

## CURRICULUM VITAE

**Dr. J. GRACIA., M.Sc., M.Phil., Ph.D., B.Ed.,**

W/o Mr.A.Alex,

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### OBJECTIVE:

To serve in an esteemed organization holding a responsible position with unrestrained vertical growth ensuring credible performance propels the reputation of the organization to a high pedestal.

### ACADEMIC PROFILE:

Course	Discipline/ Specialization	School/ College	Board/ University	Year of Passing	Marks %
SSLC	-	L.M.S Girls Higher Secondary School, Neyoor, Kanyakumari District	State Board	2001	59%
H.Sc	Science	L.M.S Girls Higher Secondary School, Neyoor, Kanyakumari District	State Board	2004	51%
B.Sc	Nutrition and Dietetics (Regular)	Muslim Arts College, Thiruvithancode Kanyakumari District	Manonmanim Sundaranar University, Tirunelveli	2007	65%
M.Sc	Nutrition and Dietetics (Regular)	Muslim Arts College, Thiruvithancode Kanyakumari District	Manonmanim Sundaranar University, Tirunelveli	2009	68%
M.Phil	Food Science and Nutrition (Regular)	Periyar University, Salem	Periyar University, Salem	2010	80%
Ph.D	Food Science and Nutrition (Regular)	Periyar University, Salem	Periyar University, Salem	11.12.2015	
B.Ed	Home Science	Muslim College of Education, Thiruvithancode Kanyakumari District	TNTEU, Chennai	2018	First class

**TECHNICAL QUALIFICATION:**

Qualification	Place	Year of Passing
Diploma in Computer Application (DCA)	Kenya Info Tech, Azhigiamandapam, Kanyakumari District.	April 2004 / [I class]

**TEACHING EXPERIENCE:**

Job Title	Placement	Duration
Lecturer (Full Time)	Sardar Rajas College of Nursing, Kavalkinaru, Thirunelveli.	07.02.2011 to 30.09.2011
Lecturer (External)	Sardar Rajas College of Nursing, Kavalkinaru, Thirunelveli.	01.10. 11 to 30.04.2012
Assistant Professor (Full Time)	Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode.	07.07.2015 to 30.07.2019
Assistant Professor (Full Time)	Department of Food Science and Nutrition, The American College, Madurai	16.07.2019 to Till date
Coordinator	Department of Food Processing and Preservation, B.Voc/M.Voc Degree Programme, The American College, Madurai	08.02.2021 to Till date

**AWARD DETAILS:**

Name of the Award	Identification Number	Details	Date of Receiving
Young Scientist Award	1063	2 <sup>nd</sup> International Research Award on Science, Health and Engineering, Chennai, India	18.04.2020

**RESEARCH EXPOSURE:**

Research Project	Position	Name Details	Title	Duration
M.Sc Project	Under the guidance of Mr.H.Jerlin	Gracia J	A Comparative study on Phytonutrient in Carrot and Carrot products and their Antimicrobial Activity.	April 2009
M.Phil Thesis	Under the guidance of Dr.P.Nazni	J. Gracia	Application of Response Surface Methodology in the Optimization of Dehydrated <i>Moringa oleifera</i> for the Preparation of Chappathi	September 2010
ICMR Major Research Project	Research Assistant	J. Gracia	Effect of a Green Vegetable ( <i>Hibiscus Sabdariffa calyces</i> ) on Mildly Hypertensive Adults	1 <sup>st</sup> April 2012 to 30 <sup>th</sup> March 2013 (1 year)

