

**Name: POORNIMA JEYASEKARAN**

**Designation: Assistant Professor**

**Department: Food Science and Nutrition**

**Date of Joining: 28/06/2017**

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**Educational Qualification:**

Degree	Subject	College / University & Place	Year Completed
Ph.D.	Food Science and Nutrition	Periyar University, Salem.	2018 – Synopsis submitted
M.Phil	Foods & Nutrition	Mother Theresa University, Kodaikanal.	2011
M.Sc	Human Nutrition & Nutraceuticals	Fatima College (Autonomous) Affiliated to Madurai Kamaraj university, Madurai.	2006
P.G Diploma	Dress Making (Proficiency)	Avinashilingam Deemed University, Coimbatore.	2004
B.Sc	Home science	Fatima college, Madurai.	2003

**Specialisation in Teaching:** Food Science, Nutrition Science, Textile and Clothing, Family Resource Management, Functional foods and Nutraceuticals

**Specialisation in Research:** Formulation of Functional Food products

**Research Interests:** Indian Traditional foods, Functional foods and Nutraceuticals

**Other Work Experience:**

Designation	Institution / Company	Year - From (month/year) To (month/year)
Quality Assurance Supervisor	International Agricultural Processing (IAP) Private Limited, Nilakottai	12 MONTHS APR 2006 – APR 2007
Senior Process Associate	Tata Consultancy Services, Chennai	10 MONTHS FEB 2011 – DEC 2012
Assistant Professor	Prof. Dhanapalan College of Arts and Science, Chennai	11 MONTHS 6 DAYS 24-MAY-2013 - 30-APR-2014
Assistant Professor	Fatima College, Madurai	2 MONTHS 20 DAYS 21-JAN-2016 - 09-APR-2016
Assistant Professor	Arul Anandar college, Karumathur	9 MONTHS 16 DAYS 22-JUN-2016 - 08-APR-2017
Assistant Professor	The American College, Madurai	36 MONTHS 3 DAYS 28-JUN-2017 – Till date

**Membership in Professional Bodies:**

<b>S, no</b>	<b>Details</b>
1.	Board member for UG syllabus in the Department of Food Science and Processing management BOS, Subbalakshmi Lakshmipathy college of science, Madurai from 2018.
2.	Board member for the Department of Home Science with food biotechnology BOS, Fatima college, Madurai on 17.03.2018 at 10.00 AM.
3.	Member / Subject Matter Expert for Board of Studies Meeting for B.Sc Food Science and Processing Management, Subbalakshmi Lakshmipathy College of Science (SLCS) Madurai on 30.12.2020 at 10.30 AM Even semester 2020
4.	Member / Subject Matter Expert for the Board of Studies conducted by the department of Food Science and Processing Management under Subbalakshmi Lakshmipathy College of Science for the Odd semester 2021, to discuss and finalize the syllabus on 19.05.2021 at 11.30 AM
5.	Member / Subject Matter Expert for BoS Meeting conducted by Manonmanium Sundaranar University on 04/08/2021 for the Academic Year 2020-2021 through online mode at 5.00 PM.

**Articles Published in International Journals:**

<b>S.no</b>	<b>Journal name</b>	<b>Organised by</b>	<b>Date</b>	<b>Title of the Article</b>
1	The journal of medical nutrition and nutraceuticals	DOI:10.4103/278-019X.146160	5 December, 2014	Awareness of Functional foods and Nutraceuticals of plant origin among Educated Home Makers through booklet distribution”
2	International Journal of Innovative Research in Science and Engineering	ISSN (0) 2454 - 9665 Volume No.3	02, February, 2017	Presented a paper on Herbal Fibre Enhanced Bread- A Quality Analysis.
3	Bodhi International Journal of Research in Humanities, Arts and Science	ISSN: 2456-5571	25, January, 2018	Biosensors –A Novel Technique in Food Technology
4	Asian Journal Of Multidimensional Research	ISSN: 2278-4853 Vol 7	7 – 8 December 2018	Development And Sensory Evaluation Of Vegetable And Fruit Peel Incorporated Snacks
5	International Journal of Research and Analytical Reviews IJAR	E-ISSN 2348-1269, P- ISSN 2349-5138	15 February, 2019	A Review on passion fruit and its possibility for complete utilization
6	International Journal of Research and Analytical Reviews IJAR	E-ISSN 2348-1269, P- ISSN 2349-5138	15 February, 2019	Standardization and sensory Evaluation of millet waffle

7	International Journal of Research and Analytical Reviews IJRAR	E-ISSN 2348-1269, P- ISSN 2349-5138	15 February, 2019	Formulation of edible blended vegetable oil and its stability during tapioca frying
8	TATHAPI (UGC CARE LISTED JOURNAL) VOL-19- ISSUE-8- APRIL- 2020 PAGE   350	ISSN: 2320-0693	May 2020	Traditional Street Foods of Madurai – A Store House Of Bacteria
9	ADVANCED SCIENCE LETTERS UGC CARE LISTED JOURNAL VOL-26-NUMBER-5-MAY- 2020	E-ISSN:1936-7317	May 2020	Frozen Sea Foods – Hot Spot of Bacteria
10	International Journal of creative thoughts Volume 8 Issue 6	ISSN 2320 – 2882	June 2020	Awareness on Functional Foods and Nutraceuticals for Educated Working Women
11	Journal of Experimental Biology and Agricultural Sciences, March - 2021; Volume - 9(Spl-1-GCSGD_2020) page S169 – S175. DOI: <a href="https://doi.org/10.18006/2021.9(Spl-1-GCSGD_2020).S169.S175">10.18006/2021.9(Spl-1-GCSGD_2020).S169.S175</a>	ISSN No. 2320 - 8694	March 2021	Formulation of stirred probiotic fruit yoghurt to boost immune health
12	Gorteria Journal Volume 34, Issue 5 - 2021 Page No: 121- 145	ISSN: 0017-2294	May 2021	Research on the identification of bioactive Compounds in some Indian herbal flowers using FTIR (ATR)
13	Journal of Pharmaceutical Research International DOI: <a href="https://doi.org/10.9734/JPRI/2021/v3i58B34230">10.9734/JPRI/2021/v3i58B34230</a>	33(58B): 501-507, 2021; Article no. JPRI.79819 ISSN: 2456-9119	16 December 2021	A study on the Identification and Comparison of Functional Components in Different Species of Passion Fruit Vine Leaves

**Articles published in National Journals:**

S.no	Journal name	Organised by	Date	Title of the Article
1	On-line Retailing and Money Transfer	National conference at Prof.Dhanapalan College of Arts and Science, Chennai. ISBN:978-93-80530-74-1	February 14, 2014. Pg.No:38-40	Presented a paper titled "Opportunities and challenges in Online Grocery Retail in India"

**Conference / Seminar Presentations:**

S.no	Topic	Organised by	Date	Presented paper / poster
1	Socio economic impact of biotechnology on developing countries	National seminar organized by the Department of Zoology at Fatima College, Madurai.	22 & 23 February, 2005	Presented paper "Fermented foods for a vibrant life".
2	The first international conference on Food, Nutrition and Health	IDA kilakarai chapter	6-8 June, 2016	Presented Paper "Formulation and standardization of grape seed powder incorporated watermelon seed chikkies"
3	"Challenges and Recent Paradigms in Food Mediated Immunity and their Role in Human Health and Longevity"	International conference organized by the PG & Research Department of Immunology & Microbiology, The American College, Madurai.	31 August - 1September, 2016	Presented Paper "Dietary Paradigm To Fight Influenza".
4	"Therapeutic Potential of LCHF Diet - an overview"	State level UGC Seminar, Sri Meenakshi Govt Arts College for Women, Madurai	7 January, 2017 Pg.No: 87, 91, 100, 130.	Presented posters 1. Complex is better while talking about Carbs – Prebiotics" 2. Detoxification diet – a boon or a bane.

				3. Eat right, beat diabetes 4. More clarity on cholesterol.
5	Hurdles to horizons	National level seminar organized by the Department of Food Science and Technology. Arul Anandar College, Karumathur	26 January, 2017	Presented posters 1. Expensive caviar delicacy- an edible black gold 2. Healthier choice: A1 milk or A2 milk? 3. Seafood production and its distribution in India
6	Millet- A Gold Coin II	State Level Seminar organized by the Department of Rural Development Science. Arul Anandar College, Karumathur	27, September 2017	Presented paper Miraculous millets – our future crop.
7	XLI Indian Social Science Congress	Periyar University, Salem	19, December, 2017	Presented paper Knowledge on functional foods and nutraceuticals of animal origin and microbial origin among educated homemakers in Chennai.
8	Recent trends in food biotechnology and exploration of the opportunistic to feed the world	International workshop at department of food Bio-technology, Manonmanium Sundaranar University, Thirunelveli	10, January, 2018	Presented posters 1 Standarisisation of antioxidant rich energy bars 2. Future scope is more for edible wrapper and edible cutlery 3. Novel application of biotechnology in the food industry
9	Social issues: changes & challenges	National conference by the Department of Sociology Fatima College, Madurai	25, January, 2018	Presented Paper Biosensors –A Novel Technique in Food Technology
10	Impacts of pollution on health and restoration of quality environment through biotechnology applications	National conference by Department of Zoology & Microbiology, The American College, Madurai	2 & 3 January, 2018	Presented Poster 1. Pesticide residues in grapes 2. Food pollution : A poisonous cocktail in our food system 3. Universal Solvent Becoming Toxic And Health Hazardous Too: A Review On Water Quality

				Analysis In Madurai, Tamilnadu
11	Recent advances in food processing technology ICRAFPT18	International conference by IIFPT	17-19 August 2018	Presented Poster Topic: Garlic halwa – a functional food product development and its quality analysis
12	Challenges and sustainable approaches towards food and nutrition security – A global perspective	Department of Food science and nutrition Avinashilingam Institute for Homescience and Higher education for women, Coimbatore	7 – 8 December 2018	Presented Paper Topic: Development and sensory evaluation of vegetable and fruit peel incorporated snacks
13	Advancement and application of technology in food and textile industry	International conference by Department of Home Science, Mother Teresa Women's university, Madurai	22 January, 2019	Presented Paper Topic: Functional foods for the management of Diabetes Mellitus
14	Current approaches in Nutraceuticals and Food technology for diabetes management	International conference by Department of Nutrition and Dietetics, Periyar university, Salem	24 – 25 January, 2019	Presented Poster Topic: Millet waffle - A boom to diabetic diet.
15	Emerging trends in entomology	National conference by Department of Zoology, The American College, Madurai	07 & 08 March, 2019	Presented Poster Topic: Entomophagy as a functional food
16	Scientific and social approaches to mental wellbeing – 2019	International conference by Department of Biochemistry, Zoology, Home Science & Botany V.V.Vanniaperumal College for women, Viruthunagar.	3-4 October, 2019	Presented paper Topic: A study on the mental health status of the college students
17	Global Congress on Sustainability for Growth and Development 2020	Nilai University, GALGOTIAS University, Tunku Abdul Rahman University and Fatima College	18-19 July 2020	Presented paper Formulation of Stirred Probiotic Yoghurt to Boost Immune Health

18	Indo-South Korea International e-conference on Nanoscience and Nanotechnology for Energy, Environment and Biomedical Applications Ineeba-2021	Vinayaka Mission's Kirupananda variyar Arts and Sciences college, India and Gyeongsang National University, Republic of Korea	07 – 08 October 2021	A study on the identification and comparison of functional components in different species of passion fruit vine leaves
19	Virtual global congress on sustainable growth & development 2021 – Health and Life Sciences	INTI International University, Malaysia Vels institute of science, India	9 October 2021	A Study to Identify the Phytochemicals in Passiflora edulis f. edulis and f. flavicarpa and to Make a Comparative Sensory Study on the Attributes to Create a Commercial Viable Product
20	அவகடா உற்பத்தி குறித்த கருத்தரங்கு	தோட்டக்கலை மற்றும் மலைப்பயிர்கள் துறை, திண்டுக்கல் மாவட்டம், தாண்டிக்குடி.	25 October 2021	பேஷன் பழத்தின் ஆரோக்கிய நன்மைகள்
21	International conference on network control, computing, communication with cyber security and real time implementation of physical systems	V.S.B Engineering college, Karur.	23 – 25 February 2022	Analysis of saponin content in common foods using HPTLC technique
22	One Day National Conference on Phytocolourants for Culinary Value and Aesthetic Appeal	Departments of Home Science & Botany, Sri Meenakshi Government arts college for women, Madurai	4th March 2022	1.Pigments and Phytochemicals for Salubrious Homo Sapiens 2.Clitoria Ternatea Flowers as A Natural Colourant for Culinary Use and Also to Combat Maladies. 3.Utilising Dragon Fruit Peel Waste as Natural Food Colouring Agent. 4.A Review on The Colour Change Between Dutch Processed Cocoa and Conventional Cocoa And Compare Its Aesthetic Appeal

### Details of participation in International Conference

S.no	Name of the Activity	Date
1.	International webinar on Growth Monitoring & Anthropometric Assessment in Children & Adolescents organised by Signutra, USA.	29 April 2020
2.	International webinar on Nutrinigilance Against Covid – 19 organised by Signutra, USA and IAPEN, India.	11 May 2020
3.	International webinar on Critical Care & Renal Nutrition organised by CURI Hospital & IDA, Chennai chapt.e.r	1 – 3 June 2020
4.	International Webinar entitled COVID-19 & FOOD AND NUTRITION SECURITY: SCENARIO IN SOUTH AND SOUTH EAST ASIA organised by <i>Avinashilingam Institute for Home Science and Higher Education for Women</i> , Coimbatore & University of reading, United Kingdom.	27 <sup>th</sup> June 2020
5.	International webinar on Value addition in coconut organised by ACPR, Arul Anandar college, Madurai in collaboration with Commonwealth of learning, Canada.	15 July 2020
6.	1 <sup>st</sup> International webinar on Body Composition organised by Malaysian society of Body composition, Malaysia.	24 July 2020
7.	“Novel Nutrition Approach & Emerging Opportunities to Sustain in Pandemic Scenario” organized by the Department of Nutrition & Dietetics, Mount Carmel College, Autonomous, Bengaluru in association with Women’s Polytechnic College, Puducherry.	15 – 18 June 2020
8.	International Webinar titled “Grains for Gut Microbiome Health- A Dietary Perspective” organised by “Nutrition Society of India, Mumbai Chapter” in collaboration with Kellogg’s Nutrition.	28 July 2020
9.	International Webinar on Novelties in Nutraceuticals conducted by Research centre of Home Science, Fatima College, Madurai.	5 June 2020
10.	Updates in Medical Nutrition Therapy: FACTS AND FICTION” organised by Clinical excellence Academy, Pentasure and Hexagon Nutrition.	30 April 2020

### Details of participation in National Conference (Webinar)

S.no	Name of the Activity	Date
1.	Neurodegenerative Disease- Challenges And Excitements organised by Mizoram University, Aizawl, India	01 May 2020
2.	National webinar on Nutrition: A key Ally in fighting Covid - 19 organised by Hindustan Unilever, India	12 May 2020
3.	History of covid 19 pandemic organised by Jayaraj Annapackiam college for women, Periyakulam.	22 May 2020
4.	National webinar organised by Ladies Club of the American College, Madurai	27 May 2020
5.	National webinar on Bamboo oxygen park organised by ACPR, Arul Anandar college, Madurai	21 July 2020
6.	Webinar on Analytical Techniques organized by American College Central Instrumentation Center (ACCIC).	9July 2020



7.	Dia-V-Con 2020 organised by Diabetes Care India	20 – 21 June 2020
8.	Webinar on Financial services for inclusive growth Hosted by Kumaraguru Institute of Agriculture, Erode.	4 July 2020
9.	Setting a New Normal in Food Processing Sector in Post COVID-19: Opportunities and Challenges organised by College of Technology and Engineering Maharana Pratap University of Agriculture & Technology, Udaipur	10 June 2020
10.	"Challenges in Nutraceuticals as Therapeutic Agents" organised by Sri Meenakshi Government Arts college for women, Madurai	26 June 2020
11.	Women's health – An overview organised Department of Foods and Nutrition Sri Adi Chunchanagiri Women's College, Cumbum, Theni – District	26 June 2020
12.	Setting a New Normal in Food Processing Sector in Post COVID-19: Opportunities and Challenges" organized by Department of Processing and Food Engineering, College of Technology and Engineering, Udaipur	10 June 2020
13.	"Obesity Metabolic Disorders - Prize for Modernization"organised by the Department of Home Science, SeethalakshmiRamaswami College, Tiruchy.	19 June 2020
14.	NATIONAL WEBINAR ON LIFESTYLE AND IMMUNITY DURING COVID-19 organized by Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Nutrition Society of India, Coimbatore Chapter and Nutrition Association	12 June 2020
15.	"Self-Awareness and Social Responsibility During COVID 19 Pandemic", organised by the Ladies Club of The American College, Madurai	13 June 2020
16.	National Level Webinar on "Food Product Development" hosted by the Post Graduate Department of Home Science, Queen Mary's College, Chennai	9 June 2020
17.	Nutritional Sustenance through Dairy Products: Initiatives and Strategies organised by College of Food and Dairy Technology to commemorate WORLD MILK DAY	1 June 2020
18.	3 days national webinar on Covid 19 organised by Dwaraka Doss Goverdhan Doss Vaishnav college, Chennai and St.Jude's College, Thoothoor	4-6 June 2020
19.	Healthy foods for healthy life – Eat right to nourish you organised by Department of Home Science, ShrimathiDevkunvarNanalal Bhatt Vaishnav College for Women, Chennai.	4 June 2020
20.	Data Analysis using SPSS organised by Department of Mathematics, The American College, Madurai	28-30 May 2020
21.	'Free Statistical Tool for Research Data Analysis and Research Publication with Special Reference to Citation, Impact Factor and h Index' organised by JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN PERIYAKULAM, THENI DISTRICT, TAMIL NADU, INDIA	1 & 2 June 2020
22.	"HEALTH AND WELL-BEING DURING COVID-19 PANDEMIC" organized by PG AND RESEARCH DEPARTMENT OF MICROBIOLOGY, BIOCHEMISTRY AND NUTRITION &	1 June 2020-

	DIETETICS, SengamalaThayaar Educational Trust with Chennai Softech - Technical Partner	
23.	History of COVID Pandemic organised by JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN PERIYAKULAM, THENI DISTRICT, TAMIL NADU, INDIA	22 May 2020
24.	AWARENESS PROGRAM ON COVID - 19 organized by Government Arts College for Women, Nilakottai	21 May 2020
25.	“Food, Nutrition and Livelihood Security during COVID 19 Pandemic” organized by IDA Kilakarai Chapter and Department of Home Science and Research Centre, TBAK College for Women, Kilakarai	19 May 2020
26.	Two days online workshop on Mental Health and Psychosocial Consideration during Lockdown organised by St.Mary’s College, Thoothukudi	13-14 May 2020
27.	Webinar on Interpretation of HPTLC Data in Food Analysis Organised by Anchrom Enterprises (I) Pvt. Ltd	9th February 2022
28.	Biotech foods – Panacea to cure human diseases sponsored by DBT – CTEP, Ministry of science and technology, Government of India, New Delhi organised by VVV. Vanniaperumal college for women	02 February 2022

#### Training programmes / Faculty Development Programmes

S. no	Name of the Activity	Date
1.	National Webinar (Live Interactions) organized by IQAC under UGC PARAMARSH Scheme on “E-Learning and MOOCs in Higher Education and New Roles of Teachers” presented by Dr. Vimal Rarh, Project Head and Joint Director, GAD TLC of MHRD, Coordinator, National Resource of Chemistry of MHRD, Deputy Director, Centre for E-Learning, Senior Faculty, Department of Chemistry, SGTB Khalsa College.	18 May 2020
2.	An Insight into NAAC - RAF organised by the Internal Quality Assurance Cell, V.O. Chidambaram College, Tuticorin	22 May 2020
3.	International Faculty Development Programme in Building partnership and Resources organised by Sri Kanyaka Parameswari arts & Science college for women, Chennai	8 May 2020
4.	15 Days Virtual Faculty Development Programme on “FSSAI Initiatives” organized by the Department of Food Science and Nutrition, Periyar University, Salem in association with NetProFaN, Salem Chapter between 6 PM to 8 PM	24 March 2022 to 07 March 2022

#### Details of Reviewer

S.No	Journal Name	Topic
1.	International Journal of Health & Allied Sciences as a <b>reviewer</b>	Analysis of Nutrients, Phytochemicals, Antioxidant and Antimicrobial Activity of Corn Silk Extract (Zea Mays L. Stigma)"

### **Lectures / Talks given:**

- Topic “Radioactive isotopes” for M.sc students on January, 2007 organised by the Department of Human Nutrition & Nutraceuticals, Fatima College, Madurai.
- Topic “Nutrition for Adolescents” at life skill training for adolescent girls under SABLA- Rajiv Gandhi Scheme for Empowerment of Adolescent Girls on 08.01.2016 which was organized by Child Development Project Office, Project IX, Royapuram, ICDS, Chennai.
- Topic on “Health benefits of Millets” at Parambariya Unavu Thiruvizha for social welfare and health awareness programme on 26.11.2016 organized by Child Development Project Officer, Usilampatti.
- Topic on “Health and Nutrition” for Adolescent girls at National Service Scheme for the Input session of the RRC on 10.01.2017 at Arul Anandar College, Karumathur.
- Topic on “Food Laws and standards” guest lecture for B.sc Food Science and Technology Students on 21.09.2017 organised by the Department of Food Science & Technology, Arul Ananandar College, Karumathur.
- Topic “Nutrition during Adolescent period” at life skill training for adolescent girls on 23.02.2018 which was organized by Child Development Project Officer, ICDS at R.C Higher Secondary School, kathakinaru, Madurai.
- Topic “Nutrition for Adolescents” at life skill training for adolescent girls under SABLA- Rajiv Gandhi Scheme for Empowerment of Adolescent Girls on 28.02.2018 which was organized by Child Development Project Officer, ICDS at SDA matric Hr.Sec School Usilampatti.
- Topic “Importance of Nutrition during teenage” at life skill training for adolescent girls under SABLA- Rajiv Kandhi Scheme for Empowerment of Adolescent Girls on 12.03.2018 which was organized by Child Development Project Officer, ICDS, at Nadar Saraswathi Matric Hr.Sec School Usilampatti.

- Topic on “Energy Metabolism and BMR” guest lecture for B.sc Food Science and Technology Students on 03.10.2018 organised by the Department of Food Science & Technology, Arul Ananandar College, Karumathur.
- Guest lecturer on the Topic “” Energy estimation and Basal Metabolic Rate” for catering students in Oriental Institute of Catering Technology & Hotel Management, Madurai on 21.09.2020.
- Topic on “Current Processing Techniques in Meat and fish” guest lecture for B.sc Food Science and Processing management Students on 21.01.2020 organised by the Department of Food Science and Processing management, SubbalakshmiLakshmiopathy college of science, Madurai
- Guest speaker in the webinar organized by Integrated Child Development Services Scheme, Chennai district (Anna Nagar, Perambur, Mylapore Block) as a part of National Nutrition Month celebration – PoshanAbhiyaan 2020on 24<sup>th</sup> September 2020. Topic:“இளம்பருவபெண்களில்நுண்ணூட்டச்சத்துகுறைபாட்டைத் தடுக்கவானவில் உணவுமுறை”.
- Guest Speaker in Poshan Maah 2020 organized by Mylapore block, Integrated Child Development Services Scheme and Patrician College of Arts and Science, Adyar, Chennai. Topic:” Health and Nutrition Awareness for Adolescent girls”.
- Resource person for the Department of Foods and Nutrition Sri Adi Chunchanagiri Women's College, Cumbum, Theni – District on 13 February 2021. Topic:” Importance of optimal nutrition during adolescence”.
- Resource person for webinar organized by Women’s Welfare Cell and National Service Scheme cell, King’s Engineering College, Chennai on 6 March 2021. Topic: “Challenge to march towards optimal nutrition during adolescence”.
- Resource person for World Health Day celebration organized by National Service Scheme cell, Nadar Saraswathi Engineering college, Theni on 7 April 2021. Topic:”

Let us pave way for a healthy India”.

- Guest Speaker for webinar organized by Mylapore block, Integrated Child Development Services Scheme and Queen Mary’s College for women, Chennai on 2 April 2022. Topic:” Prevention of anaemia among Adolescent girls”.

#### Book Chapter Published

Book name	ISBN Number	Year	Title of the chapter
Advances in Medicinal plant Sciences Volume-2 <a href="https://doi.org/10.22271/int.book.83">https://doi.org/10.22271/int.book.83</a>	978-93-90471-86-7	2021	Food as medicine-Eat right for a sustainable health

#### Details of Awards / Fellowships:

S.No	Name of the Awards
1.	<b>Proficiency</b> For highest aggregate (I prize) P.G. Diploma in Dress Making Avinashilingam Deemed University,Coimbatore on 16th April 2004.
2.	<b>Best faculty Award 2020 – Chennai</b> Certificate of Excellence, 2 <sup>nd</sup> International Research Awards on Science, Health and Engineering, Chennai, India by Science Father. (Reg. No. 130116), Approved and Registered by Ministry of Corporate Affairs (MCA), Govt. of India. 30th June 2020.
3.	<b>Best Oral Presenter GCSGD 2020 – Malaysia</b> For her research work titled” Formulation of stirred probiotic fruit yoghurt to boost immune health” in the Malaysian International Conference “Global Congress on Sustainability for Growth and Development 2020” organised by Nilai University, GALGOTTAS University, Tunku Abdul Rahman University and Fatima College on 18th July 2020.
4.	<b>Runner up in Dupont NutriScholar awards 2020</b> Season 3 from DuPont nutrition & Biosciences for QSR style Lunch / Dinner category titled “Nutri King burger” and won a cash prize of Rs. 25,000on 11th December 2020 in India.