherssocial@gmail.com Mob: 82538 51983	16 -20 February 2016.	SC/ST Youth M= 18 F= 32 T = 50	1,41,600	02/02/2016

6.	RG/PSY/300/2 016 Career Counselling	Dr.P.Selvaraj Pondicherry society for Higher Education Mob: 9443385777	16 -20 February 2016.	40 SC Youth M=13 F=27 T = 40	1,45,0 00	04/02/2 016
7.	RG/PSY/297/2 016 Career Counselling	Mr. Amit Kumar 9135676683 SAMVEDNA NGO Bihar 07763206543	8 – 12 Feb, 2016	50 SC Youth M=19 F=31 T = 50	1,60,0 00	9/2/201 6
8.	Women & Social Entrepreneurs hip Career Guidance	Mr. Sanjay 9893030044 Shri Vishwamitra shikshan samite, Indore, MP sanjay@milestonejobs.co.in		SC/ST Youth M= F= T =	1,60,0 00	9/2/201 6
9.	RG/PSY/291/2 016 Career Counselling	Binod chaturvedi, Dist. Youth co coordinator, MP NYK, MP. NYK, Shivpuri, MP. binodchaturvedi@gmail.com 9406504577	3 - 7 March, 2016	SC/ST Youth M= F= T =	1,39,0 00	8/2/201 6
10.	RG/PSY/306/2 016 Career counselling	Dr. Anup Dutta, Assam Anup Dutin Baruah +91 9854 521248 anupduttabaruah@gmail.com NSS Coordinator Dimoria Govt. College, Assam.	19 -23 February 2016.	SC Youth M= 23 F= 17 T = 40	1,39,0 00	9/2/201 6
11	RG/PSY/308/2 016 Career Counselling	Mr. B. Ali Sabrin Alappuzha, Kerala 9447638875	1 - 5 March, 2016	SC Youth M= F= T =	1,39,0 0	15/2/20 16
12	RG/PSY/307/2 016 Career Counselling	Dr. Amrutheswara 9448640073 Karnataka kannadadaamrutha@gmail.com	February 26 – March 1, 2016	SC M =9 F= 36 T = 45	1,39,0 00	15/2/20 16
13.	RG/PSY/310/2 016	Prof.Kundar Basavaraj Karnataka, KU kundanbs@gmail.com NSS Prof.Coordinator 9480150719	10 – 14 March, 2016	SC Youth M= 27 F= 18 T = 45	1,32,0 00	18/2/20 16

14	RG/PSY/309/2 016 YES	Mr.Ivyreen warjri 9863737799 Meghalaya Mission Director, SRCW Ivyreenwarjri27@gmail. com	9 – 13 March, 2016	ST Tribal women M = 17 F= 28 T = 45	1,32,0 00	18/2/20 16
15	YES RG/PSY/314/2 016	Mr. Ali Sabrin 9447638875 Trivandrum, KL Dist. Youth Coordinator, NYK, Trivandrum	4 - 8 March, 2016	SC Youth SC Youth M= 16 F= 30 T = 46	13200 0	25/2/20 16
16	YES RG/PSY/313/2 016	Mr. Ali Sabrin 9447638875 Alappuzha, KL Dist. Youth Coordinator, NYK, Alapuzha	3- 7 March, 2016	SC Youth SC Youth M= 12 F= 30 T = 42	13200 0	25/2/20 16
17	Career Counselling RG/PSY/316/2 016	Prof. Kumaraswamy SV University AP 9441273859 t.kumaraswamy@yahoo.com	15 – 19 March, 2016	SC Youth	13800 0	25/2/20 16
18	YES RG/PSY/312/2 016	Mr. Ali Sabrin 9447638875 Kollam, KL Email: Dyckollam1@gmail.com Mob: 09447638875, 0940059800	3- 7 March, 2016	SC Youth	1,73,2 50 1,38,0 00	7/3/16
19	YES RG/PSY/319/2 016	Mr. Anup Dulta Assam Anup Dutin Baruah +91 9854 521248 anupduttabaruah@gmail.com	16 – 20 March, 2016	SC/ST	1,73,2 50 1,38,0 00	7/3/16
20	Life Skills RG/PSY/320/2 016	Mr. Nural Islam & Anup Dutta Assam Anup Dutin Baruah +91 9854 521248 anupduttabaruah@gmail.com		SC/ST	1,73,2 50 1,38,0 00	7/3/16
21	Gender Equity RG/PSY/315	Prof. Kumaraswamy AP, Tirupati 9441273859 t.kumaraswamy@yahoo.com		SC/ST	1,73,2 50 1,38,0 00	7/3/16

22	Career Counselling RG/PSY/321/2016	Mr. G.M. Lone Kashmir		SC/ST	1,73,250 1,38,000	7/3/16
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S. No.	SEMINAR / TRAINING PROGRAMME ORGANIZED
1.	Organized a Training programme on “ Stress Management and Life Skills Development ” held at Sri Balaji College of Education, Arni on 17-12-2011 (Saturday)
2.	Organized a Training programme on “ Sidha for good life and development ” held at Sri Balaji College of Education, Arni on 3-12-2011 (Saturday)
3.	Organized a Training programme on “ Developing effective communication skills among the teachers ” held at Sri Balaji College of Education, Arni on 12-11-2011 (Saturday)
4.	Organized a training programme on “ SUPW on paper cutting ” held at Sri Balaji college of Education, Arni on 28-09-2011
5.	Organized a training programme on “ Effective teaching and learning with cyber resources ” held at Sri Balaji college of Education, Arni on 17-09-2011
6.	Organized a national Seminar on “ TONE UP TEACHER EDUCATION IN TUNE WITH ICT ” On 6 th & 7 th March 2010 at St.Xavier College of Education, Kumbakonam, TN.

List of MPhil Research Guidance -2

S. N O.	NAME OF THE CANDIDATE / Reg. No.	INSTITUTION	Year	TITLE OF THE MPhil RESEARCH
1	G.Sundaramurthy 93931364	Madurai Kamaraj University	2011	A study on home environment and academic achievement of higher secondary students
2.	V.SUBRAMANIAN 066011230	Alagappa University	2012	A study on attitude towards social networks of higher secondary students in Trichy district

Examiner and Question Paper Setter

S. No.	Institute/ University	Nature of Work
1	Madras School of Social Work, Chennai	Question paper setting to UG Psychology from 2017
2	Mother Teresa University	Question Paper Setter for UG Programmes
3	DKM College of Arts and Science	Practical Examiner UG Psychology, Question Paper Setter
4	Tamil Nadu Teacher Education University	M.Phil Degree External Examiner
5	Rajiv Gandhi National Institute of Youth Development	Question Paper Setter, Practical Examiner, Paper Evaluator
6	Deivanai Ammal College	Question Paper Setter, Practical Examiner, Paper Evaluator
7	MOP Vaishnav College, Chennai	Question Paper Setter, Practical Examiner, Paper Evaluator
8	St. Marys College, Tutukudi	Question Paper Setter, Practical Examiner, Paper Evaluator
9	PSG Krishnammal College, Coimbatore	Question Paper Setter, Practical Examiner, Paper Evaluator
10	Thiagarajar College of Arts and Science	Question Paper Setter, Practical Examiner, Paper Evaluator
11	Madurai Kamaraj University	Question Paper Setter, Practical Examiner, Paper Evaluator
12	M.S Chellamuthu Institute of Mental Health	Question Paper Setter, Practical Examiner, Paper Evaluator
13	Anugraha Institute of Social Science	Question Paper Setter, Practical Examiner, Paper Evaluator
14	Vellore Institute of Technology	Question Paper Setter, Practical Examiner, Paper Evaluator
15	Tamil Nadu Open University	Question Paper Setter, Practical Examiner, Paper Evaluator
16	Central University of Tamil Nadu	Question Paper Setter, Practical Examiner, Paper Evaluator
17	Manipur International University	Question Paper Setter,

EXPERIENCE IN INSTRUCTIONAL SOFTWARE PRODUCTION

Developed Instructional video short films on	
Water Pollution	Indian American Astronaut “Kalpana Chawla”
Campus Tour (RGNIYD)	Vinai (Short Film)

CONFERENCE/SEMINAR / WORKSHOPS

S. NO	TITLE OF THE PAPER	PLACE	DATE
43	Attitude of school students towards Sex Education	National Seminar on Women Studies, RGNIYD	6-7/03/2018
42	Participated	One Day training programme on School Mental Health at RGNIYD	27/12/2017
41	Need for Youth Counselling In India	National Conference held at Dept. of Applied Psychology, RGNIYD	10 th and 11 th November 2016
40	Participated	Training course on Learning Difficulties held at Dept. of Applied Psychology, RGNIYD	September 2016
39	Participated	International Seminar on Nature and Prevention of School Bullying held at Dept. of Psychology, Annamalai University	3 rd November 2016
38	Participated	National Seminar on Trends in Counselling Across the Life Span held at RGNIYD	11 th and 12 th March 2016
37	Perception of students and teachers about availability, Employment and Effectiveness of ICT Devices	Second National Seminar on Youth Development – Youth Inclusiveness and Eclectic Approaches held at RGNIYD	30-31 March 2016
36	Attitude of Adolescents towards Women's Education	National Conference on Empowering Adolescent Girls organized by UNICEF and Department of Gender Studies at RGNIYD	22 nd & 23 rd March 2016
35	Participated	National Seminar on Recent Trends in Counselling Across Lifespan organized by Department of Applied Psychology at RGNIYD	11 th and 12 th March 2016
35	Participated	National Virtual Seminar on Youth and Leadership headed by President of India at RGNIYD	19 th January 2016
34	Participated	National Seminar on 'Promoting Positive mental Health in Adolescents' organized by Ethiraj College for Women	8 th January 2016
33	Participated	Tinai Ecofilm Festival and Workshop on Photography organized by BITS, Pilani	8 and 9 th October, 2015
32	Participated	Five days Interdisciplinary Research Methodology Workshop held at RGNIYD	7- 11 July, 2015
31	Mobile Learning the Future of Young Learners	First National Level Seminar on Youth Development Held at RGNIYD	26 Feb 2015 – 27 Feb 2015

30	Print Media and Youth	National level seminar held at RGNIYD on 'Youth and Media'	2013
29	Participated	International Conference on Clinical Psychology Training and Practices in UK and India held at Chennai	Sep 2014
28	Blended learning in Teacher Education	International Conference on "Approaches and Strategies for Y learners" held at Tamilnadu Teachers Education University, Chennai.	June 2013
27	Participation	Howard Gardner Session at Chennai	January 2012
26	Participation Only	Two Days National Level training programme on Research methods and Statistical Applications" was organized by the Centre for Educational Research	November 2011
25	Participation Only	International Workshop on "Research in Education: An Operation". Organized by Vikram College of Education in Association with the Society for Educational Exploration, MKU.	4 th , 5 th & 6 th January – 2012
24	M-Learning: A mode of Enhancing the process of teaching and Learning	State Level Seminar on "enrichment in teaching and learning" held at Bon Secours College of Education, Thanjavur	26 th February 2011
23	Webinar/web conference gateway to modern education	Two day UGC SAP sponsored National Seminar on "key concerns and issues in remedial teaching" on 21 st and 22 nd of March 2011 held at Annamalai University, TN	21 st and 22 nd of March 2011
22	Participation only	Two days Workshop on "Research methodology and Application of statistics" held at Centre of Educational Research, Madurai kamaraj university, madurai	20 & 21 October 2011
21	Plagiarism – A Recent Trend in Teacher Education Research	Two day National Seminar on Trends in Research in Social Sciences' on 4 th and 5 th of march 2011. held at KSR college of education Tiruchengode, TN	4 th & 5 th March 2011
20.	Enhancing the Quality in teacher Education through means of M-Learning	National conference on "Significance of Distance education in Enhancing the Enrolment in Higher Education" held at Bharathidasan University.	28 th and 29 th March 2009
19.	Participation only	State Level Seminar on " Food Processing" held at Yadava College, Madurai	23, 24 And 25 August 2000
18.	Participation only	International Conference on "Spiritual Wisdom for a Value based Society" held at Annamalai University	6 th and 7 th November 2004

17.	Participation only	Workshop on “Research: A Boon to Education” held at Vilar, Thanjavur, Tamil Nadu.	13 th December 2008.
16.	Participation only	National Seminar on “Education the Sine qua non for sustainable development” held at St. Thomas College of Teacher education, Pala, Kerala.	20 th and 21 st August, 2009
15.	“Teacher education through ICT”	International Conference on Higher Education and Globalization: Prospects and Challenges held at Dept. of Education, Mother Teresa University	23-24 February 2008
14.	“Schools in the Sky: A mode of Preventing and Reversing Under-Achievement of rural Students”	UGC – National Seminar on EDUSAT held at Department of Education, Annamalai University, Tamil Nadu	23-24 March 2007
13.	“Adjustment as a vital issue for harmonious Planet Earth”	94 th Science Congress held at Annamalai University, Tamil Nadu	3-7 January 2007
12.	“Preparation of Global teacher for our Planet”	94 th Science Congress held at Annamalai University, Tamil Nadu	3-7 January 2007
11.	“Wholistic Learning through Montessori Model”	UGC – National Seminar on Holistic Education held at Department of Education, Annamalai University, Tamil Nadu	27-28 March 2006
10.	“Awareness of Girl students on ICT”	International conference on Gender issues in E-society (WIT 2005) held at Department of Library Science, Annamalai University, Tamil Nadu	19-20 December 2005
9.	“Role of Cooperating Teachers during internship in primary teacher education”	International Conference on Teacher Education in the context of Globalization held at New Horizon College of Education, Bangalore, Karnataka	4-6th April 2005
8.	“Excellence in practice Teaching: A key to excellent India”	International Conference on Teacher Education in the context of Globalization held at New Horizon College of Education, Bangalore, Karnataka	4-6th April 2005
7.	“Professionalism in Teachers Education”	National Seminar on Educational Leadership held at Department of Education, University of Madras Tamil Nadu.	3-4 March 2005
6.	“Altruism: A need for Teacher Education”	State-level seminar on Humanizing Education held at Department of Education, Annamalai University, Tamil Nadu	5-6 March 2005

5.	“Role of Teacher Education in Promoting Human Rights Education”	UGC National Seminar on Need of Human Rights Education held at Department of History, Annamalai University, Tamil Nadu	25-26 February 2005
4.	“Integrating Human Rights Education with Teacher Education: A need of the hour”	UGC-National Seminar on Integrating human rights and values in law, politics & social practice held at Department of Political Science, Annamalai University, Tamil Nadu	23-24 February 2005
3.	“Quality in Teacher Education through ICT”	National Seminar on Enhancement of quality in Teacher education held at Alagappa University College of Education Karaikudi, Tamil Nadu	5 th February 2005
2.	“Effective learning through e-books”	International Conference on Learning centered education held at St. Ignatius College of Education Tirunelveli, Tamil Nadu	27-29 January 2005
1.	“Higher Secondary School Girls' attitude towards WW”. WW”.	National Conference on “ Women in E. Governance ” held at Annamalai University, Tamil Nadu	20-21 December 2004

Board of Study Member

- Department of Applied Psychology, Rajiv Gandhi National Institute of Youth Development (An Institute of National importance) 2013- 2018
- Department of Applied Psychology, Central University of Tamil Nadu, Thiruvavur 2018
- Department of Psychology, The American College, Madurai 2018- 2022
- Department of Counselling and Psychotherapy, Anugraha Institute Dindigul, 2022
- Department of Psychology, Alagappa University, Karaikudi 2020
- Department of Psychology, Sadakathullah Appa College, Tirunelveli, Tamil Nadu, 2022
- Department of Psychology, The Kongu Arts and Science College, Erode 2022
- Department of Psychology, Standard Fireworks Rajaratnam College for Women, Sivakasi 2022
- Department of Psychology, Holy Cross College, Trichy 2020- 2022

Webinars

Organised more than 1500 Webinar session on Mental Health and Wellbeing

1. Participated a webinar on “Learning Big Data is Fun” organized by Education Lanes (A Mahindra Group Initiative) India on 22nd December 2018
2. Participated a webinar on “Supercharge Your Presence: Writing for the Web” organized by American Psychological Association on 7th December 2018
3. Participated in a webinar on “Creating Healthy Minds at Workplace” organized by Pearson Academy India on 24th April 2018.
4. Participated in a Webinar on 'Neuropsychology of Emotional Disorders in Children' organized Pearson Academy India on 12th April 2018.