Ph.D Thesis	Under the guidance of Dr.P.Nazni	J. Gracia	Physiochemical Characteristics of Processed Barnyard Millet Bran and its Utilization in Therapeutic Food Formulation	December 2015
M.Phil Thesis	Research Supervisor	Adelin A	Nutrient content and Formulation of Recipes using Fresh and Powdered <i>Cissus quadrangularis</i>	April 2018
M.Phil Thesis	Research Supervisor	G. R. Geedhu Krishna	Enhancement of Nutrients by adding <i>Artocarpus heterophyllus</i> and its Effect on Blood Sugar Level	April 2018
M.Phil Thesis	Research Supervisor	Mariyam Mahuthiyathul Husna M	Prevention of Health Problems in Adolescent Girls using Kalmi Dates <i>Phoenix dactylifera</i> L	April 2018
M.Phil Thesis	Research Supervisor	S. Irfan Fathima	Formulation of <i>Stolephorus Indicus</i> Based Recipes For its Precious Benefits	April 2019
M.Sc Project	Research Supervisor	Hazeena A Mariyam Mahuthiyathul Husna M Rajimol R	Formulation of Sardine Fish Incorporated Products for the Enhancement of Nutrients and the Health Benefits	October 2016
M.Sc Project	Research Supervisor	M. Deepika	Formulation Of <i>Raphanus Sativus</i> Based Recipes For Its Precious Health Benefits	April 2019
M.Sc Project	Research Supervisor	T. Suja	Formulation Of Value Added Products Using <i>Cocos Nucifera</i>	April 2019
M.Sc Project	Research Supervisor	R. K. Jeshika	Enrichment Of Nutrients In Food Products By Using <i>Luffa Acutangula</i>	April 2019
M.Sc Project	Research Supervisor	J. Marteen	Physiochemical properties and its marvelous Health effects of <i>Momordica charantia</i> and <i>mormodica charantia</i>	April 2020
M.Sc Project	Research Supervisor	S. S. Mohan Raj	Enhancement of nutrient content in food by the value addition of <i>solanum trilobatum</i> based product	April 2020
M.Sc Project	Research Supervisor	B. Sindhu	Enhancement of nutrient content in food by the value addition of <i>Citrus limon</i> based product	April 2021

M.Sc Project	Research Supervisor	G. Oviya	Development of product using <i>Sesbania grandiflora</i> for its marvolous impact on health	April 2021
M.Sc Project	Research Supervisor	S. Sahana	Formulation of recipes by incorporating <i>Cassia auriculata</i> for the enhancement of nutrients	April 2021
M.Sc Project	Research Supervisor	K. Adline Stephy	Formulation of breakfast recipes using Citrullus lanatius rind flour and its effects in reducing blood glucose level	2022
M.Sc Project	Research Supervisor	A. Dhivyaprabha	Melioration of nutrient content in breakfast meal by the value addition of costus igneus and its anti diabetic activity	2022
M.Sc Project	Research Supervisor	G. Shoron Persis	Enhancement of nutrient content in food by the value addition of mentha piperita based product	2022
M.Sc Project	Research Supervisor	A. Yazhini Kirthika	Formulation of healthy snack recipe done using acalypha indica to treat several disorders	2022
M.Sc Project	Research Supervisor	D. Jency Jebarani	Formulation of products using punica granatum peel flour and its effect in reducing blood glucose level	2022
B.Sc Project	Research Supervisor	Aman Arshitha S Fendic Shano Reju Kumar B	Survey on awareness of cancer among urban peoples	April 2019
B.Sc Project	Research Supervisor	Balaji	Drying and formulation of recipes using <i>Erythrina variegata</i>	April 2020
B.Sc Project	Research Supervisor	D. Anitha M. Jayalakshmi	Formulation and physio-chemical analysis of <i>Ipomea batatas</i> based products	April 2021
B.Sc Project	Research Supervisor	R. Chandru A. Mustaq Ali	Value addition of <i>Abutilon indicum</i> For its medicinal effect	April 2021
B.Sc Project	Research Supervisor	M. Anna Lakshmi S. Jasper Jane Sweety	Formulation of <i>Vitex negundo</i> based products for its nutritional benefits	April 2021
B.Sc Project	Research Supervisor	E. Kavya K. Lakshmi Priya	Enhancement of nutrient content in food by the addition of <i>Psidium guajava</i> based products	April 2021

B.Sc Project	Research Supervisor	S. Sabreen Jamilah, R. Mounika	Value addition of echinochloa esculenta for its medical effect	2022
B.Sc Project	Research Supervisor	K. Veeramanikandan and S. Jainullabtheen	Enhancement of nutrition content in food by the addition of Mangifera leaves for its medical effect	2022
B.Sc Project	Research Supervisor	K. Aruna Devi, P. Sakthi Kumar	Formulation of recipes using luffa accutangula for its medicinal properties	2022
B.Sc Project	Research Supervisor	B. Keerthika, G. Gayathri	Enhancement of nutrient content in food by the addition of wheatgrass	2022
M.Voc Project	Research Supervisor	Bhuvaneshwari. M	Formulation of Ice cream using Flax seed	2022
M.Voc Project	Research Supervisor	J. Jeyaprakash	Rice bran protein – Extraction, Nutraceutical properties, Comparitive study of the rice bran protein concentration with albumin on glutan free bread	2022

#### **RESEARCH PAPERS/ ARTICLES PUBLISHED:**

<b>Title</b>	<b>Name</b>	<b>Month and Year</b>	<b>Name of the Journal (National/ International)</b>	<b>Impact Factor</b>
Optimization of Sun-Dried <i>Moringa olifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology	Nazni P Gracia J	October 2010	International Journal of Current Science: Vol.9, 050-057, ISSN: 0975-833X	0.307
Optimization of Oven-Dried <i>Moringa olifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology	P. Nazni J. Gracia	September 2013	International Journal of Food and Nutritional Sciences (IJFANS) Vol.2, Iss.3, 66-73 ISSN: 2320-7876	
Optimization of Fiber Rich Barnyard Millet Bran Cookies Using Response Surface Methodology	Nazni. P Gracia. J	September 2014	International Journal of Agricultural and Food Science, Universal Research Publications, 4(3), 100-105. ISSN: 2249-8516	
Application of Response Surface Methodology in the development of Barnyard Millet Bran incorporated Bread	Nazni. P Gracia. J	September 2014	International Journal of Innovative Research in Science, Engineering and Technology, Volume 3, Issue 9, 16041-16048. ISSN: 2319-8753	
Brain Development and Memory Power Improvement in		May 2018	Journal of Teacher Learner and Society, Volume 14,	

Adolescent by using Kalmi Dates ( <i>Phoenix dactylifera</i> L)			Number 3, 173-179. ISSN: 2348-8409	
Formulation of Idly for the Prevention of Osteoporosis using <i>Cissus quadrangularis</i> Linn		May 2018	Journal of Teacher Learner and Society, Volume 14, Number 3, 186-191. ISSN: 2348-8409	
Enhancement Of Snacky Food Using Jackfruit ( <i>Arthocarpus heterophyllus</i> ) For School Children		May 2018	Journal of Teacher Learner and Society, Volume 14, Number 3, 192-198. ISSN: 2348-8409	
<i>Raphanus sativus</i> L and its protective effect		March 2019	Journal of Teacher Learner and Society, Volume 19, Number 2, 386-391. ISSN: 2348-8409	
Formulation of Pulka using citrus Limon peel	J. Gracia B. Sindhu	June 2021	International Journal of Scientific Research in Science and Technology ISSN: 2395-602X Vol.8, Issue 3, Pg 498-502. May-June 2021	7.214
Value addition of Carmel Toffee using powdered Psidium guajava leaf for its marvelous health effect	Gracia J Kavya E Lakshmi Priya K	June 2021	International journal of recent scientific research ISSN: 0976-3031 Vol 12, Issue 06(D) pp42118-421120 June 2021	7.383
Nutrient Analysis of Ipomoea Batatas Flour and Sensory Property of the Formulated Product	Dr J.Gracia D. Anitha M. Jayalakshmi	February 2022	Journal of Emerging Technologies and Innovative Research (JETIR), Volume 9, Issue 2, pB810-813 ISSN: 2349-5162	7.95
Formulation of Healthy cucurbita maxima seed incorporated milkshake	H. Jerlin B. Keerthika Dr J.Gracia	February 2022	International Journal of Scientific Research in Science and Technology, Volume 9, Issue 1, p250-255 ISSN: 2395-602X	7.214

### **PUBLICATION IN PROCEEDINGS:**

<b>Proceedings in which published</b>	<b>Title of the paper</b>	<b>Name</b>	<b>Month</b>
<b>3<sup>rd</sup> Incofttech-2013 International Conference on Food Technology “Food Processing Technologies – Challenges and Solutions for sustainable Food Security”</b> , conducted at Indian Institute of Crop Processing Technology, Thanjavur, India ISBN: 978-81-926250-3	Optimization of <i>Allium cepa</i> Flower Fortified Savory Snack using Response Surface Methodology	Gracia J Nazni P	04.01.2013 and 05.01.2013

<b>Proceedings of National Seminar on Fruition of Nutri-Hospitality NH-16</b> (A right way for the right destination) IBN 978-93-8577-10-7	Anti-nutrient in Fresh and Dried Carrots	Dr. J. Gracia Mr. H. Jerlin	13.04.2016
<b>National level Seminar on Nutritional Management in Metabolic Syndrome</b> organized by Department of Nutrition and Dietetics with Computer Application, Sri S Ramasamy Naidu Memorial College, Sattur ISBN: 978-81-933316-2-0	Sardine Fish Cutlet as a Healthy Functional Food	Hazeena A Rajimol R Mariyam Mahuthiyathul Husna M Dr. J. Gracia	08.02.2017
	Sardine Fish Biryani – The Good Source of Anti-oxidant	Mariyam Mahuthiyathul Husna M Hazeena A Rajimol R Dr. J. Gracia	
<b>International Seminar</b> on Cancer: Diet, life links and newer management, Holy Cross Science College, Thoothukudi	Formulation of product using unripe <i>Arthocarpus heterophyllus</i> for its effect on reducing blood glucose	B. Regu Kumar Mrs. G. R. Geedhu Krishna Dr. J. Gracia	8.2.2019 (1 day)
<b>National Womens “Food, Science and Technology” Conference</b> , Choose to Challenge organized by Indian Institute of Food Processing Technology, Thanjavur on International Womens Day IIFPT/IWD-2021/013	Formulation of <i>Raphanus sativus L</i> product for its precious health benefits Poster presentation	M. Deepika Ms. C. Angelin Monica Dr. J. Gracia	08.03.2021
<b>International Conference</b> on Precision Nutrition and Health: Foresight Future of Disease Prediction and Prevention organized by The Research Centre of Home Science & PG Department of Zoology, Fatima College, Madurai	Formulation of product using Balloon vine plant	R. Rajya Priy Gracia	11.12.2022

**PROGRAMME ORGANIZED:**

<b>Name of the Program</b>	<b>Title</b>	<b>Month and Year</b>
2 <sup>nd</sup> Continuing Medical <b>Nutrition Education Programme</b> on the occasion of World Health Day 2016, Muslim Arts College, Thiruvithancode	Halt the Rise, Beat Diabetes	11.4.2016 (1 day)
Online Awareness Quiz on a Covid-19 Awareness initiative organized by Department of Food Science and Nutrition, The American College, Madurai	Immune Boosting Diet	May 2020
Exhibition organized by the Department of Food Processing and Preservation, The American College, Madurai	Nutria-Expo 2021	28.9.2021

**SPECIAL LECTURE PROGRAMME:**

<b>Special Lecture</b>	<b>Place</b>	<b>Date</b>
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Killiyoor, Kanyakumari District	07.06.2016 at 2.00 pm to 5.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Nagercoil, Kanyakumari District	13.06.2016 at 2.00pm to 5.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Peyankuzhi, Kanyakumari District	15.06.2016 at 10.00am to 1.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Munchirai, Kanyakumari District	29.06.2016 at 10.30am to 1.00 pm.
Understanding Child Development Aspects, Stages, Milestones, Characteristics, Domins of Child Development, What are the activities and Tasks that Childrens between 0-3 years and 4-6 years like to do	Integrated Child Development Scheme Organizing “Early Child Care and Education Training Programme” at Melpuram, Kanyakumari District	30.06.2016 at 10.00am to 12.00 pm.
Resource Person in District Level National Nutrition Week Celebration 2016	Sri Iyyappa College, Chunkankadai organized by Integrated Child Development Scheme, Kanyakumari District	02.09.2016
Resource Person in District Level National Nutrition Week Celebration 2016	Nanjil Catholic College of Arts and Science, Kaliyakkavilai organized by Integrated Child Development Scheme, Kanyakumari District	06.09.2016
Resource Person for the Food Fest Competition for B.Ed Student Teachers	R.P.A College of Education, Mamoottukadai, Viricode, Kaanyakumari District	16.10.2018
Guest Lecture on the Subject Nutrition and Food Science	Department of Nutrition and Dietetics, Oriental Catering College, Madurai	21.10.2019



Guest Lecture on Food Pattern	Science forum, Panchayat Union Middle School, Thumpanaayakampatti, Kallupatti	29.08.2022
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**REVIEWER CERTIFICATE:**

Name of the Program	Month and Year
4 <sup>th</sup> National Conference on Current and Emerging Process Technologies, Department of Food Technology, Kongu Engineering College, Perundurai, Erode	20.2.2021

**OTHER EXPERIENCE: BOARD OF STUDIES**

Board of studies		Place	Date
Subject Expert	M.Sc Nutrition and Dietetics	Sadak Athullahappa College, Thirunelveli	29.9.2021
Subject Expert for constructive feedback of the syllabus	B.Sc Food Science and Nutrition	Holy Cross Home Science College, Thoothukudi	February 2022
Subject Expert for constructive feedback of the syllabus	M.Sc Dietetics and Food Management	Holy Cross Home Science College, Thoothukudi	February 2022

**EXTERNAL EXAMINER:**

Position	Course	Purpose	Date
Question paper setter	B.Sc Nutrition and Dietetics Food Microbiology 15UNDC61	Semester Examination November 2018, Sadakathullah Appa College, Thirunelveli	28.8.2018
Question paper setter	B.Sc Nutrition and Dietetics Food Microbiology Preservation Techniques 15UNDC62	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	10.1.2019
Question paper setter	B.Sc Nutrition and Dietetics Human Development 18UCND12	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	01.02.2019
Question paper setter	B.Sc Nutrition and Dietetics Principles of Nutrition 15UNDC21 Food Chemistry 15UNDC22	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	18.02.2019

Question paper setter	B.Sc Nutrition and Dietetics Human Physiology 18UAND21	Semester Examination April 2019, Sadakathullah Appa College, Thirunelveli	20.01.2020
Question paper setter	B.Sc Zoology Diet Therapy 18UEAN3A	Semester Examination April 2020, Sadakathullah Appa College, Thirunelveli	14.02.2020
Question paper setter	B.Sc Nutrition and Dietetics Food Resource Management 15UNDA21	Semester Examination April 2020, Sadakathullah Appa College, Thirunelveli	17.02.2020
Question setter	M.Sc Home Science – Nutrition and Dietetics Public Nutrition 20PHSC32 Applied Physiology 20PHSC13	Summer Examinations, November 2021, V.V.Vanniaperumal College for Women, Virudhunagar	26.10.2021
External Examiner	B.Voc Food Quality Analysis Practical 18BFSNC12	Department of Food Science and Nutrition, Periyar University, Salem	06.01.2022
External Examiner	Food Industrial By Products Waste Management 18BFSNC13	Department of Food Science and Nutrition, Periyar University, Salem	05.07.2022
External Examiner	Food Quality Control 18BFSNC06	Department of Food Science and Nutrition, Periyar University, Salem	06.07.2022
External Examiner	B.Voc Food Processing and Safety	Jamal Mohamed College Tiruchirappalli	15.07.2022
Question setting	B.Sc H.Sc Nutrition and Dietetics Diet Therapy GBNDC51	Semester Examination November 2022, Thassim Beevi Abdul Kader College for Women, Kilakarai	03.10.2022
External Examiner	B.Sc Home Science, Nutritional Biochemistry and Diet Therapy Practical	Department of Home Science, Thassim Beevi Abdul Kader College for Women, Kilakarai	15.11.2022
External Examiner	M.Sc Nutrition and Dietetics	Sadakathullah Appa Colleg, Thirunelveli	16.11.2022
External Examiner	B.Sc Home Science	Department of Home Science, Thassim Beevi Abdul Kader College for Women, Kilakarai	12.12.2022

### **TRAINING EXPERIENCE:**

<b>Nature of Training</b>	<b>Name of the Institution</b>	<b>Duration</b>
Dietitian Training	Kovai Medical Centre and Hospital Limited, Coimbatore	20.02.2007 to 06.03.2007 (15 days)
Dietitian Training	Apollo Specialty Hospital, Madurai	20.11.2008 to 19.12.2008 (30 days)
Fruit and Vegetables Preservation and Nutrition	Ministry of Women and Child Development Food and Nutrition Board, Government of	04.02.2013 to 08.02.2013

	India, Community Food and Nutrition Extension Unit, Chennai at Periyar University Salem	(5 days)
Short Term Course: Carbohydrate in Food	Professor and Director of Rice Innovation Center of Excellence, Department of Food Science and Technology, Faculty of AGRO-Industry, Kasetsart University, Bangkok, Thailand Organized by Department of Food Science and Nutrition, Periyar University, Salem	21.07.2014 to 25.07.2014 (5 days)
Entrepreneurship Skill Development Online Course: Ornamental Fishes – Production, Trade and Technology Transfer	Department of Zoology, Kongunadu Arts and Science College, Coimbatore Certificate ID: ESDOCOP0021	03.08.2020 to 09.08.2020 (7 days)
Online Training Programme on Processing and value addition of minor	<b>Forest</b> Department of Primary processing, storage and handling, National Institute of Food Technology, Entrepreneurship and Management (NIFTEM) - Thanjavur	25.1.2022 (1 day)
Online Short Term Course: Entrepreneurship Development in Food Processing	Department of Technology Dissemination, National Institute of Food Technology Entrepreneurship and Management, Thanjavur	27.1.2022 and 28.1.2022 (2 days)
Mentor in the Young Student Scientist Programme	Tamilnadu State Council for Science and Technology and The American College, Madurai	20.5.2022 to 03.6.2022
Advance Manufacturing & COVID AMACOVID2031710560	Held at The American College Madurai Department of Food Science and Nutrition Madurai Tamil Nadu Conducted by Department of Food Science and Nutrition, Periyar University, Salem, Tamilnadu	28-01-2023

**PAPER PRESENTED IN CONFERENCE/ SEMINAR/ SYMPOSIUM – INTERNATIONAL/ NATIONAL/ STATE LEVEL:**

<b>Name of Conference/ Seminar</b>	<b>Title of the paper presented</b>	<b>Name</b>	<b>Paper Presented</b>	<b>Month and Year</b>
<b>National Conference</b> on Emerging Trends and Opportunity in Food Processing Sector, M.O.P Vaishnav College for Women, Chennai	Formulation and Physio-chemical Analysis of Kodomillet Based Paniyaram	J. Gracia Dr. P. Nazni	Poster	29.1.2010 and 30.1.2010 (2 days)

<b>National Seminar</b> on Food and Nutritional Challenges and Prospects in Human Health, Department of Food Science, Periyar University, Salem	Development and Quality Evaluation of Kodomillet Based Fermented	J. Gracia P. Nazni	Poster	24.2.2010 and 25.2.2010 (2 days)
<b>International Conference</b> on Food Technology, Thanjavur	Optimization of <i>Moringa oleifera</i> Flower Powder Incorporated Chappathi using Response Surface Methodology	Dr. P. Nazni J. Gracia	Poster	30.10.2010 and 31.10.2020 (2 days)
<b>National Conference</b> on Emerging Trends in Biotechnological Approaches for Infectious Disease Management”, “BAID-2010” Department of Biotechnology, Periyar University, Salem	Magic of <i>Moringa oleifera</i>	P. Nazni J. Gracia	Poster	29.11.2010 (1 day)
<b>National Conference</b> on Biotechnology, Bioinformatics and Bioengineering, Hotel Adiyamaan Palace, Dharmapuri	Process Optimization for Formulation of Chappathi using Response Surface Methodology	J. Gracia P. Nazni	Oral	17.12.2020 and 18.12.2010 (2 days)
<b>International Conference</b> on Food and Nutraceuticals for Nutrition and Health: Technology and Delivery (ICFAN-2011), Department of Food Science, Periyar University, Salem	Optimization of Shade Dried <i>Moringa olifera</i> Flower Incorporated Chappathi using Response Surface Methodology	J. Gracia P. Nazni	Poster	20.1.2011 to 22.1.2011 (3 days)
<b>International Symposium</b> on Functional foods and Health (ISFAH-2011), Department of Food Science, Periyar University, Salem	Application of Response Surface Methodology in the optimization of dehydrated drumstick flower for the preparation of Chappathi	J. Gracia P. Nazni	Poster	19.11.2011 (1 day)
<b>National Conference</b> on Recent Trends in Food Processing and Health Scenario in India, NUTRIPRO ‘12’, Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode	Optimization of <i>Moringa olifera</i> Flower Incorporated chappathi	J. Gracia Dr. P. Nazni	Poster <b>1<sup>st</sup> prize</b>	27.1.2012 (1 day)
<b>National Conference</b> on Advanced Nanomaterials, Centre for Nanoscience and	Nanomaterials and its application in Food	J. Gracia P. Nazni	Poster	6.2.2012 and 7.2.2012 (2 days)

Nanotechnology, Periyar University, Salem				
<b>National Conference</b> on Tamilnadu Science Federation conducting the 12 <sup>th</sup> Conference, Periyar University, Salem and Suthasy Science Association, Karaikudy	Drumstick Flower Chappathi	J. Gracia P. Nazni	Oral	23.8.2012 to 25.8.2012 (3 days)
<b>International Conference</b> on Food Technology for Health Promotion ICFTHP-2012, IIFANS at Auditorium, SSS-1, Jawaharlal Nehru University, New Delhi, India	Food Encapsulation	J. Gracia Dr. P. Nazni	Poster	27.12.2012 and 28.12.2012 (2 days)
3 <sup>rd</sup> Incofttech-2013 <b>International Conference</b> on Food Technology “Food Processing Technologies – Challenges and Solutions for sustainable Food Security, conducted at Indian Institute of Crop Processing Technology, Thanjavur, India. ISBN: 978-81-926250-3	Optimization of <i>Allium cepa</i> Flower Fortified Savory Snack using Response Surface Methodology	Gracia J Nazni P	Poster	4.1.2013 and 5.1.2013 (2 days)
<b>National Conference</b> on Food Processing and Technology for Health Progression – NCFPTH-2013, Department of Food Science, Periyar University, Salem	Health Benefits and Encapsulation of Cumin seed	J. Gracia Dr. P. Nazni	Poster	9.1.2013 and 10.1.2013 (2 days)
<b>National Conference</b> on Implications and Intervention of Phytomedicine in Disease Management – IIPDM-2013, Department of Biochemistry, Periyar University, Salem	Application of Nanotechnology in the Food Industry	J. Gracia Dr. P. Nazni	Poster	18.2.2013 and 19.2.2013 (2 days)
<b>National Seminar</b> on Current trends in Bionanotechnology – CTBBN-2013, Department of Biotechnology and Botany, Periyar University, Salem	Formulation and Quality Evaluation of Papaya Pulp Added Probiotic Yogurt	Dr. P. Nazni J. Gracia	Poster	11.3.2013 (1 day)
<b>International Conference</b> on Technological Advances in Super Foods for Health Care – ICTASH-2013, International	Optimization of <i>Allium Cepa</i> Flower Fortified Habitual Food Using	J. Gracia P. Nazni	Poster	3.5.2013 and 4.5.2013 (2 days)

Institute of Food and Nutritional Science IIFANS, New Delhi and Bharathidasan Government college for women, Puducherry	Response Surface Methodology			
<b>International Conference</b> on Food Technology: Impact on Nutrition and Health (ICFIN – 2013), International Institute of Food and Nutritional Science IIFANS, New Delhi	Barnyard Millet – Poor man’s Cereal	P. Nazni J. Gracia	Poster	23.12.2013 and 24.12.2013 (2 days)
<b>International Conference</b> on Updated Food Technology: A Challenge towards Public Health Nutrition, International Institute of Food and Nutritional Science IIFANS, New Delhi	Anti-Nutritional Analysis of Processed Bran	J. Gracia P. Nazni	Poster	7.5.2014 and 8.5.2014 (2 days)
<b>International Conference</b> on Physiology and Medicine – 2014, Department of Zoology, Periyar University, Salem	Comparative Study of Bran Incorporated Foods on Glycemic Indices	J. Gracia P. Nazni	Poster	15.10.2014 to 17.10.2014 (3 days)
<b>National Seminar</b> on Fruition of Nutri-Hospitality NH-16, Department of Hotel Management and catering science and Nutrition and Dietetics, Udaya college of arts and science, Vellamodi ISBN 978-93-8577-10-7.	Anti-Nutrient in Fresh and Dried Carrots	Dr. J. Gracia Mr. H. Jerlin	Oral	13.4.2016 (1 day)
<b>National Seminar</b> on Miracle Grain Millets for Healthy Living (NSMGM-2016), Department of Nutrition, White Memorial College of Nursing, Attoor.	Barnyard Millet bran and its Utilization in Food Formulation	Dr. J. Gracia Dr. P. Nazni	Poster <b>I<sup>st</sup> Prize</b>	19.4.2016 (1 day)
<b>National Seminar</b> on Healthy Hospitality Ordinem (H <sub>2</sub> O) at Immanuel Arasar College of Hotel Management and Aviation, Edavilagam, Marthandam	Nutritious Sardine Fish Cutlet <b>II<sup>st</sup> Prize</b>	Mariyam Mahuthiya thul Husna M Hazeena A Rajimol R Dr. J. Gracia	Oral	7.10.2016 (1 day)

	Formulation of Sandwich using Sardine Fish	Rajimol R Mariyam Mahuthiya thul Husna M Hazeena A Dr. J. Gracia		
	Nutrition during Stress	Fazeela N R Dr. J. Gracia		
	The Goodness of Sardine Fish	Hazeena A Rajimol R Mariyam Mahuthiya thul Husna M Dr. J. Gracia	Poster	
	Beat Stress by Food	Shifana M Dr. J. Gracia		
	Be Heart Healthy	Munira Begum M Dr. J. Gracia		
	Nutrition and Healthy Eating for Kids	Adlin Stephy K Dr. J. Gracia		
<b>National Seminar</b> on Nutritional Management in Metabolic Syndrome, Department of Nutrition and Dietetics with Computer Application, Sri S Ramasamy Naidu Memorial College, Sattur	Sardine Fish Cutlet as a Healthy Functional Food	Hazeena A Rajimol R Mariyam Mahuthiya thul Husna M Dr. J. Gracia	Oral	8.2.2017 (1 day)
	Sardine Fish Biryani – The Good Source of Anti-oxidant	Mariyam Mahuthiya thul Husna M Hazeena A Rajimol R		

		Dr. J. Gracia		
Eight <b>National Conference</b> of Teacher Educators, Kanniyakumari Academy of Arts and Sciences (KAAS) and R.P.A College of Education, Mamootukadai	Prevention of Anaemia and Pubertal Problems in Adolescent by Kelmi Dates	Mariyam Mahuthiya thul Husna M Dr. J. Gracia	Oral	20.4.2018 (1 day)
	Development, Quality evaluation and Sensory acceptability of multi-millet fortified with carrot, soya and beetroot powder	Swarnalath a R Dr. J. Gracia		
	Mudakkathan Leaves ( <i>Cardiospermum halicababum</i> ) For Arthritis And Nutrition Education Among SHG (Self Help Group) Women	Aariba M. S Dr. J. Gracia		
	Prevention of Osteoporosis and Rickets Using <i>Cissus Quadrangularis Linn</i>	Adelin A Dr. J. Gracia		
	Enhancement Of Snacky Food (Cutlet) Jackfruit ( <i>Arthocarpus Heterophyllus</i> ) For School Children	G. R. Geedhu Krishna Dr. J. Gracia		
	Development Of Learning Skill In Adolescent (13-18 Years) Girls By Consuming Kalmi Dates (Phoenix <i>Dactylifera</i> L.)	Mariyam Mahuthiya thul Husna M Dr. J. Gracia		
	Development And Supplimentation Of Green Soup Powder For School Going Children (9 -11 Years)	Caroline Dr. J. Gracia		
<b>International Conference</b> on Dream Innovative and Be Reflective, Journal of Teacher Learner and society TeLeS vol-14, No.3 ISSN: 2348-8409	Brain Development and memory powder Improvement in Adolescent by using Kalmi Dates	Mariyam Mahuthiya thul Husna M Dr. J. Gracia	Oral	3.5.2018 and 4.5.2018 (2 days)



	Enhancement of snacky food Jackfruit for school children	Geedhu Krishna G. R Dr. J. Gracia		
	Formulation of idly for the prevention of osteoporosis using <i>Cissus Quadrangulis</i> Linn	A. Adelin Dr. J. Gracia		
<b>National Seminar</b> on Bringing you – Nutri Vision Healthy Eating for Longevity, Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli ISSN: 978-81-938054-3-5	Enhancement of nutrient and formulation of recipe using <i>Cardiospermum halicacabum</i> leaves for arthritis	Ms. S. Aariba Mrs. Gilbis Tamil Priya Dr. T. