

Name: Dr. J. GRACIA., M.Sc., M.Phil., Ph.D., B.Ed.,

Designation: Assistant Professor

Department: Food Science and Nutrition

Date of Joining: 16/07/2019

Phone: 9488764164

Email: gracia@americancollege.edu.in

drigracia@gmail.com



Educational Qualification:

Degree	Subject	School/ College/ University	Year of Passing
SSLC	-	L.M.S Girls Higher Secondary School, Neyoor, Kanyakumari District	2001
H.Sc	Science	L.M.S Girls Higher Secondary School, Neyoor, Kanyakumari District	2004
B.Sc	Nutrition and Dietetics (Regular)	Muslim Arts College, Thiruvithancode Kanyakumari District/ Manonmanim Sundaranar University, Tirunelveli	2007
M.Sc	Nutrition and Dietetics (Regular)	Muslim Arts College, Thiruvithancode Kanyakumari District/ Manonmanim Sundaranar University, Tirunelveli	2009
M.Phil	Food Science and Nutrition (Regular)	Periyar University, Salem	2010
Ph.D	Food Science and Nutrition (Regular)	Periyar University, Salem	11.12.2015
B.Ed	Home Science	Muslim College of Education, Thiruvithancode Kanyakumari District / TNTEU, Chennai	

Specialization in Teaching:

Food Science, Therapeutic Diet, Dietetics, Nutrition Science, Family Resource Management, Food Service Management, Human Physiology

Specialization in Research:

Formulation of Food products

Research Interests: Clinical Nutrition, Indian Traditional foods,

Other Work Experience:

Designation	Institution	Year From - To
Lecturer (Full Time)	Sardar Rajas College of Nursing, Kavalkinaru, Thirunelveli.	07.02.2011 to 30.09.2011
Lecturer (External)	Sardar Rajas College of Nursing, Kavalkinaru, Thirunelveli.	01.10.2011 to 30.04.2012
Assistant Professor (Full Time)	Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode.	07.07.2015 to 30.07.2019
Assistant Professor (Full Time)	Department of Food Science and Nutrition, The American College, Madurai	16.07.2019 to Till date
Coordinator	Department of Food Processing and Preservation, B.Voc / M.Voc Degree Programme, The American College, Madurai	08.02.2021 to Till date

Membership in Professional Bodies:

Sl. No	Details
1	Board member for PG syllabus in the Department of Nutrition and Dietetics BOS, Sadak Athullahappa College, Thirunelveli from 2021.
2	Subject Expert for constructive feedback of the syllabus for UG syllabus in the Department of Food Science and Nutrition BOS, Holy Cross Home Science College, Thoothukudi from 2022.
3	Subject Expert for constructive feedback of the syllabus for PG syllabus in the Department of Food Science and Nutrition BOS, Holy Cross Home Science College, Thoothukudi from 2022.

Articles Published in International Journals:

Sl. No	Journal name	Organized by	Date	Title of the Article
1	International Journal of Current Science	Vol.9, 050-057, ISSN: 0975-833X	October 2010	Optimization of Sun-Dried <i>Moringa olifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology
2	International Journal of Food and Nutritional Sciences (IJFANS)	Vol.2, Iss.3, 66-73 ISSN: 2320-7876	September 2013	Optimization of Oven-Dried <i>Moringa olifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology
3	International Journal of Agricultural and Food Science, Universal Research Publications	4(3), 100-105. ISSN: 2249-8516	September 2014	Optimization of Fiber Rich Barnyard Millet Bran Cookies Using Response Surface Methodology
4	International Journal of Innovative Research in Science, Engineering and Technology,	Volume 3, Issue 9, 16041-16048. ISSN: 2319-8753	September 2014	Application of Response Surface Methodology in the development of Barnyard Millet Bran incorporated Bread
5	International Journal of Scientific Research in Science and Technology	ISSN: 2395-602X Vol.8, Issue 3, Pg 498-502. May-June 2021	June 2021	Formulation of Pulka using citrus Limon peel
6	International journal of recent scientific research	ISSN: 0976-3031 Vol 12, Issue 06(D) pp42118-421120 June 2021	June 2021	Value addition of Carmel Toffee using powdered Psidium guajava leaf for its marvelous health effect

7	International Journal of Scientific Research in Science and Technology,	Volume 9, Issue 1, p250-255 ISSN: 2395-602X	February 2022	Formulation of Healthy cucurbita maxima seed incorporated milkshake
---	---	--	---------------	---

Articles Published in National Journals:

Sl. No	Journal name	Organized by	Date	Title of the Article
1	Journal of Teacher Learner and Society,	Volume 14, Number 3, 173-179. ISSN: 2348-8409	May 2018	Brain Development and Memory Power Improvement in Adolescent by using Kalmi Dates (<i>Phoenix dactylifera</i> L)
2	Journal of Teacher Learner and Society,	Volume 14, Number 3, 186-191. ISSN: 2348-8409	May 2018	Formulation of Idly for the Prevention of Osteoporosis using <i>Cissus quadrangularis</i> Linn
3	Journal of Teacher Learner and Society,	Volume 14, Number 3, 192-198. ISSN: 2348-8409	May 2018	Enhancement Of Snacky Food Using Jackfruit (<i>Arthocarpus heterophyllus</i>) For School Children
4	Journal of Teacher Learner and Society,	Volume 19, Number 2, 386-391. ISSN: 2348-8409	March 2019	<i>Raphanus sativus</i> L and its protective effect
5	Journal of Emerging Technologies and Innovative Research (JETIR)	Volume 9, Issue 2, pB810-813 ISSN: 2349-5162	February 2022	Nutrient Analysis of Ipomoea Batatas Flour and Sensory Property of the Formulated Product

Conference / Seminar Presentations:

Sl. No	Topic	Organized by	Date	Presented paper / poster
1	Formulation and Physio-chemical Analysis of Kodomillet Based Paniyaram	National Conference on Emerging Trends and Opportunity in Food Processing Sector, M.O.P Vaishnav College for Women, Chennai	29.1.2010 and 30.1.2010 (2 days)	Poster
2	Development and Quality Evaluation of Kodomillet Based Fermented	National Seminar on Food and Nutritional Challenges and Prospects in Human Health, Department of Food Science, Periyar University, Salem	24.2.2010 and 25.2.2010 (2 days)	Poster
3	Optimization of <i>Moringa oleifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology	International Conference on Food Technology, Thanjavur	30.10.2010 and 31.10.2010 (2 days)	Poster
4	Magic of <i>Moringa oleifera</i>	National Conference on Emerging Trends in Biotechnological Approaches for Infectious Disease	29.11.2010 (1 day)	Poster

		Management”, “BAID-2010” Department of Biotechnology, Periyar University, Salem		
5	Process Optimization for Formulation of Chappathi using Response Surface Methodology	National Conference on Biotechnology, Bioinformatics and Bioengineering, Hotel Adiyamaan Palace, Dharmapuri	17.12.2020 and 18.12.2010 (2 days)	Oral
6	Optimization of Shade Dried <i>Moringa olifera</i> Flower Incorporated Chappathi using Response Surface Methodology	International Conference on Food and Nutraceuticals for Nutrition and Health: Technology and Delivery (ICFAN-2011), Department of Food Science, Periyar University, Salem	20.1.2011 to 22.1.2011 (3 days)	Poster
7	Application of Response Surface Methodology in the optimization of dehydrated drumstick flower for the preparation of Chappathi	International Symposium on Functional foods and Health (ISFAH-2011), Department of Food Science, Periyar University, Salem	19.11.2011 (1 day)	Poster
8	Optimization of <i>Moringa</i>	National	27.1.2012	Poster

	<i>olifera</i> Flower Incorporated chappathi	Conference on Recent Trends in Food Processing and Health Scenario in India, NUTRIPRO '12', Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode	(1 day)	1st prize
9	Nanomaterials and its application in Food	National Conference on Advanced Nanomaterials, Centre for Nanoscience and Nanotechnology, Periyar University, Salem	6.2.2012 and 7.2.2012 (2 days)	Poster
10	Drumstick Flower Chappathi	National Conference on Tamilnadu Science Federation conducting the 12 th Conference, Periyar University, Salem and Suthasy Science Association, Karaikudy	23.8.2012 to 25.8.2012 (3 days)	Oral
11	Food Encapsulation	International Conference on Food Technology for Health Promotion ICFTHP-2012, IIFANS at Auditorium, SSS-1, Jawaharlal Nehru University, New Delhi, India	27.12.2012 and 28.12.2012 (2 days)	Poster
12	Optimization of <i>Allium cepa</i>	3 rd Incoftech-2013	4.1.2013 and	Poster

	Flower Fortified Savory Snack using Response Surface Methodology	International Conference on Food Technology “Food Processing Technologies – Challenges and Solutions for sustainable Food Security, conducted at Indian Institute of Crop Processing Technology, Thanjavur, India. ISBN: 978-81-926250-3	5.1.2013 (2 days)	
13	Health Benefits and Encapsulation of Cumin seed	National Conference on Food Processing and Technology for Health Progression – NCFPTH-2013, Department of Food Science, Periyar University, Salem	9.1.2013 and 10.1.2013 (2 days)	Poster
14	Application of Nanotechnology in the Food Industry	National Conference on Implications and Intervention of Phytomedicine in Disease Management – IIPDM-2013, Department of Biochemistry, Periyar University, Salem	18.2.2013 and 19.2.2013 (2 days)	Poster
15	Formulation and Quality Evaluation of Papaya Pulp Added Probiotic Yogurt	National Seminar on Current trends in Bionanotechnology – CTBBN-2013,	11.3.2013 (1 day)	Poster

		Department of Biotechnology and Botany, Periyar University, Salem		
16	Optimization of <i>Allium Cepa</i> Flower Fortified Habitual Food Using Response Surface Methodology	International Conference on Technological Advances in Super Foods for Health Care – ICTASH-2013, International Institute of Food and Nutritional Science IIFANS, New Delhi and Bharathidasan Government college for women, Puducherry	3.5.2013 and 4.5.2013 (2 days)	Poster
17	Barnyard Millet – Poor man’s Cereal	International Conference on Food Technology: Impact on Nutrition and Health (ICFIN – 2013), International Institute of Food and Nutritional Science IIFANS, New Delhi	23.12.2013 and 24.12.2013 (2 days)	Poster
18	Anti-Nutritional Analysis of Processed Bran	International Conference on Updated Food Technology: A Challenge towards Public Health Nutrition, International Institute of Food and Nutritional Science IIFANS, New Delhi	7.5.2014 and 8.5.2014 (2 days)	Poster
19	Comparative Study of Bran Incorporated Foods on	International Conference on	15.10.2014 to	Poster

	Glycemic Indices	Physiology and Medicine – 2014, Department of Zoology, Periyar University, Salem	17.10.2014 (3 days)	
20	Anti-Nutrient in Fresh and Dried Carrots	National Seminar on Fruition of Nutri-Hospitality NH-16, Department of Hotel Management and catering science and Nutrition and Dietetics, Udaya college of arts and science, Vellamodi ISBN 978-93-8577-10-7.	13.4.2016 (1 day)	Oral
21	Barnyard Millet bran and its Utilization in Food Formulation	National Seminar on Miracle Grain Millets for Healthy Living (NSMGM-2016), Department of Nutrition, White Memorial College of Nursing, Attoor.	19.4.2016 (1 day)	Poster Ist Prize
22	Nutritious Sardine Fish Cutlet	National Seminar on Healthy Hospitality Ordinem (H ₂ O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	7.10.2016	Oral IIst Prize
23	Formulation of Sandwich using Sardine Fish	National Seminar on Healthy Hospitality Ordinem (H ₂ O) at Immanuel Arasar College of	(1 day)	Poster

		Hotel Management and Aviation, Edavilagam, Marthandam		
24	Nutrition during Stress	National Seminar on Healthy Hospitality Ordinem (H ₂ O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	7.10.2016	Poster
25	The Goodness of Sardine Fish	National Seminar on Healthy Hospitality Ordinem (H ₂ O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	(1 day)	Poster
26	Beat Stress by Food	National Seminar on Healthy Hospitality Ordinem (H ₂ O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	7.10.2016	Poster
27	Be Heart Healthy	National Seminar on Healthy Hospitality Ordinem (H ₂ O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	(1 day)	Poster

28	Nutrition and Healthy Eating for Kids	National Seminar on Healthy Hospitality Ordinem (H ₂ O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	7.10.2016	Poster
29	Sardine Fish Cutlet as a Healthy Functional Food	National Seminar on Nutritional Management in Metabolic Syndrome, Department of Nutrition and Dietetics with Computer Application, Sri S Ramasamy Naidu Memorial College, Sattur	8.2.2017 (1 day)	Oral
30	Sardine Fish Biryani – The Good Source of Anti-oxidant	National Seminar on Nutritional Management in Metabolic Syndrome, Department of Nutrition and Dietetics with Computer Application, Sri S Ramasamy Naidu Memorial College, Sattur	8.2.2017 (1 day)	Oral
31	Prevention of Anaemia and Pubertal Problems in Adolescent by Kelmi Dates	Eight National Conference of Teacher Educators, Kanniyakumari Academy of Arts and	20.4.2018 (1 day)	Oral

		Sciences (KAAS) and R.P.A College of Education, Mamootukadai		
32	Development, Quality evaluation and Sensory acceptability of multi-millet fortified with carrot, soya and beetroot powder	Eight National Conference of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	20.4.2018 (1 day)	Oral
33	Mudakkathan Leaves (<i>Cardiospermumhalicababum</i>) For Arthritis And Nutrition Education Among SHG (Self Help Group) Women	Eight National Conference of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	20.4.2018 (1 day)	Oral
34	Prevention of Osteoporosis and Rickets Using <i>Cissus Quadrangularis Linn</i>	Eight National Conference of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	20.4.2018 (1 day)	Oral
35	Enhancement Of Snacky Food (Cutlet) Jackfruit (<i>Artocarpus Heterophyllus</i>) For School Children	Eight National Conference of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	20.4.2018 (1 day)	Oral

36	Development Of Learning Skill In Adolescent (13-18 Years) Girls By Consuming Kalmi Dates (Phoenix <i>Dactylifera</i> L.)	Eight National Conference of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	20.4.2018 (1 day)	Oral
37	Development And Supplimentation Of Green Soup Powder For School Going Children (9 -11 Years)	Eight National Conference of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	20.4.2018 (1 day)	Oral
38	Brain Development and memory powder Improvement in Adolescent by using Kalmi Dates	International Conference on Dream Innovative and Be Reflective, Journal of Teacher Learner and society TeLeS vol-14, No.3 ISSN: 2348-8409	3.5.2018 and 4.5.2018 (2 days)	Oral
39	Enhancement of snacky food Jackfruit for school children	International Conference on Dream Innovative and Be Reflective, Journal of Teacher Learner and society TeLeS vol-14, No.3 ISSN: 2348-8409	3.5.2018 and 4.5.2018 (2 days)	Oral
40	Formulation of idly for the prevention of osteoporosis using <i>Cissus Quadrangulis</i> Linn	International Conference on Dream Innovative and Be Reflective, Journal of Teacher Learner and society	3.5.2018 and 4.5.2018 (2 days)	Oral

		TeLeS vol-14, No.3 ISSN: 2348-8409		
41	Enhancement of nutrient and formulation of recipe using <i>Cardiospermum halicacabum</i> leaves for arthritis	National Seminar on Bringing you – Nutri Vision Healthy Eating for Longevity, Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli ISSN: 978-81- 938054-3-5	18.9.2018 (1 day)	Oral
42	Effect of stress in human	National Seminar on Bringing you – Nutri Vision Healthy Eating for Longevity, Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli ISSN: 978-81- 938054-3-5	18.9.2018 (1 day)	Oral
43	Sardine Fish for healthy living	National Seminar on Bringing you – Nutri Vision Healthy Eating for Longevity, Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli ISSN: 978-81- 938054-3-5	18.9.2018 (1 day)	Oral
44	Formulation of biscuit using <i>Arthocarpus heterophyllus</i>	National Seminar on Bringing you – Nutri Vision Healthy Eating for Longevity, Department of	18.9.2018 (1 day)	Oral

		Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli ISSN: 978-81-938054-3-5		
45	Formulation of barnyard millet fortified product	National Seminar on Bringing you – Nutri Vision Healthy Eating for Longevity, Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli ISSN: 978-81-938054-3-5	18.9.2018 (1 day)	Oral
46	Formulation of product using unripe <i>Arthocarpus heterophyllus</i> for its effect on reducing blood glucose	International Seminar on Cancer: Diet, life style links and newer management, Holy Cross Home Science College, Thoothukudi	8.2.2019 (1 day)	Oral
47	Exploration of nutrient value in <i>Cardiospermum halicacabum</i> L (Mudakathan) leaf powder	National Conference on Current Trends in Biological Sciences, Department of Botany, St.Xaviers College, Palayamkottai	13.3.2019 and 14.3.2019 (2 days)	Oral
48	<i>Raphanus sativus</i> L and its protective effect	International Conference on Professionalism: Challenges and innovation in Science and Humanities, Muslim	28.3.2019 and 29.3.2019 (2 days)	Oral

		College of Education, Thiruvithancode		
49	A study on the mental Health Status of the College students (18-20)	Two Day International Conference on Scientific and Social Approaches to Mental Wellbeing – 2019, Department of Biochemistry, Zoology, Home Science and Botany, V.V.Vanniaperumal College for Women, Virudhunagar	3.10.2019 and 4.10.2019 (2 days)	Oral
50	Optimization of formulated banyard millet bran cookies	3rd International Conference on Emerging Trends in Millet Technology for Health Promotion, Department of Nutrition and Dietetics, Periyar University, Salem	9.1.2020 and 10.1.2020 (2 days)	Oral
51	Formulation of Raphemus sativus L product for its presious health benefits	National Women's Food Science And Technology Conference Organized By Indian Institute Of Food Processing Technology On International Womens Day 2020	8.3.2021 (1 day)	Poster
52	Formulation of vitex Negundo based pasta	4th International Conference on Food and Nutrition ICFN	23.9.2021 24.9.2021 (2 days)	E-poster

		2021 “Bioleogues, International Conference”, Singapore.		
--	--	--	--	--

TRAINING EXPERIENCE:

Nature of Training	Name of the Institution	Duration
Dietitian Training	Kovai Medical Centre and Hospital Limited, Coimbatore	20.02.2007 to 06.03.2007 (15 days)
Dietitian Training	Apollo Specialty Hospital, Madurai	20.11.2008 to 19.12.2008 (30 days)
Fruit and Vegetables Preservation and Nutrition	Ministry of Women and Child Development Food and Nutrition Board, Government of India, Community Food and Nutrition Extension Unit, Chennai at Periyar University Salem	04.02.2013 to 08.02.2013 (5 days)
Short Term Course: Carbohydrate in Food	Professor and Director of Rice Innovation Center of Excellence, Department of Food Science and Technology, Faculty of AGRO-Industry, Kasetsart University, Bangkok, Thailand Organized by Department of Food Science and Nutrition, Periyar University, Salem	21.07.2014 to 25.07.2014 (5 days)
Entrepreneurship Skill Development Online Course: Ornamental Fishes – Production, Trade and Technology Transfer	Department of Zoology, Kongunadu Arts and Science College, Coimbatore Certificate ID: ESDOCOFFP0021	03.08.2020 to 09.08.2020 (7 days)
Online Training Programme on Processing and value addition of minor	Department of Primary processing, storage and handling, National Institute of Food Technology, Entrepreneurship and Management (NIFTEM) - Thanjavur	25.1.2022 (1 day)
Online Short Term Course: Entrepreneurship	Department of Technology Dissemination, National Institute of Food Technology Entrepreneurship and Management, Thanjavur	27.1.2022 and 28.1.2022 (2 days)

Development in Food Processing		
---------------------------------------	--	--

FACULTY DEVELOPMENT PROGRAMME:

Sl. No	Faculty Development Programme	Date
1	Two Days Faculty Development Program on Teaching Techniques conducted by ICT Academy at Holy Cross Home Science College, Thoothukudi	25.4.2018 and 26.4.2018 (2 days)
2	Entrepreneurship skill development online course on Ornamental fishes production, trade and technology transfer organized by Department of Zoology (Diploma in ornamental fish production and trade) Kongunadu Arts and Science College, Coimbatore	3.8.2020 to 9.8.2020 (7 days)
3	Online International FDP Entitled Frontiers of Physics in Bio-medical Applications organized by St. Josephs College of Engineering, Chennai	19.10.2020 to 21.10.2020 (3 days)
4	5 days Online International Professional Development Programme on Scholarly Publishing: Swirls Unfurled organized by The Delany Library, Patrian College of Arts and Science, Chennai QAIJQK-CE000137	14.05.2021 to 18.05.2021 (5 days)
5	Two-week Virtual Multidisciplinary Short Term Training Programme on Research Methodology and Data Analysis organized by Internal Quality Assurance Cell (IQAC), Annamalai University	19.1.2022 to 4.2.22 (2 weeks)
6	One Week Faculty Development Programme on Current Trends in Information Technology organized by School of Computational Science and Canny – Consortium of Colleges, Nehru Arts and Science College, Coimbatore	2.2.2022 to 9.2.2022 (1 week)
7	National level Faculty Development Programme on Problem Solving and Ideation as 21 st Century Skills organized by Institutions Innovation Council, MIT Art, Design and Technology University, Pune	10.2.2022 (1 day)
8	One Day National Online Faculty Development Programme on Essential Soft Skills for Impactful Professional Career organized by Department of English, Indian Institute of Management and Commerce, IQAC	11.02.2022 (1 day)

WORKSHOP PARTICIPATED:

Sl. No	Name of Conference/ Seminar	Month and Year
1	National Workshop on Fluorescent Microscopy Department of Zoology, Periyar University, Salem	10.10.2013 (1 day)
2	National Workshop on Green Initiatives in Energy and Environment (GIEE-2014) Department of Environmental Science, Periyar University, Salem	11.9.2014 (1 day)
3	National Workshop on Microbes to Commercial Products Department of Microbiology, Periyar University, Salem	02.9.2014 (1 day)
4	National level Workshop on Application of SPSS Software, Research and Development Committee, Holy Cross Home Science College, Thoothukudi	14.7.2018 (1 day)
5	National Level Workshop Cum Training on Food Processing and Preservation, Department of Nutrition and Dietetics, Sadakathullah Appa College, Tirunelveli, Tamilnadu	19.9.2019 (1 day)
6	Online Workshop on An overview of Covid – 19 vaccines organized by Crescent Innovation and Incubation Council and Aca Di Cell Innovations International Pvt Ltd	12.6.2021 (1 day)
7	2 Days Online Workshop On Scanning Electron Microscopy: Technique and its Applications organized by North East Centre for Biological Sciences and Healthcare Engineering, Indian Institute of Technology Guwahati, Assam in collaboration with Eeiss India, Department of Biotechnology Government of India Azadi Ka Amrit Mahotsav	29.7.2021 And 20.7.2021 (2 days)
8	1 day Online Workshop on An overview of Covid-19 vaccines organized by Crescent Innovation and Incubation Council & Aca Di Cell Innovations International Pvt Ltd	12.7.2021 (1 day)
9	International Workshop on Exploring statistics using R and SPSS organized by Seva Academy, Chidambaram in association with Lions Club of Chidambaram Excellence, Tamilnadu, India	20.8.2021 to 22.8.2021 (3 days)
10	Online Workshop on “Bloom's Taxonomy based Question Paper Design for Outcome-Based Education in Visual Communication” Organized by Department of Visual Communication in association with the Internal Quality Assurance Cell (IQAC) and Outcome Based Education Monitoring Council on 27.09.2021 under UGC Paramarsh Scheme. Ayya Nadar Janaki Ammal College, Sivakasi VC2FDP10023	27.9.2021 (1 day)
11	Workshop on Role of Nutrition in Building Immunity in Age Group 2-14 years conducted by Shri Vaishnav Vidyapeeth	17.1.2022 (1 day)

	Vishwavidyalaya, Sanmantrana	
12	Workshop on Imagination and Expression through color and form conducted by Shri Vaishnav Institute of Fine Arts, Shri Vaishnav Vidyapeeth Vishwavidyalaya, Sanmantrana	18.1.2022 (1 day)
13	Workshop on Imagination through Color and Form conducted by Shri Vaishnav Institute of Fine Arts, Shri Vaishnav Vidyapeeth Vishwavidyalaya SANMANTRANA 2022 Sponsered by St. Cloud State University, USA	17.1.2022 TO 19.1.2022 (3 days)

CONFERENCE/ SEMINAR/ SYMPOSIUM – INTERNATIONAL/ NATIONAL/ STATE

LEVEL:

Sl. No	Name of Conference/ Seminar	Month and Year
1	Awareness Training camp Tamil Nadu People Consumer Federation, Tirunelveli	21.3. 2005 (1 day)
2	National Seminar on Nutrition and Dietetics, Malankara Catholic College, Mariagiri	3.2.2006 and 4.2.2006 (2 days).
3	National Conference on Emerging Trends and Opportunity in Food Processing Sector, M.O.P Vaishnav College for Women, Chennai	29.1.2010 and 30.1.2010 (2 days)
4	National Seminar on Role of Educational in Out-Reach Programmes and Sustainable Community Development, Department of Foods and Nutrition, R.V.S Arts and Science College, Coimbatore	3.3.2010 (1 day)
5	National Symposium on Paediatric Nutrition and Health, Centre for Nutrition Counseling, Research and Extension Activities”, Department of Home Science, Women’s Christian College, Chennai	4.9.2010 (1 day)
6	National Symposium on Food and Nutritional on Prospects in Human Health, Department of Food Science, Periyar University, Salem	21.10.2011 (1 day)
7	National Conference on Food Technology Interventions for Health and Nutrition Security Department of Food Science, Periyar University, Salem	15.3.2012 and 16.3.2012 (2 days).
8	National Conference on Technology Development of Traditional Foods, Association of Food engineers (ESSENZZ) in collaboration with the Department of Food Processing & Engineering, Karunya University, Coimbatore	3.9.2012 and 4.9.2012 (2 days).
9	National Seminar on Technological innovations in Science Pedagogy Organized by Holy Trinity College of Education, Melpalai	2.2.2013 (1 day)

10	National Conference on 21 st Science Tamil Federation, Coimbatore	9.2.2013 and 10.2.2013 (2 days).
11	A Mega Free Diabetes Screening, Education and Awareness Programme to the Public DIABETES EXPO 2013 M.G.Diabetes Speciality and rganize centre, Fairlands, Salem	16.11.2013 and 17.11.2013 (2 days).
12	Seminar on Trends in Protein Engineering Department of Zoology, Periyar University, Salem	21.11.2013 (1 day).
13	National Symposium on Carbohydrates in Human Health Department of Food Science and Nutrition, Periyar University, Salem	24.01.2014 (1 day)
14	National Seminar on Challenges for Microbiologists to Become Bio-Entrepreneurs (MICRO-PRENEURS-2014) Department of Microbiology, Periyar University, Salem	27.8.2014 (1 day)
15	International Seminar on Recent Innovations in Natural Resources to Prevent Cancer (NRPC-2016) Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli	15.2.2016 (1 day)
16	National Seminar on Sustainable Utilization of Bio-resources PG and Research Department of Zoology, Muslim Arts College, Thiruvithancode	17.2.2016 (1 day)
17	Two Day National Seminar on Enhancing Professional Skills and Traits, Department of Library and Information Science, Sadakathullah Appa College, Thirunelveli	20.7.2018 and 21.7.2018 (2 days)
18	One day Seminar on Quality research and publications, Centre for research, Manonmanium Sundaranar University, Tirunelveli	7.12.2018 (1 day)
19	International Conference on Innovative Trends in Teacher Education for the 21 st century, Immanuel Arasar College of Education, Nattalam, Marthandam	21.3.2019 and 22.3.2019 (2 days)
20	State Level Seminar on Opportunities and Challenges in the Emerging Spaces of Higher Education, IQAC, Sri Meenakshi Government Arts College for Women, Madurai	4.9.2019 (1 day)
21	International Symposium on Dietary trends, IDA Kilakarai Chapter at Alpha Hospital and Research Centre, Madurai	17.12.2019 (1 day)
22	International Golden Jubilee Seminar on Emerging Trends in Food Processing Technology – 20, Department of Food Science Technology, Arul Anandhar College, Karumathur, Madurai	10.1.2020 (1 day)
23	National Seminar on Making of an Inspiring Teacher, R.P.A College of Education, Mamottukadai	31.1.2020 (1 day)

ONLINE CONFERENCE/ SEMINAR – PARTICIPATED

Sl. No	Online Conference/ Seminar	Month and Year
1	International Virtual Conference on Immune Boosting Diet for COVID-19 conducted by Department of Food Science and Nutrition, The American College, Madurai	21.05.2020 (1 day)
2	Online Seminar on Development of Climate Change Resilient Rice Varieties Through Molecular Breeding organized by Bioingine.com, Webinars on plant science research #W06072020-325	06.07.2020 (1 day)
3	UGC Sponsored International Web Conference under National Skill Development Corporation on Emerging Trends in Food, Nutrition and Health organized by Department of Nutrition and Dietetics and B. Voc Food Processing, Seethalakshmi Ramaswami College, Tiruchirapalli	24.04.2021 (1 day)
4	National Conference on Emerging Trends of Life Sciences in View of Current Pandemic Situation organized by Department of Life Sciences, Kamla Nehru Mahavidyalaya, Nagpur KMB0KY-CE000055	15.05.2021 (1 day)
5	Power Seminar on Intellectual Property Rights organized by the PG & Research Department of Commerce, Holy Cross Home Science College, Toothukudi	22.05.2021 (1 day)
6	National Seminar on Trends and Development in Food Packaging Technology by the Department of Food Processing Technology, AMET Deemed University, Kanathur, Chennai	31.5.2021 (1 day)
7	International virtual conference on Innovation in Food Processing and Nutritional Science organized by Department of Food Processing Technology, AMET Deemed University, Kanathur, Chennai	29.7.2021 (1 day)
8	National e-Seminar on Feeding the Zillions: Scope and Challenges for Food Technologists organized by the Department of Food Science, Mehr Chand Mahajan DAV College for Women, Chandigarh and Department of Biotechnology, School of Life Science, Vels Institute of Science, Technology and Advanced Studies, Chennai	31.7.2021 (1 day)

WEBINAR PARTICIPATED- INTERNATIONAL/ NATIONAL:

Sl. No	Event	Month and Year
1	International Webinar on Nurturing Physical, Mental and Social Health: During and Post COVID-19 by Institute of Home Science,	16.05.2020 (1 day)

	Dr. Bhimrao Ambedkar University, Agra	
2	National Webinar on Covid-19: A view on Vaccine Production organized by Department of Chemistry, GITAM School of Science, Bengaluru	23.06.2020 (1 day)
3	International Webinar on Recent Trends in Life Science organized by Department of Zoology, GTN Arts College, Dindugal	02.07.2020 (1 day)
4	National Webinar on Impact of COVID-19 on Agriculture organized by PG and Research Department of Economics, Bishop Heber College, Thiruchirappalli SD7B5C-CE000320	03.07.2020 (1 day)
5	Webinar organized by Ladies Club, The American College, Madurai	27.05.2020 (1 day)
6	National Webinar on Covid-19: A view on Vaccine production organized by Department of Chemistry, GITAM School of Science, Bengaluru	23.6.2020 (1 day)
7	Six day National Webinar Lecture series on Biotechnology concepts to practice organized by Department of Biotechnology, School of Bio & chemistry Engineering, Sathyabama Institute of Science and Technology, Chennai	06.07.2020 to 11.07.2020 (6 days)
8	International Webinar on Advanced Materials for Sustainable Development organized by Department of Chemistry, Chouksey Group of Colleges, Bilaspur RVPTPU-CE001068	12.07.2020 (1 day)
9	National webinar on Application of block chain technology in financial services organized by Department of Business Administration, St. Joseph College, Tiruchirappalli	22.7.2020 (1 day)
10	Webinar on Animal Communication: from microbes to mammals organized by Department of Zoology and IQAC, Annai Vailankanni Arts and Science College, Thanjavur	23.07.2020 (1 day)
11	International Webinar on Real Time PCR as a Diagnostic Tool for Infectious Diseases organized by Department of Biochemistry, Idhaya College for Women, Sarugani	24.07.2020 (1 day)
12	Three day International Webinar series on Unlocking Approaches in Biological Research organized by PG and Research Department of Botany and Department of Biotechnology, School of Biological Science, St. Joseph College of Engineering, Chennai	24.07.2020 to 26.07.2020 (3 days)
13	International webinar 2020 on Food Safety Policies and Regulation organized by Department of Food Science and Nutrition, College of Community Science and National Agricultural Higher Education Project, Assam Agricultural University, Assam	27.07.2020 and 28.07.2020 (2 days)
14	Webinar on Captive breeding of Asian Seabass , Department of Advanced Zoology and Biotechnology, School of Science, Guru	29.07.2020 (1 day)

	Nanak College, Chennai	
15	National Webinar on Aquaculture organized by PG and Research Department of Zoology, D.K.M College of Women, Vellore	04.08.2020 (1 day)
16	A day International Webinar series on Medicinal Plants Research and Drug Discovery organized by Department of Botany, St. Joseph College of Engineering, Chennai	03.08.2020 to 06.08.2020 (4 days)
17	State level Webinar Amrithavarshini on All about Baby Friendly Feed organized by Department of Home Science in association with Indian Dietetics Association, Kerala chapter and Net Pro Fa N, Kerala	5.8.2020 (1 day)
18	Webinar on Research Methodology and Applications of Surface Plasmon Resonance organized by The Biomics, Revolutionising the Life Sciences Certificate ID: B/0720/4975/W3	08.08.2020 (1 day)
19	Webinar series Getting Smart on Bio Hacking and Internet of Things organized by the Department of Science, St. Joseph College of Engineering, Chennai	11.08.2020 and 12.08.2020 (2 days)
20	One day Webinar on Modeling the spread of COVID-19 organized by Department of Mathematics, St. Joseph College of Engineering, Chennai	12.08.2020 (1 day)
21	Virtual National Webinar series on Ethics and Entrepreneurship – smart tips organized by Department of Science, St. Joseph College of Engineering, Chennai	13.08.2020 (1 day)
22	International Webinar on Solar to Hydrogen Fuel Generation organized by Department of Science, St. Joseph College of Engineering, Chennai	14.08.2020 (1 day)
23	Webinar on Introduction to Preservation Skills organized by internal quality assurance cell (IQAC), Holy Cross Home Science College, Thoothukudi in collaboration with ICT Academy	11.09.2020 (1 day)
24	Webinar on RDA-2020: The way forward to tackle malnutrition in India conducted in the Commemoration of World Food Day 2020 by The Nutrition Society of India, Mumbai Chapter	19.10.2020 (1 day)
25	International Webinar on Molecular and Physiological Mechanism of drought tolerance in Rice – A tale of back bencher gene organized by Bioingene.com, Webinar on Plant Science Research #W19102020-151	19.10.2020 (1 day)
26	Webinar on Lead the life in style organized by Womens Forum, The American College, Madurai	1.2.2021 (1 day)
27	International Webinar on Sports Management and Sports	18.02.2021

	Nutrition organized by Department of Physical Education, Food Science and Technology and Business Administration, Arul Anandar College, Madurai	and 19.02.2021 (2 days)
25	Webinar on The Power to Change the World organized by Women's Forum, The American College, Madurai	08.03.2021 (1 day)
26	National webinar on Nutraceuticals and Immunity Booster Foods for combating COVID-19 organized by Department of Food Science and Nutrition, ASPEE College of Home Science and Nutrition, Sadarkrushinagar Dantiwada Agricultural University, Sadsrkrushinagar, Gujarat	17.5.2021 (1 day)
27	International Biodiversity Day National Webinar on Plant, Planet & People organized by Spotlight MDU	22.05.2021 (1 day)
28	National Webinar on Biodiversity: Life Insurance for Our Changing World organized by the Eco-Club of Mannar Thirumalai Naicker College (Autonomous), Pasumalai, Madurai	26.05.2021 (1 day)
29	Webinar on Ultimate secrets to quickly get your research paper published organized by Aristocrat Research.com, a unit of Aristocrat IT solutions Pvt Ltd	29.5.2021 (1 day)
30	National level Webinar on Dairy Entrepreneurship opportunities and challenges organized by Department of Food Technology, Nehru Institute of Technology, Coimbatore, Tamilnadu	1.6.2021 (1 day)
31	Webinar why? How? Food Safety and Nutrition are more important during Pandemic hosted by Tamilnadu Consumer Protection and Environmental Research Centre in association with Department of Food Safety and Drug Administration Nutrition International, New Delhi	7.6.2021 (1 day)
32	National level webinar on 3 keys to Thrive healthy life during pandemic organized by the Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli	8.6.2021 (1 day)
33	National level webinar II 2021 on Addressing Alzheimers Disease – A Chemists Perspective and Forensic Science at a Glance organized by the PG and Research Department of Chemistry, The American College, Madurai, Tamilnadu	23.6.2021 (1 day)
34	International webinar on Teachers as catalysts of Ethics in Higher Education organized by IQAC, Rani Anna Government College for Women, Tirunelveli and Globethics.net India	25.6.2021 (1 day)
35	Webinar on NDLI user Awareness organized by Daniel Poor Memorial Library, The American College, Madurai, Tamilnadu	25.6.2021 (1 day)
36	National webinar on A Pandemic year for Women: What are we learning? Organized by The Ladies Club, The American College,	30.6.2021 (1 day)

	Madurai, Tamilnadu	
37	Webinar on Outlook on Covid vaccination organized by IQAC, Holy cross Home Science College, Thootukudi	3.7.2021 (1 day)
38	International webinar on Promoting Ikigai to arise and shine organized by Ladies Club of The American College, Madurai	29.7.2021 (1 day)
39	International Webinar on Breast feeding: Significance and Benefits for Mother and Child organized by the Department of Food and Nutrition, Rathnavel Subramaniam College of Arts and Science, Sulur, Coimbatore	6.8.2021 (1 day)
40	International Webinar IV 2021 on How electrochemistry and vibrational spectroscopy work in Industry and Rechargeable Li-ion batteries (LIBs) and beyond: Chemist's role towards technology development organized by PG & Research Department of Chemistry, The American College, Madurai	14.8.2021 (1 day)
41	Faculty Development webinar under UGC PARAMARSH scheme on "Research Publications and its Metrics" organized by Internal Quality Assurance Cell and the Department of Nutrition and Dietetics, The Standard Fireworks Rajaratnam College for Women, Sivakasi.	24.9.2021 (1 day)
42	Webinar on FSSAI Regulatory Framework with codex perspective on the occasion of World Food Day at Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	16.10.2021 (1 day)
43	National Webinar on Journeying through Intellectual property protection and Bio-entrepreneurship organized by the Department of Bio-technology, School of Biological Sciences, St. Josephs College, Tiruchirappalli	20.10.2021 and 21.10.2021 (2 days)
44	National webinar on Spectroscopic Technologies: A tool for structure Elucidation organized by Department of Chemistry, Sophia Girls College, Ajmer	21.10.2021 to 22.10.2021 (2 days)
45	International Webinar on Balanced Food for superior Health conducted by PG & Research Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode	5.11.2021 (1 day)
46	International Mental Health Webinar series on the Art of Selfishness_by Dr. Radhika Murugesan , MBBS; MRC Psych; MSc(Psy research); CCT (UK); Founder & CEO , M/s. Chennai Minds , Tamilnadu	20.1.2022 (1 day)
47	International webinar on Professional Ethics and values for teachers of higher education organized by Bharata mata college of commerce and arts, Aluva, Kerala, Journal of Dharma, Bangalore, Edugroom, India Foundation, Kochi and Globethic.net, India	27.1.2022 and 28.1.2022 (2 days)

48	Webinar on II National Dietetics Day Celebration organized by Department of Food and Nutrition, Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	10.1.2022 (1 day)
49	Annual webinar on Can Processed Foods be Healthy and Nutritious? Organized by Protein Foods and Nutrition Development Association of India	12.1.2022 (1 day)
50	International Mental Health Webinar series on the Art of Selfishness_by Dr. Radhika Murugesan , MBBS; MRC Psych; MSc(Psy research); CCT (UK); Founder & CEO , M/s. Chennai Minds , Tamilnadu	20.1.2022 (1 day)
51	International webinar on Professional Ethics and values for Teachers of Higher Education Organized by Bharata Mata College of Commerce and Arts, Aluva, Kerala, Journal of Dharma, Bangalore, Edugroom, India Foundation, Kochi and Globethic.net, India	27.1.2022 and 28.1.2022 (2 days)
52	International live webinar on Grass Peas (Lathyrus sativus) Re-domesticating a hardy orphan legume for the 21 st century, Bioengine.com	29.1.2022 (1 day)
53	International webinar on Education as a Gateway to an Ethical and Peaceful World organized by the Gitanjali Teachers Training College, West Bengal, Edugroom India Foundation, Kochi, Globethics.net India, Bangalore & Pranam Kiran Educational Samiti	04.02.2022 and 05.02.2022 (2 days)
54	Webinar on NAAC Accreditation Software which simplifies and automates NAAC process and reports, SAARCS Mart.	12.2.2022 (1 day)

E-LECTURE PROGRAMME – PARTICIPPATED

Sl. No	Event	Duration
1	E Lecture series on Nutritional Goals during Self Quarantine organized by Department of Food Science and Nutrition, Holy Cross Home Science College, Thoothukudi	05.05.2020 to 09.05.2020 (5 days)
2	Leadership Talk by MHRD Innovation Cell	06.07.2020 (1 day)
3	Biotalk series on Bioconjugation of Therapeutic Enzyme Uricase for Gout Disease organized by Department of Biotechnology, St. Joseph College of Engineering, Chennai	27.07.2020 (1 day)
4	Invited Talk series on Food, Nutrition, Health and Wellness Titled A view on Emerging Food Borne Pathogens organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	23.02.2021 (1 day)
5	Invited Talk series on Food, Nutrition, Health and Wellness Titled Hidden Facts about Vitamin D and Obesity organized by	24.02.2021 (1 day)

	Department of Home Science, The Gandhigram Rural Institute, Dindugal	
6	Invited Talk series on Food, Nutrition, Health and Wellness Titled Divinity of Spices organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	25.02.2021 (1 day)
7	Invited Talk series on Food, Nutrition, Health and Wellness Titled Demonstration of Continental Food Preparation organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	26.02.2021 (1 day)
8	Invited Talk series on Food, Nutrition, Health and Wellness Titled Women and Reproductive Health organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	02.03.2021 (1 day)
9	Invited Talk series on Food, Nutrition, Health and Wellness Titled Food and Nutrition in Space organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	10.03.2021 (1 day)
10	Invited Talk series on Food, Nutrition, Health and Wellness Titled Paradigms of Research in Home Science organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	15.03.2021 (1 day)
11	Invited Talk series on Food, Nutrition, Health and Wellness Titled Holistic Nutrition organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	17.03.2021 (1 day)
12	Guest Lecture on Scope in Food Technology organized by Department of Food Technology, AMIT University, Chennai	14.5.2021 (1 day)
13	Guest Lecture on Application in thermal processing in food industry organized by the Department of food processing technology, AMET Deemed University, Kanathur, Chennai	24.5.2021 (1 day)
14	Two days Impact Lecture series on Innovation and Entrepreneurship on Drug Discovery and Fisheries, Institution Innovation Cell, St. Andrews College, Gorakhpur, UP	7.10.2021 and 8.10.2021 (2 days)
15	Popular Lecture 2 on Role of Biotechnology in Functional Foods to Cure Diseases organized by the Department of Home Science, V.V.Vanniaperumal College for Women, Virudhunagar, TamilNadu	2.2.2022 (1 day)
16	International webinar on Education as a Gateway to an Ethical and Peaceful World organized by the Gitanjali Teachers Training College, West Bengal, Edugroom India Foundation, Kochi, Globethics.net India, Bangalore & Pranam Kiran Educational Samiti	04.02.2022 and 05.02.2022 (2 days)
17	International live Interactive and Motivational Session organized by Bioingene.com, An online platform for the promotion of International Plant Science Research	05.02.2022 (1 day)

	Leadership talk by Chief Innovation Officer, MHRD's Innovation Cell	6 th June
--	---	----------------------

ONLINE QUIZ PROGRAMME:

Sl. No	Online Quiz	Duration
1	National E-Quiz organized by Department of Food Science and Nutrition on Fundamentals of Biochemistry, Kaypeeyes College of Arts and Science, Kotagiri, Nilgiris	7.3.2020 73%
2	COVID 19 Awareness Quiz organized by IQAC, Department of Biotechnology and Department of Zoology, St. Josephs College, Irinjalakuda 3EAZPI-CE054324	April-May 2020 06.04.2020 100%
3	World Intellectual Property Rights Day Quiz 2020 organized by School of Life Science, B.S. Abdul Rahman Crescent Institute of Science and Technology, Chennai	26.04.2020
4	Awareness quiz on Covid-19 conducted by National service scheme unit No.198, Sri Sankara Bhagavathi Arts and Science College GLSRV8-CE005487	19.5.2020
5	NSS and Covid 19 conducted by NSS Unit no. 71, 80, 137, Muslim Arts College, Thiruvithancode VPWH20-CE000052	22.5.2020 90%
6	E Quiz organized by St. Josephs College E7UKUM-CE000015	29.05.2020 100%
7	National Level Online E-Quiz Competition 2020 organized by Department of History, Muslim Arts College, Thiruvithancode NZDUTG-CE000016	30.5.2020 80%
8	Covid 19 Awareness and Computer Fundamentals Online Quiz conducted by Siga College of Management and Computer Science JVY5EG-CE000097	May-June 2020 75%
9	Covid-19 Awareness Quiz organized by IQAC in Association with Department of Zoology, St. Joseph's College, Irinjalakuda ID3EAZPI-CE038026	20.05.2020 85%
10	Covid 19 Awareness Quiz organized by PG and Research Department of Zoology, Muslim Arts College, Thiruvithancode OD9C64-CE000331	20.05.2020 70%
11	Online Quiz on Traditional Medicines and Covid-19 organized by PG and Research Department of Botany, JJ College of Arts and Science, Pudukkottai JJCBOT-1361	21.05.2020

	India – Covid 19 Recovery RH0808-CE000025	21.05.2020 100%
12	Covid 19 Pandemic Awareness online Quiz Organized by Institutions Innovation Council of J. K.K Nattraja College of Pharmacy in association with Indian Pharmaceutical Association Bhavani Kumarapalayam WDDG10-CE015464	21.05.2020
13	National Level Admin Quiz Competition 2020 organized by Department of Public Administration, Muslim Arts College, Thiruvithancode	22.05.2020
14	E Quiz on Introduction to Company Law conducted by Post Graduate and Research Department of Commerce, Erode Arts and Science College, Erode ZEMRRW-CE000156	22.05.2020 95%
15	E Quiz on General Knowledge and Research Methodology , Department of Corporate Secretary Ship, St. Thomas College of Arts and Science in association with IQAC, Chennai	27.05.2020
16	Online Awareness Quiz on Immune Boosting Diet a Covid-19 Awareness initiative organized by Department of Food Science and Nutrition, The American College, Madurai	May 2020
17	National Level E Quiz on Scientists organized by PG and Research Department of Physics jointly with IQAC, The Madurai Diraviyam Thaynmanavar Hindu College, Tirunelveli	June 2020
18	Fashion Quiz organized by Department of Fashion Designing and Apparel Making, Holy Cross Home Science College, Thoothukudi	03.06.2020
19	Online Quiz on Combating Covid-19 with Immune Boosting Foods conducted by Department of Home Science, Khadir Mohideen College, Adirampattinam K4WWVK-CE001159	03.06.2020
20	National Level online Quiz on History of NSS organized by NSS Unit 60 & 61, Thiagarajar College, Madurai AVINAI-CE000496	04.06.2020
21	National Level Quiz on Immunity Boosting Food and Nutrition during Covid-19 organized by PG and Research Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode BXQ78M-CE000157	13.06.2020 53%
22	Online quiz on combating Covid-19 with Immune Boosting foods conducted by Department of Home Science, Khadir Mohideen College, Adirampattinam K4WWVK-CE001159	30.6.2020
23	National E Quiz organized by Department of Food Science and	03.07.2020

	Nutrition on Fundamentals of Biochemistry, Kaypeeyes Colleg of Arts and Science, Kotagiri, Nilagiris YNJ418-CE000145	73%
24	Online Nutri E Quiz on Find out the Disease during the period of July 2020 organized by Department of Nutrition and Dietetics, KSR College of Arts and Science for Women, Nammakal HGMEQU-CE00262	03.07.2020
25	National Level Online Food Science Quiz organized by Department of Food Science and Nutrition, Kaypeeyes College of Arts and Science, Kotagiri, Nilgiris	06.07.2020 79%
26	National Level E Quiz competition on the occasion of World Organ Donation Day organized by Department of Zoology, MES College of Arts, Commerce and Science, Bengaluru TAROKQ-CE0000664	13.08.2020 to 15.08.2020
27	Online Nutri E Quiz on Immune Booster organized by Department of Nutrition and Dietetics, KSR College of Arts and Science for Women, Nammakal TD92F8-CE000320	22.08.2020
28	Physical Talent Quiz on Basic Physics organized by Department of Physics and Research Centre, Muslim Arts College, Thiruvithancode NIAI10A-CE000370	06.10.2020 50%
29	Covid-19 Pandemic General Awareness Quiz organized by School of Science of Sandip University, Nashik, Maharastra and Spreading Awareness about mode of transmission and control measures of Covid-19 SUS/SOS	05.12.2020
30	Online Awareness Quiz on Physical Education and Covid-19 organized by Research Department Department of Physical Education, A. Veeriyar Vandayar Memorial Sri Pushpam College, Poondi, Thanjavur	-
31	Corona Virus Disease Covid-19 Awareness Quiz 2020 organized by Design Innivation Center, University of Allahabad, Prayagraj FDK6QC-CE002485	-
32	Online Awareness quiz on Immune Boosting Diet a Covid-19 awareness initiate organized by Department of Food Science and Nutrition, The American College, Madurai	-
33	National Level E-Quiz on the occasion of International yoga day 2021 , 1 NCC Navy Unit, NSS and Dr. BGR Publications, The American College, Madurai	2021
34	International Level Virtual Quiz Contest on Information Technology organized by Department of Computer Science, Bell	9.2.2022 80%

	Institute of Hotel Management and Catering Technology, Sivakasi	
35	General Awareness Quiz on COVID Pandemic organized by Department of Computer Application Shivharsh Kisan PG College, Basti	9.2.2022 90%

Details of Awards

Name of the Award	Identification Number	Details	Date of Receiving
Young Scientist Award	1063	2 nd International Research Award on Science, Health and Engineering, Chennai, India	18.04.2020

TECHNICAL QUALIFICATION:

Qualification	Place	Year of Passing
Diploma in Computer Application (DCA)	Kenya Info Tech, Azhigiamandapam, Kanyakumari District.	April 2004 / [I class]

PROGRAMME ORGANIZED:

Name of the Program	Title	Month and Year
2 nd Continuing Medical Nutrition Education Programme on the occasion of World Health Day 2016, Muslim Arts College, Thiruvithancode	Halt the Rise, Beat Diabetes	11.4.2016 (1 day)
Online Awareness Quiz on a Covid-19 Awareness initiative organized by Department of Food Science and Nutrition, The American College, Madurai	Immune Boosting Diet	May 2020
Exhibition organized by the Department of Food Processing and Preservation, The American College, Madurai	Nutria-Expo 2021	28.9.2021

SPECIAL LECTURE PROGRAMME:

Special Lecture	Place	Date
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Killiyoor, Kanyakumari District	07.06.2016 at 2.00 pm to 5.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Nagercoil, Kanyakumari District	13.06.2016 at 2.00pm to 5.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Peyankuzhi, Kanyakumari District	15.06.2016 at 10.00am to 1.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Munchirai, Kanyakumari District	29.06.2016 at 10.30am to 1.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Melpuram, Kanyakumari District	30.06.2016 at 10.00am to 12.00 pm.
Resource Person in District Level National Nutrition Week Celebration 2016	Sri Iyyappa College, Chunkankadai organized by Integrated Child Development Scheme, Kanyakumari District	02.09.2016
Resource Person in District Level National Nutrition Week Celebration 2016	Nanjil Catholic College of Arts and Science, Kaliyakkavilai organized by Integrated Child Development Scheme, Kanyakumari District	06.09.2016
Resource Person for the Food Fest	R.P.A College of Education,	16.10.2018

Competition for B.Ed Student Teachers	Mamoottukadai, Viricode, Kaanyakumari District	
Guest Lecture on the Subject Nutrition and Food Science	Department of Nutrition and Dietetics, Oriental Catering College, Madurai	21.10.2019

REVIEWER CERTIFICATE:

Name of the Program	Month and Year
4th National Conference on Current and Emerging Process Technologies , Department of Food Technology, Kongu Engineering College, Perundurai, Erode	20.2.2021

EXTERNAL EXAMINER:

Position	Course	Purpose	Date
Question paper setter	B.Sc Nutrition and Dietetics Food Microbiology 15UNDC61	Semester Examination November 2018, Sadakathullah Appa College, Thirunelveli	28.8.2018
Question paper setter	B.Sc Nutrition and Dietetics Food Microbiology 15UNDC61 Preservation Techniques 15UNDC62	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	10.1.2019
Question paper setter	B.Sc Nutrition and Dietetics Human Development 18UCND12	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	01.02.2019
Question paper setter	B.Sc Nutrition and Dietetics Principles of Nutrition 15UNDC21 Food Chemistry 15UNDC22	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	18.02.2019
Question paper setter	B.Sc Nutrition and Dietetics Human Physiology 18UAND21	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	20.01.2020
Question paper setter	B.Sc Zoology Diet Therapy 18UEAN3A	Semester Examination April 2020, Sadakathullah Appa College, Thirunelveli	14.02.2020
Question paper setter	B.Sc Nutrition and Dietetics Food Resource Management 15UNDA21	Semester Examination April 2020, Sadakathullah Appa College, Thirunelveli	17.02.2020
Question paper setter	M.Sc Home Science – Nutrition and Dietetics Public Nutrition	Summer Examinations, November 2021, V.V.Vanniaperumal College	26.10.2021

	20PHSC32 Applied Physiology 20PHSC13	for Women, Virudhunagar	
External Examiner	B.Voc Food Quality Analysis Practical 18BFSNC12	Department of Food Science and Nutrition, Periyar University, Salem	6.1.2022