Refresher Course, Methodology, Workshop, Training, Faculty development programmes etc

Name of course attended	Sponsoring Institute	From date	To date
Faculty Development Workshop on “Rethinking about Climate Change: A Psychological Perspective”	Banasthali Vidyapith, Rajasthan	17/12/2017	22/12/2017
Workshop on Photography	BITS, Goa	08/10/2015	09/10/2015
Five days Interdisciplinary Research Methodology Workshop	RGNIYD	07/07/2015	11/07/2015
International Workshop on “Research in Education: An Operation	Vickram College, Madurai	04/01/2012	06/01/2012
Research methodology and Application of statistics	Centre of Educational Research, MKU, Madurai	20/10/2011	21/10/2016
Research: A Boon to Education	Bon Secour Collège, Thanjavur	13/12/2008	13/12/2008

Training, Conference, Workshop, Seminar, Invited Lecture, Webinar Sessions (Resource Person) 2020, 2021, 2022, 2023, 2024, 2025

S. No	Date	Topic	Organised by
1.	16/04/2020	Positive Environment through Classroom Management	Sri Aurobindo Mira College of Education, Madurai
2.	27/04/2020	Memory techniques	Faculty of Education Dr.MGR Educational and Research Institute, Chennai
3.	01/05/2020	Effective Behaviour Management techniques	Arasu College of Education, Karur
4.	01/05/2020	Effective Behaviour Management techniques	Ponkalamman College of Education, Karur 19/05/2020 Children Mental health
5.	10/05/2020	Academic Stress Management during Covid 19	St. John De Britto College of Education
6.	12/05/2020	SELECTION OF APPROPRIATE STATISTICAL TOOLS: A CRITICAL WAY FOR SUCCESSFUL RESEARCH	St. Mary’s College (Autonomous), Thoothukudi
7.	01/05/2020	Positive Parenting	Mental Health Webinar Series, Department of Psychology, The American College, Madurai

8.	07/05/2020	Career Counselling Process	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
9	11/05/2020	Career Planning – Dos and Don'ts	Tamil Nadu Career Counsellors Association
10.	12/05/2020	Career Planning – Role of Parents	Tamil Nadu Career Counsellors Association
11.	13/05/2020	Career Planning – Role of Teachers	Tamil Nadu Career Counsellors Association
12.	14/05/2020	Career Planning – Role of Media	Tamil Nadu Career Counsellors Association
13.	15/05/2020	Career Planning – Role of Peer	Tamil Nadu Career Counsellors Association
14.	16/05/2020	Career Planning – Role of Educational Institutions	Tamil Nadu Career Counsellors Association
15.	17/05/2020	Career Assessment	Tamil Nadu Career Counsellors Association
16.	18/05/2020	Career Assessment - Personality SDS	Tamil Nadu Career Counsellors Association
17.	19/05/2020	Statistics in Research: Do's and Don'ts	Department of Social Work, Kalasalingam Academy of research and Education
18.	19/05/2020	Children mental Health during Post Covid 19 Crisis	National Institute of Disaster Management, Ministry of Home Affairs, Government of INDIA, New Delhi
19.	19/05/2020	Career Assessment - Personality MBTI	Tamil Nadu Career Counsellors Association
20.	20/05/2020	Career Assessment - Personality Big 5	Tamil Nadu Career Counsellors Association
21.	21/05/2020	Impact of COVID 19 on Mental Health of teachers	PSG COLLEGE OF EDUCATION SANKARI, SALEM 637301
22.	21/05/2020	Career Assessment - Interest	Tamil Nadu Career Counsellors Association
23.	22/05/2020	Career Assessment – Career Cluster Inventory	Tamil Nadu Career Counsellors Association

24.	26/05/2020	KEEPING CHILDREN SAFE ONLINE DURING THE COVID19 PANDEMIC	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
25.	30/05/2020	Children Mental health and Parents role	National Institute of Disaster Management, Ministry of Home Affairs, Government of INDIA, New Delhi
26.	03/06/2020	Psychosocial impact of Covid 19	Alagappa University, Karaikudi
27.	05/06/2020	Resilience	MELA – My English Learning Academy, Chennai
28.	08/06/2020	Online Safety during Covid 19 Pandemic: Psychological Perspective	Department of Education Psychology, Tamilnadu teachers Education University
29.	10/06/2020	Mental Health of Youth	Sivakasi College
30.	11/06/2020	Mental Health Practices during Post Covid 19 Pandemic Crisis	Madras Christian College
31.	13/06/2020	Career Planning	TNSCGC
32.	15/06/2020	Online Safety During Pandemic	KSR College of Education
33.	16/06/2020	Preventing Online Threats	Cheran College of Education
34.	17/06/2020	Online Safety for Students and Teachers	Kerala
35.	19/06/2020	Mental Health of Students	Vidya Vikas College of Education, Thiruchengode
36.	20/06/2020	Positive Mental Health Practices	MELA
37.	20/06/2020	Covid 19 and Children	NIDM
38.	22/06/2020	Mental Health of students	Patrician College of Arts and science
39.	22/06/2020	Positive Parenting	PSG college of Education
40.	23/06/2020	Mental Health of Teachers	Shree Amirtha College of Education Namakkal
41.	23/06/2020	Impact of disaster on Mental Health of children	NCHRD and NIDM
42.	24/06/2020	Emotional well-being and managing stress	St. Xavier College, Palayam Kottai

43.	24/06/2020	Cyber Security for Digital Natives	Sourashtra College, Madurai
44.	28/06/2020	Positive Thinking	MELA
45.	06/07/2020	Covid 19 and Children	National Institute of Disaster Management, Ministry of Home Affairs, Government of INDIA, New Delhi
46.	07/07/2020	Cyber Psychology	NKT College of Education, Chennai
47.	11/07/220	Safe Environment for Children	NIDM Webex
48.	12/07/220	Forgiveness	MELA
49.	13/07/220	Case and Psychological Testing	Holy Cross College, Trichy
50.	14/07/220	Digital Skills	Subham College of Education, Chennai
51.	15/07/220	Counselling - Types	Holy Cross College, Trichy
52.	16/07/220	Positive Mental Health Practices	Dept. of Psychology, Periyar University, Salem
53.	17/06/220	Be warrior don't to be worrier	Madurai Gandhi College of Arts and Science for Women
54.	19/07/2020	Kindness - Positive Mental Health Strategy	MELA
55.	21/07/2020	Empathy Skills	Preceptor college of Education and TNTEU
56.	25/07/2020	Statistics for Tool Standardization	TNTEU
57.	26/07/2020	Mindfulness- a positive Mental Health Practice	MELA
58.	28/07/2020	28 Happiness, Positive Emotion and wellbeing	Meston College, TNTEU, Chennai
59.	30/07/2020	Where Do I Start and How Do I Find "The Right Topic?"	Texila American University
60.	02/08/2020	Self Compassion	MELA
61.	03/08/2020	Lockdown Lessons - Post Lockdown Alternatives	Psychologist Association for prevention of Climate Change, Punjab
62.	03/08/2020	Forum Identification of Research Problem and Review of Related Literature	TNTEU Workshop
63.	06/08/2020	Wellness through PERMA Model Workshop	Redpond Educational and Psychological Research Centre

64.	08/08/2020	Self Confidence	MELA
65.	11/08/2020	How to make a positive start to your PhD?	TAU
66.	13/08/2020	Gratitude	International Council of Educational Administrators and management, Tiruvalla, Kerala
67.	16/08/2020	Self- Motivation	MELA
68.	16/08/2020	Power of Gratitude for better Mental Health During Pandemic Crisis	North East Youth Association
69.	18/08/2020	Power of Positive Emotion	Skills for Growth, Kerala
70.	22/08/2020	Mental Wellness - Its Coping strategies for Children during Covid 19	Keystone Foundation, Coimbatore, Tamil Nadu
71.	23/08/2020	Self Control	MELA
72.	29/08/2020	Fundamentals of Research Methodology	Acadevo eAsel North East India
73.	30/08/2020	Self-Regulation	MELA
74.	31/08/2020	Career Prospects in Psychology	Mental Health Webinar Series 2020
75.	04/09/2020	Reopening of Schools safety amidst Covid 19	NIDM
76.	05/09/2020	Mental Health of Teachers	Mental Health Webinar Series 2020
77.	06/09/2020	Power of Gratitude	Unbound Organization Trichy
78.	06/09/2020	Self image	MELA
79.	13/09/2020	Self-esteem	MELA
80.	13/09/2020	Unknown	Mental Health Webinar Series 2020
81.	14/09/2020	Do's and Don'ts in Title	EkVis Consulting Workshop, Megalaya
82.	16/09/2020	Review of Related Literature	EkVis Consulting Workshop, Megalaya
83.	18/09/2020	Reference Format	EkVis Consulting Workshop, Megalaya
84.	20/09/2020	Self Actualization	MELA
85.	24/09/2020	Ensuring Inclusive and Equitable Education for rural children in the time of Covid 19	NIDM
86.	25/09/2020	Reopening of Schools: Issues and Challenges	NIDM

87.	27/09/2020	Nature and Wellbeing	MELA
88.	28/09/2020	Self-Compassion	VVV College for Women, Virudhunagar
89.	29/09/2020	Positive Mental Health practices	Tamil Nadu Elderly Association
90.	29/09/2020	Career Planning	Happy Schooling project, HCL Foundation
91.	30/09/2020	Thinking Brain and Mental health	Jaipur
92.	04/10/2020	Psychotherapeutic Devices	MSCIMHR, Madurai
93.	04/10/2020	Catharsis	Mental Health Webinar Series
94.	10/10/2020	Positive mental health	Tamil Nadu Sports University, Chennai
95.	10/10/2020	Higher Education and Covid 2019 in India and Bangladesh	Kerala and Bangladesh Association
96.	10/10/2020	Mental Health for All : Greater Investment and Greater Access	Holy Cross College, Trichy - 3pm to 4pm
97.	10/10/2020	Positive Mental Health	CPC – Council for Psychotherapy and Counselling
98.	10/10/2020	Positive Parenting - Dubai School	New India Model School, Dubai
99.	10/10/2020	Mental Health for All: Panel Discussion	Mental Health Webinar Series
10	14/10/2020	Ways of improving knowledge retention	Bharathiyar University, Coimbatore
10	16/10/2020	Research Questions	Texila American University
10	17/10/2020	Aprosexia	Mental Health Webinar Series
10	28/10/2020	A road Map to Memory - Brain (Part 1)	Mental Health Webinar Series
10	30/10/2020	A road Map to Memory – Neurotransmitters Perspective (Part 2)	Mental Health Webinar Series
10	31/10/2020	A road Map to Memory – Techniques and Strategies (Part 3)	Mental Health Webinar Series

10	04/11/2020	Problem Solving	Vellore Institute of Technology, Faculty Development Programme
10	05/11/2020	Covid-19 :Appropriate Behaviour for Children NIDM	CCDRR, NIDM
10	11/11/2020	Higher Education - Psychological Perspective	CEAM Kerala International Conference
10	12/11/2020	Research Proposal	TAU
11	19/11/2020	Career Planning - MBTI 3- 4pm	HCL Happy Schooling
11	20/11/2020	Effective Career planning strategies-	GAIPP 2020 Conference 5PM
11	21/11/2020	Effective Entrepreneur strategies - Tag B 2020 9PM	Dubai -
11	24/11/2020	Research Tool Construction	Lady Doak College, Department of Psychology, Madurai
11	25/11/2020	BOS	Holy Cross College, Trichy
11	30/11/2020	Synopsis	Texila American University
11	11/12/2020	Compassion	Haryana University Faculty Development Programme organised by Prof. Shafali Nagpal
11	13/12/2020	Happiness	Mental Health Webinar Series
11	17/12/2020	Protecting Children from Violence, Exploitation and Abuse	NIDM
11	20/12/2020	Kindness: A key to Success	Mental Health Webinar Series

12	22/12/2020	Self Compassion	Mental Health Webinar Series
12	24/12/2020	Dementia - A road without Signal (Part 1)	Mental Health Webinar Series
12	26/12/2020	Optimism - Approaches and Models	Yellow Pond Counselling Centre, Madurai
12	27/12/2020	Optimism Strategies	Yellow Pond Counselling Centre, Madurai
12	31/12/2020	Thesis Writing - Synopsis	Texila American University
12	31/12/2020	Dementia - Intervention Strategies (Part 2)	Mental Health Webinar Series
12	04/01/2021	Anger Management	Mental Health Webinar Series
12	06/01/2021	Anxiety Management	Mental Health Webinar Series
12	09/01/2021	Stress Management	Mental Health Webinar Series
12	13/01/2021	Ph.D. Thesis Research: Where do I Start and How Do I Find "The Right Topic"?	Texila American University (TAU)
13	22/01/2021	Stress Management	E-workshop on Stress Management organised by Yellow Pond Counselling Centre
13	24/01/2021	Depression	Collective Win
13	25/01/2021	Self Confidence	Mental Health Webinar Series
13	29/01/2021	Self Control	Mental Health Webinar Series
13	01/02/2021	Love	Mental Health Webinar Series
13	02/02/2021	Stress Management - perspectives and Approaches	Tamil Nadu College of Engineering Faculty Development programme, Coimbatore
13	02/02/2021	Love Failure	Mental Health Webinar Series

13	12/02/2021	Positive Emotions	PERMA-V 2.0 e- Workshop
13	13/02/2021	Stress Relief Workshop	Mailam Engineering College
13	15/02/1981	Stress Management - Jacobson's Progressive Muscle Relaxation Technique	Mental Health Webinar Series
13	16/02/1981	Stress Management - Catharsis	Mental Health Webinar Series
14	17/02/2021	Research Proposal	Texila American University
14	19 February 2021	Positive Emotions 2.0 - PERMAV Workshop	Yellow Pond Counselling Centre Madurai
14	20 February 2021	Career Counselling	Sethupathy Pandidurai Corporation School, Madurai
14	24 February 2021	Self Discipline	Mental Health Webinar Series
14	26 February 2021	Career Counselling	Bharathidasanar Corporation School , Madurai
14	27 February 2021	Career Counselling	Ponmudiyar Corporation School, Madurai
14	27 February 2021	School Assessments	MSCIMHR
14	01 March 2021	Faculty Development Programme on Present Psychological Scenario of the Young Mind	Theni College of Arts and Science, Virapandi
14	01 March 2021	Stress Management	Sourashtra College of Education, Theni
14	05 March 2021	Career Counselling	Kambar Corporation School , Madurai
15	05 March 2021	Research Questions	Texila American University
15	15 March 2021	Multiple Intelligence	Mental Health Webinar Series
15	18 March 2021	Self Compassion and Stress Management	Vivekananda College, Solavandan, Madurai
15	20 March 2021	Happiness is our Right	Mental Health Webinar Series
15	21 March 2021	Wholistic Wellness	Mental Health Webinar Series

15	27 March 2021	Effective Career Planning Process	Texila American University (TAU)
15	28 March 2021	Group Counselling	Ms. Chellamuthu Institute of Mental Health and Rehabilitation, Madurai
15	28 March 2021	Intelligence Testing	Mental Health Webinar Series
15	17 April 2021	Gratitude and Positive Attitude	Selvam hr. Secondary School, Namakkal
15	18 April 2021	Psychotherapeutic Devices	Ms. Chellamuthu Institute of Mental Health and Rehabilitation, Madurai
16	18 April 2021	Happiness	Kovai Medical College Hospital, Coimbatore
16	19 April 2021	Preparation of Paper for E-conference and E-Journals	Texila American University
16	20 April 2021	APA Reference Format Writing	Madras School of Social Work, Chennai
16	26 April 2021	Protect Your Intellectual Property with Patent” National webinar	Tamil Nadu Teachers Education University
16	30 April 2021	Developing a conceptual framework of Research and Chapterization	Texila American University
16	06 May 2021	Jacobson’s Progressive Muscle Relaxation Technique and Catharsis	Madras School of Social Work, Chennai
16	07 May 2021	Push button Technique and Empty Chair Technique	Madras School of Social Work, Chennai
16	07 May 2021	Depression	Longdom Conference, Germany May 2021
16	19 May 2021	Do’s and Don’ts during Covid 19	NIDM and Madurai Kamaraj University
16	20 May 2021	Gratitude	Nurture Life, Gujarat Chapter
17	21 May 2021	Do’s and Don’ts in Career Planning	Tamil Nadu Career Counsellors Association
17	25 May 2021	Emotional pain Management	Mental Health Webinar Series 2020-21
17	26 May 2021	Mental Health Paradigm	Mental Health Webinar Series 2020-21
17	28 May 2021	Covid Anxiety Management	Mental Health Webinar Series 2020-21

17	29 May 2021	Mental Health Practical Applications	Anja College, Sivakasi
17	30 May 2021	Grief Counselling and Therapy	Mental Health Webinar Series 2020-21
17	31 May 2021	Mental Health Practices	Longdom Conference, Germany
17	31 May 2021	Optimising Mental Health during Pandemic	Mental Health Webinar Series 2020-21
17	01 June 2021	Optimism on Introduction	Mental Health Webinar Series 2020-21
17	02 June 2021	Optimism Characteristic and Components	Mental Health Webinar Series 2020-21
18	03 June 2021	Optimism Importance and benefits	Mental Health Webinar Series 2020-21
18	04 June 2021	Nurturing Gratitude among Youth	Kasthurba Gandhi College for Women, Puthucherry
18	04 June 2021	Optimism - Approaches and Models	Mental Health Webinar Series 2020-21
18	05 June 2021	Catharsis Therapeutic Technique	Yellow Pond Counselling Centre E-workshop
18	05 June 2021	Optimism - Strategies	Mental Health Webinar Series 2020-21
18	06 June 2021	Emotions	Mental Health Webinar Series 2020-21
18	06 June 2021	Grief Therapy	Master Mind Foundation, Chennai, Tamil Nadu
18	07 June 2021	Emotions and Stress	Mental Health Webinar Series 2020-21
18	07 June 2021	Resilience during Crisis	Dr, NGP College of Arts and Science
18	09 June 2021	Push Button Technique	Yellow Pond Counselling Centre E-workshop
19	12 June 2021	Career Planning after +2 (Science)	State Career Guidance Centre, tamil Nadu
19	13 June 2021	Mob Violence and Internal Security	Dr.MGR University and TNTEU FDP
19	17 June 2021	Introduction to Counselling	Yellow Pond Counselling and Wellness Centre, madurai

19	18 June 2021	Wholistic Wellness	Mental Health Webinar Series 2020-21
19	19 June 2021	Career Planning after +2 (Biology)	Velammal Matric School. Chennai
19	19 June 2021	Models and Approaches of Counselling	Yellow Pond Counselling and Wellness Centre, madurai
19	25 June 2021	Addiction and Mental Health	Vellore Institute of Technology
19	25 June 2021	Client Centred Counselling	Yellow Pond Counselling and Wellness Centre, madurai
19	26 June 2021	Client Centred Counselling	Yellow Pond Counselling and Wellness Centre, madurai
19	26 June 2021	Rumours	Mental Health Webinar Series 2020-21
20	27 June 2021	Yoga Nidra Vs Jacobson's PMRT	Mental Health Webinar Series 2020-21
20	27 June 2021	Career Planning after +2	Campus Friends of India Association
20	28 June 2021	Positive Mental Health Practices	Vivekananda College, Thiruvudagam, Sholavandan
20	27/07/2021	Emotional Intelligence	Lakshmi College of Education, Dindigul and Tamil Nadu teachers Education University
20	29/07/2021	Positive Psychology	World Congress of Psychologists
20	01/08/2021	Evidence based Practice in counselling	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
20	07/08/2021	Positive Mental Health	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
20	08/08/2021	Self Directed Search	Tamil Nadu Career Counsellors Association
20	11/08/2021	Positive Schooling	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
20	12/08/2021	Psychosocial Intervention and Women in Disasters	Centre for Natural Resource Management, Climate Change & Disaster Mitigation (CNRMCC&DM) of National Institute of Rural Development & Panchayati Raj (NIRDPR)

21	19/08/2021	Introduction to Cyber Psychology	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
21	22/08/2021	MBTI Career Assessment	Tamil Nadu Career Counsellors A
21	04/08/2021	Positive Emotions	MindCraft and EQ4 peace international
21	06/09/2021	Modern Era Teachers	Sri Ranganathar College of Engineering and Technology Covai
21	07/09/2021	Cyber Relationship	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
21	15/09/2021	Social Perception, Prejudice and Stereotyping	Nurture Ilfe India
21	17/09/2021	Cyber Behaviour	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
21	18/09/2021	Statistics and Application using SPSS	Yellow Pond Counselling Centre, India
21	18/09/2021	Emotional Wellbeing	Centre for Skill Development, TNTEu and Lakshmi College of Education
21	19/09/2021	SPSS application	Yellow Pond Counselling Centre, India
22	19/09/2021	Internet Addiction	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
22	19/09/2021	School Counselling	MS Chellamuthu Institute of Mental Health, Madurai
22	22/09/2021	Cyber Safety	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
22	23/09/2021	Tool Construction	Department of Psychology, Holy Cross college, Trichy
22	27/09/2021	Internet Gaming Disorder	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
22	28/09/2021	MMPI	M S Chellamuthu Institute of Mental Health and Rehabilitation
22	04 October 2021	Social Media Addiction	Mental Health Webinar Series, Department of Psychology, The American College, Madurai

22	06 October 2021	Successful writing of Research Article for Publication	Lady Doak College, Madurai
22	08 October 2021	Online Aggression	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
22	10 October 2021	Mental Health in an unequal world	Department of Psychology, The American College, Madurai
23	13 October 2021	Cyber Security and Mental Health	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
23	23 October 2021	Serenity Practices for peaceful mind	Redpond Educational and Psychological Research Centre and Yellow Pond Madurai
232	25 October 2021	Gratitude for Success	Department of Commerce, St Francis De Sales College, Bangalore
233	29 October 2021	Social Media Dangers	Government women employees at madurai organised by Anna Administrative Staff College, Chennai
234	30 October 2021	Empathy - Neuroscience Perspective	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
235	31 October 2021	Emotional Wellbeing in the time of cyber omnipresence	ANRM Samruddhi Foundation & Sri Holistic Health Foundation, AP India
236	07 November 2021	Passion for Excellence	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
237	07 November 2021	Mental Hygiene	M.S Chellamuthu Institute of Mental Health, Madurai
238	14 November 2021	Constructivism	M.S Chellamuthu Institute of Mental Health, Madurai
239	15 November 2021	Neuroscience Perspective of Sleep	Conference Germany
240	17 November 2021	Mental Health of Children during Disaster	National Institute of Disaster Management (NIDM) and Manonmaniam Sundaranar University Tirunelveli, Tamil Nadu
241	17 November 2021	Personal Capacity Building and Women Empowerment	St Ann's College for Women, Hyderabad and National Commission for Women, Delhi, India
242	18 November 2021	Personal Capacity Building and Women Empowerment	St Ann's College for Women, Hyderabad and National Commission for Women, Delhi, India

243	20 November 2021	Education for Life	Annai Fathima College, Thirumangalam, Madurai
244	26 November 2021	Neuroscience of Compassion	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
245	01 December 2021	Cognitive Behaviour Therapy	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
246	05 December 2021	Volunteering need and importance	Organised by SRI HOLISTIC HEALTH FOUNDATION INDIA (SHHFI)
247	05 December 2021	Happiness and Resilience	Tamil Nadu Agricultural University, Coimbatore coordinated by Dr.D.Srinivasan, Psychiatrist KMCH
248	07 December 2021	Career Planning Assessment Test (CPAT)	Tamil Nadu Career Counsellors Association
249	09 December 2021	Cognitive Distortion - Polarized Thinking	Tamil Nadu Counsellors and Psychotherapists Association
250	09 December 2021	Neuroscience of Self-esteem	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
251	10 December 2021	Mental Health of Students	Christian College of Education, Marthanadam, Kanyakumari District, Tamil Nadu
252	24 Dec 2021	Neuroscience of Gratitude	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
253	28 Dec 2021	Dos and Don'ts of Covid 19	Dr.MCR HRD Institute, Hyderabad in association with NIDM, Govt of India
254	29 Dec 2021	School Safety	Dr.MCR HRD Institute, Hyderabad in association with NIDM, Govt of India
255	29 Dec 2021	Disaster Management Mechanism in India	Dr.MCR HRD Institute, Hyderabad in association with NIDM, Govt of India
256	30 Dec 2021	Mental Health of Children during Disaster	Dr.MCR HRD Institute, Hyderabad in association with NIDM, Govt of India
257	30 Dec 2021	Reducing Vulnerabilities & enhancing Capacity of Children	Dr.MCR HRD Institute, Hyderabad in association with NIDM, Govt of India
258	01 Jan 2022	Neuroscience of Happiness	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
259	04 Jan 2022	Neuroscience of Kindness	Mental Health Webinar Series, Department of Psychology, The American College, Madurai

260	09 Jan 2022	Positive Psychology	Yellow Pond Counselling and Wellness Centre, Madurai
261	23 January 2022	Mindfulness	MS Chellamuthu Institute of Mental Health, Madurai
262	31 January 2022	Neuroscience of Emotional Intelligence	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
263	5 Feb 2022	Solution Focused Brief Therapy	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
264	5 Feb 2022	Mindfulness 75 - Introduction	Yellow Pond Counselling Centre, Madurai, India
265	6 Feb 2022	Mindfulness 75 - Worksheets and Methodology	Yellow Pond Counselling Centre, Madurai, India
266	07 February 2022	Introduction to Counselling	DMI University, Malawi
267	10 Feb 2022	Neuroscience of Happiness	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
268	12 Feb 2022	Understanding Psychology to Live a Happy Life	Rotary Club of Chennai Titans
269	14 Feb 2022	Neuroscience of Mindfulness	Annamalai University IQAC and Yoga Centre, Chidambaram, Tamil Nadu
270	21 Feb 2022	Models and Process of Counselling	DMI University, Malawi
271	22 Feb 2022	SPSS	HRDC, Bharathiar University
272	26 Feb 2022	School Counselling	MS Chellamuthu Institute of Mental Health, Madurai
273	28 Feb 2022	Tele Counselling	DMI University, Malawi
274	03 March 2022	Neuroscience of Swearing	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
275	05 March 2022	Mindful Colour Breathing	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
276	06 March 2022	Mindful Guided Imagery	Yellow Pond Counselling and Wellness Centre, Madurai
277	06 March 2022	Mindful Spaceship Travel	Yellow Pond Counselling and Wellness Centre, Madurai

278	07 Feb 2022	Psychoanalytic Techniques	DMI University, Malawi
279	10 March 2022	Mindfulness	Department of Computer Science, Vivekananda College, Madurai
280	12 March 2022	Mindful Sense of Smell	Yellow Pond Counselling and Wellness Centre, Madurai
281	13 March 2022	Mindfulness Walking	Yellow Pond Counselling and Wellness Centre, Madurai
282	19 March 2022	Emotional Intelligence	Srimathi Indira Gandhi College, Trichy
283	25 March 2022	Emotional Intelligence	Srimathi Indira Gandhi College, Trichy
284	01 April 2022	Classroom Behaviour Management	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
285	09 April 2022	Mindfulness Eating	Yellow Pond Counselling and Wellness Centre, Madurai
286	10 April 2022	Mindfulness JPMR	Yellow Pond Counselling and Wellness Centre, Madurai
287	14 April 2022	Neuroscience of Love	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
288	28 April 2022	Mindfulness Assessments	National Seminar sponsored by ICSSR organised by Mohamed College Ramanathapuram
289	29 April 2022	Self Compassion	National Level Symposium St. Mary's College, Tuticorin
290	05 May 2022	Foundation of Psychology	Swayam Prabha IGNOU LIVE Session, Regional Centre Madurai
291	07 May 2022	Neuroscience of Gaming Addiction	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
292		Neuroscience of Hope	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
293	08 May 2022	Relationship Detox	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
294	09 May 2022	Memory Techniques	Mental Health Webinar Series, Department of Psychology, The American College, Madurai

295	10 May 2022	Memory	Swayam Prabha IGNOU LIVE Session, Regional Centre Madurai
296	10 May 2022	Sensation and Perception	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
297	11 May 2022	Emotional Wellness	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
298	12 May 2022	Emotions	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
299	12 May 2022	Emotional Wellbeing	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
300	13 May 2022	Mindfulness	Department of Economics, The American College Madurai
301	13 May 2022	Emotional Wellbeing	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
302	14 May 2022	Emotional Wellbeing	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
303	15 May 2022	Emotional Wellbeing	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
304	16 May 2022	Emotional Wellbeing	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
305	20 May 2022	Emotional Wellbeing	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
306	20 May 2022	How to select an appropriate therapeutic technique?	Deccan Positive Mental Health Group in association with Yellow Pond India
307	21 May 2022	Happy Mind set	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
308	23 May 2022	Brain Training	YSSP organised by The American College, Madurai
309	24 May 2022	Emotional Wellbeing	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
310	25 May 2022	Brain Training	YSSP organised by The American College, Madurai

311	26 May 2022	Happiness	Tamil Nadu Police Department and MS Chellamuthu Trust, Madurai organised Police refresher Programme
312	29 May 2022	Career Profiling	Tamil Nadu Career Counsellors Association
313	04 June 2022	Nature and Emotional Wellbeing	World Congress on Environment, Climate, Food, Agriculture and Health 2022
314	04 June 2022	Non Violent Communication	CSI Synod and MSCT
315	05 June 2022	Non Violent Communication	CSI Synod and MSCT
316	06 June 2022	Motivation and Emotion	Swayam Prabha, IGNOU Regional Centre Madurai
317	08 June 2022	Motivation and Emotion	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
318	10 June 2022	Only one Earth	The Institute of Engineers (India) Tamil Nadu State Centre
319	17 June 2022	Cyber Anxiety	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
320	14 June 2022	Neuroscience of Stress	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
321	25 June 2022	Neuroscience of Memory	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
322	25 June 2022	Career Planning Process	Tamil nadu Career Counsellors Association
323	30 June 2022	Neuroscience of Motivation	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
324	09 July 2022	Research Instrument Develop	JACON - CSI Jayaraj Annapackiam College of Nursing and Allied Health Sciences, Pasumalai
325	11 July 2022	Introduction to Theories of Counselling and Psychotherapy	DMI St Eugene University, Malawi
326	15 July 2022	Neuroscience of Self Control	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
327	18 July 2022	Counselling process and Skills	DMI St Eugene University, Malawi
328	25 July 2022	Telecounseling	DMI St Eugene University, Malawi

329	26 July 2022	Neuroscience of Self Esteem	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
330	30 July 2022	Mindfulness	Organised by Ilakku Foundation Madurai at Dhan People Academy, Nagamalai Pudukottai, Madurai
331	30 July 2022	Emotional Wellness	Organised by Ilakku Foundation Madurai at Dhan People Academy, Nagamalai Pudukottai, Madurai
332	31 July 2022	Personal and Emotional Management	Organised by Ilakku Foundation Madurai at Dhan People Academy, Nagamalai Pudukottai, Madurai
333	31 July 2022	Emotional Intelligence	Organised by Ilakku Foundation Madurai at Dhan People Academy, Nagamalai Pudukottai, Madurai
334	01 August 2022	Crisis Counselling	DMI St Eugene University, Malawi
335	07 August 2022	Body Image	Ilakku Foundation Madurai
336	08 August 2022	Mindful Learning	Department of Information Technology, The American College, Madurai
337	08 August 2022	Vocational and Career Counselling	DMI St Eugene University, Malawi
338	10 August 2022	Mindful Learning	Department of Information Technology, The American College, Madurai
339	10 August 2022	Psychometry1	TNOU, MS Chellamuthu Institute of Mental Health
340	11 August 2022	Psychometry2	TNOU, MS Chellamuthu Institute of Mental Health
341	12 August 2022	Psychometry3	TNOU, MS Chellamuthu Institute of Mental Health
342	12 August 2022	Mindful Learning	Department of Commerce, The American College, Madurai
343	13 August 2022	Youth Mental Health	Department of Commerce, The American College, Madurai
344	13 August 2022	Youth Mental Health	Sacred Heart Degree College for Women, Department of Humanities. Bangalore
345	15 August 2022	Freedom From Internet Addiction	Tamil Nadu Counsellors and Psychotherapist Association

346	19 August 2022	Mental Health of Teachers	Kerala University College of Teacher Education, Nedumangad, Kerala
347	25 August 2022	Systemic Family Therapy	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
348	26 August 2022	Love - Positive Emotion	Deccan Positive Mental Health and Yellow Pond Counselling and Wellness Centre
349	27 August 2022	Positive Psychotherapy	Unique Psychological Services, Delhi
350	06 Sep 2022	Counselling and Mentoring on Students' Vision of Life and Society	Sri Meenakshi Government College for Women Department of Commerce and IQAC, Madurai
351	16 Sep 2022	Soft Skills and Emotional Wellness	B.Voc Data Science, The American College., Madurai
352	21 Sep 2022	Mindfulness Practices	Sakthi College of Teacher Education & Research, Ottanchatram
353	23 Sep 2022	Positive Psychotherapy	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
354	24 September 2022	Stress Management	Kerala University College of Teacher Education, Nedumangad, Kerala
355	25 Sep 2022	Mindfulness Training and Career Planning	Unbound NGO International
356	28 Oct 2022	Escapism	Dubai Model Indian School
357	29 Oct 2022	Gestalt therapy	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
358	20 Nov 2022	Colour Breathing	Yellow Pond
359	22 Nov 2022	Neuroscience of Hope	Deccan Positive Mental Health
360	24 Nov 2022	Neuroscience of Amusement	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
361	18 December 2022	Sangam Therapy	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
362	24 December 2022	Adlerian technique - Spitting in the soup	Yellow Pond Counselling Centre, Madurai

363	25 December 2022	Adlerian technique - Role Playing	Yellow Pond Counselling Centre, Madurai
364	28 December 2022	Candle Caze Technique	Yellow Pond Counselling Centre, Madurai
365	29 December 2022	Chess Game - A therapeutic technique for concentration	Yellow Pond Counselling Centre, Madurai
366	30 December 2022	Autogenic Training for relaxation	Yellow Pond Counselling Centre, Madurai
367	31 December 2022	Climate Change on Mental Health	Nammalvar Iyargai Vivasayigal Ammaibbu
368	07 January 2023	Stop Thought Techniques	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
369	10 January 2023	Experimental Psychology	Lakshmi College of Education, Gandhigram
370	12 January 2023	Mental Health of Children	Mental Health Webinar Series, Department of Psychology, The American College, Madurai
371	24 January 2023	Evidence based practices in Higher Education	VELS University, Chennai
372	03 February 2023	CBT	MSSW, Chennai
373	06/02/2023	Cognitive restructuring - A CBT technique	TNCPA
374	07/02/2023	Positive Psychotherapy	MSSW Chennai
375	10/02/2023	Self Esteem A magic wand for real success	Mental Health Webinar Series
376	20/02/2023	Natrinai Counselling techniques for better relationship	Mental Health Webinar Series
377	25 February 2023	Natrinai for better relationship	World peace and Harmony, UK
378	27 February 2023	Exercise and Academic	Queen Mira international School, Madurai
379	1 March 2023	Who is a Psychologist?	Yellow pond International
380	03/03/2023	Natrinai for better Relationship	Mental Health Webinar Series
381	06/03/2023	Psychologist Myths and Facts	Mental Health Webinar Series
382	10/03/2023	Psychometry	Yellow pond International

383	11 March 2023	Psychology of Criminal behaviour	Anugraha College, Dindigul
384	12/03/2023	Crime against Women	Anugraha College, Dindigul
385	13/03/2023	Crime against Children	Anugraha College, Dindigul
386	14/03/2023	Suicide	Anugraha College, Dindigul
387	15/03/2023	Homicide	Anugraha College, Dindigul
388	15 March 2023	Selection of Appropriate Statistics	Yellow Pond International
389	24/03/2023	Neuroscience of Pride	Mental Health Webinar Series
390	23 March 2023	Gestalt Therapy	Yellow Pond International
391	26 March 2023	Mindfulness for Child Care Professionals	Vidiyal Trust Madurai
392	25 March 2023	Mindfulness for Teachers	St. Xavier's College Palayamkottai
393	14/04/2024	Sangam Wellbeing Strategies	Mental Health Webinar Series
394	29/04/2023	The secret ingredients of Happiness and Success	Mental Health Webinar series
395	07/05/2023	Parenting during vacation	New Horizon International School, Kanyakumari
396	10/05/2023	Kurunthogai for Wellbeing	World peace and Harmony, UK
397	12/05/2023	Spirituality and mental health	Deccan positive mental health
398	17/05/2023	Mindfulness	Selvam Matriculation School Namakkal
399	19/05/2023	Mindfulness	ABC Kids School, Namakkal
400	19/05/2023	Mindfulness	Mohamed Sathak Dasthagir Teacher Training College
401	21/05/2023	Positive Psychology	Brahma Kumaris Spiritual University, Manipur International University
402	22/05/2023	Neuroscience of Mindfulness	Brahma Kumaris Spiritual University, Manipur International University
403	24/05/2023	Selection of Appropriate Statistics	Brahma Kumaris Spiritual University, Manipur International University
404	02/06/2023	How psychology help HR professionals in dealing with stakeholders?	HR business Circle, Swift HR World

405	03/07/2023	Career Decision Making	Nagarathinam Angalamman Arts and Science College
406	05/07/2023	Emotional Wellbeing	UK Forum
407	07/07/2023	Emotional Intelligence	Department of Zoology, The American College
408	10/07/2022	Emotional Intelligence for Academic Success	Department Commerce, Madonna College
409	01/07/2023	Sangam Therapy	Yellow Pond International
410		How to select a Research Problem?	Texila American University
411	22 July 2023	Mindfulness for Happiness	Mental health webinar series, The American College, Madurai
412	22 July 2023	Emotional Intelligence FDP	Madurai Gandhi NMR Subbaraman College for Women
413	22 July 2023	Mindfulness for Youth	Sudar NGO, CESC
414	23 July 2023	Resilience	Sudar NGO, CESC
415	23 July 2023	Self Awareness	Sudar NGO, CESC
416	23 July 2023	Emotional Wellbeing of Employees	Mental health webinar series
417	25 July 2023	Emotional intelligence for Youth	Naan mudhalvan Training of Tamil Nadu at Bharathiar University
418	25 July 2023	Emotional Wellbeing for Teacher	Naan mudhalvan Training of Tamil Nadu at Bharathiar University
419	26 July 2023	Emotional Wellbeing for Computer Science Teacher	Naan mudhalvan Training of Tamil Nadu at Bharathiar University
420	26 July 2023	Emotional Wellbeing for Teacher	Naan mudhalvan Training of Tamil Nadu at Bharathiar University
421	26 July 2023	Emotional Wellbeing for Teacher	Naan mudhalvan Training of Tamil Nadu at Bharathiar University
422	1 August 2023	Family Dynamics	Mental health webinar series, The American College, Madurai
423	05 August 2023	Spitting in the Soup	Yellow Pond International
424	11 August 2023	Stress Management to DEO's	SCERT, Tamil nadu
425	12 August 2023	Positive Parenting	Little Millenium School, Madurai

426	15 August 2023	Wellbeing	Art of Giving Trust, Tamil Nadu
427	15 August 2023	Wellbeing and Parenting Tips	Redpond Academy Play School, Madurai
428	11 August 2023	Emotional Intelligence	PG, Department of Commerce, The American College, Madurai
429	18 August 2023	Power of Subconscious Mind	Deccan Positive Mental Health, Hyderabad
430	21 August 2023	Structural Family Therapy	Yellow Pond International
431	25 August 2023	Counselling	MKU, Faculty Development programme
432	26 August 2023	Parenting - Special and Normal children	MSCTRF, Bhodhi Campus, Alagar Koil, Madurai
433	30 August 2023	Counselling	HRDC, Madurai Kamaraj University
434	31 August 2023	Classroom Room Management	HRDC, Madurai Kamaraj University
435	01 Sep 2023	Emotional Wellbeing	Australian Group
436	13 Sep 2023	Eden Workshop on Research Methodology	Texila American University
437	15 September 2023	Where Do I start? and How Do I find the right Topic?	Brahma Kumaris, CARE Mount Abu, Rajasthan
438	16 September 2023	Research Title	Brahma Kumaris, CARE Mount Abu, Rajasthan
439	27 October 2023	Selection of Appropriate statistical Techniques	Lady Doak College Madurai
440	8 October 2023	AI assisted Counselling for Anxiety	TNCPA
441	13 October 2023	Mental Health	Mount Zion College of Nursing
442	14 October 2023	Positive Mental Health	Bhavan Gandhi CBSE school Kodaikanal
443	14 October 2023	Mindfulness and Parenting	Bhavan Gandhi CBSE school Kodaikanal
444	15 October 2023	AI in Psychotherapy	Mental Health Webinar Series
445	10 October 2023	Mental Health is Universal Human Right	TNCPA

446	15 October 2023	Mindfulness and Emotional Well-being	Mahsa Universityface and The American College Madurai
447	28 October 2023	Psychological Wellbeing of Teacher	Islamiyah School Kilakarai
448	5/11/2023	Psychological Wellbeing of Teacher	Mount Zion Engineering College, Pudukottai
449	12 November 2023	Happiness Strategies	BOMMIDI GHSS Alumni Association 1982 - 1987
450	13 November 2023	AI assisted strategies for OCD	Mental Health Webinar Series
451	14 November 2023	Family Dynamics	Yellow Pond Academic
452	16 November 2023	Assessments in Family Counselling	Yellow Pond Academic
453	24 November 2023	Sangam Therapy	Mental Health Webinar Series
454	29 November 2023	AI supported worksheets for Depression	Mental Health Webinar Series
455	26 November 2023	Foundations of Counselling Centre	Yellow Pond Counselling and Wellness Centre
456	1/12/2023	Ethics in Psychological Practices	Mental Health Webinar Series
457	2/12/2023	Psychological Welbeing of Youth	Lakshmi College of Education, Dindigul
458	5/12/2024	Self Compassion	Mental Health Webinar Series
459	21/122023	Evidence based Practices in Parenting	Mental Health Webinar Series
460	26/12/2024	Power of Self Esteem	Mental Health Webinar Series
461	07/01/2024	Leadership Skills	Ilakku Foundation, Madurai
462	07/01/2024	Neuroscience of Altruism	Mental Health Webinar Series
463	08/01/2024	Emotional Wellbeing of Teachers	Vivekananda College, Madurai
464	11/01/2024	Wellbeing	Mental Health Webinar Series
465	14/01/2024	CBT	Tamil Nadu Counsellors and Psychotherapist Association
466	21/01/2024	CBT	Deccan Positive Mental Health
467	23/01/2024	Mindfulness	Department of Psychology, MS University, Thirunelveli

468	02/02/2024	Resilience: A Psychological Immunity	Mental Health Webinar Series
469	03/02/2024	Neuroscience of Self Control	Mental Health Webinar Series
470	08/02/2024	AI in Behavioral Sciences - International Conference on Artificial Intelligence in Higher Education Trends and Prospects.	Sakthi College of Education, Sakthi College of Teacher Education and Research
471	15/02/2024	Awareness on Sex Education	NSS Camp Students of Vellaisamy Nadar College, Nagamalai Puthukottai, Madurai
472	17/02/2024	AI in Behavioral Sciences	UGC-MMTTC, Bharathiar University, Coimbatore
473	19/02/2024	Neuroscience of Self Regulation	Mental Health Webinar Series
474	24/02/2024	Innovative Approaches to Suicide Prevention	MS University, Vadodara, Gujarat
475	06/03/2024	AI in Therapy	Mental Health Webinar Series
476	09/03/2024	Introduction to Counseling Psychology	Texila American University - Guyana Campus
477	10/03/2024	Introduction to Clinical Psychology	Texila American University - Guyana Campus
478	13/03/2024	Introduction to Spiritual Psychology	CARE - Centre for Academic Research and Education, Mount Abu, Rajasthan
480	15/03/2024	Mindfulness for Higher Education Teachers International Conference on Higher Education	Alagappa University
481	16/03/3024	Counselling - Principles, Types, and Process	Texila American University, Guyana
482	16/03/2024	Spiritual Psychology	CARE - Manipur International University Online Session
483	17/03/2024	Psychodynamic Therapy	Texila American University, Guyana
484	17/03/2024	Forgiveness	CARE - Manipur International University Online Session
485	18/03/2024	Transpersonal Psychology	CARE - Manipur International University Online Session
486	19/03/2024	Spiritual Wellbeing	CARE - Manipur International University Online Session
487	23/03/2024	Career Counselling	Beaula Matriculation School, Valparai
488	26/03/2024	Paripadal Wellbeing Strategies	Mental Health Webianr Series

489	27/03/2024	Neuroscience of Spiritual Wellbeing	PSSM Global London
490	31/03/2024	Assessments and Diagnosis in Clinical Psychology	Texila American University, Guyana
491	31/03/2024	Ethics in Counselling and Psychotherapy	Texila American University, Guyana
492	10/04/2024	Career Counselling	Government School Theni
493	08/05/2024	How to avoid Negative Thoughts and people	Mental Health Webinar Series
494	11/05/2024	What Next?	Deccan Positive Mental Health
495	12/05/2024	What Next?	Deccan Positive Mental Health
496	13/05/2024	How to overcome an emotional pain in life?	Mental Health Webinar Series
497	01/06/2024	Neuroscience of Self Blaming	Mental Health Webinar Series
498	05/06/2024	Scientific Way to recover from trauma	Mental Health Webinar Series
499	07/06/2024	Trends in Family Counselling	Mental Health Webinar Series
500	27/06/2024	Sex Addiction and Brain	Mental Health Webinar Series
501	02/07/2024	Career Planning	Department of History, The American College, Madurai
502	5/07/2024	Neuroscience of Self Regulation	Mental Health Webinar Series
503	11/07/2024	Mindfulness Induction Programme	Ambika College of Arts and Science, Madurai
504	15/07/2024	Neuroscience of Internet Addiction	Mental Health Webinar Series
505	20/07/2024	Emotional Wellbeing of Teachers	Mohamed Sathak Polytechnic College, Keelakarai
506	20/07/2024	Emotional Wellbeing of Teachers	Mohamed Sathak Kamid College of Arts and Science for Women, Ramnad
507	21/07/2024	Leadership Training	Ilakku Foundation
508	03/08/2024	Trust Building	CARE Centre, Madurai
509	6/08/2024	Happiness	Madurai Divisional LIC Agents Association
510	10/08/2024	Emotional Wellbeing for Teachers	Mohamed Sathak Dastagir Matriculation and CBSE School, Ramnad
511	16/08/2024	Research methodology	CARE, Mount Abu, Rajasthan

512	17/08/2024	Application of Statistical Analysis	CARE, Mount Abu, Rajasthan
513	19/08/2024	Neuroscience of Social Media Addiction	Mental Health Webinar Series
514	23/08/2024	Impact of Social Media Addiction	Mental Health Webinar Series
515	29/08/2024	Neuroscience of Cyber Anxiety	Mental Health Webinar Series
516	1/09/2024	Neuroscience of Cyber Intimacy	Mental Health Webinar Series
517	12/09/2024	Neuroscience of Adjustment	Mental Health Webinar Series
518	17/09/2024	Neuroscience of Pride	Mental Health Webinar Series
519	20/09/2024	Suicide Prevention	Thiagarajar College of Preceptor, Madurai
520	07/10/2024	Mental Health of Elderly	Department of Psychology, Madurai Kamaraj University
521	17/10/2024	Mental Health and Workplace	
522	4/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
523	7/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
524	8/11/2024	Kurunthogai Therapeutic Techniques	Mental Health Webinar Series
525	11/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
526	14/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
527	15/11/2024	Mindful Reading	Thiagarajar College of Preceptor, Madurai
528	17/11/2024	Mindful Listening	Mental Health Webinar Series
529	18/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
530	19/11/2024	Emotional Wellbeing of Students	Mount Zion College of Engineering, Puthukottai
531	21/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
532	25/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
533	25/11/2024	Positive Psychology	Mindcrafts India
534	27/11/2024	Neuroscience of Flow and Flourishing	Mental Health Webinar Series

535	28/11/2024	Stress Management to Head Masters	Department of School Education, Government of Tamil Nadu
536	29/11/2024	Soft Skills Training - Problem Solving and Decision Making	National Institute of Food Technology, Entrepreneurship and Management, Thanjavur (NIFTEM-T)
537	30/11/2024	Stress Management	National Institute of Food Technology, Entrepreneurship and Management, Thanjavur (NIFTEM-T)
538	10/12/2024	AI in Family Therapy	Mental Health Webinar Series
539	17/12/2024	Acceptance and Commitment Therapy	Mental Health Webinar Series
540	22/12/2024	Mental Health of Children of Screen Addiction	Mental Health Webinar Series
541	22/11/2024	Professional Competencies of Clinical psychologist	TAU Guyana
542	23/11/2024	Ethics in Clinical Setting	TAU Guyana
543	30/11/2024	Ethical Issues in Therapy	TAU Guyana
544	7/12/2024	Multiple Relationship	TAU Guyana
545	14/12/2024	Confidentiality	TAU Guyana
546	17/12/2024	Acceptance and Commitment Therapy	Mental health Webinar Series
547	31/12/2025	Password for Life Happiness	Mental health Webinar Series
548	5/01/2025	Honesty	Mental health Webinar Series
549	6/01/2025	Life Satisfaction	Mental health Webinar Series
550	18/01/2025	Truthfulness	Mental health Webinar Series
551	21/01/2025	Neuroscience of Creativity	Mental health Webinar Series
552	25/01/2025	Holistic Development in Education	KSR College of Education, Tiruchengode
553	28/01/2025	Statement Writing for Psychometric Scale	Patrician College, Chennai
554	03/02/2025	Stress Management	School Education Department, Tamil Nadu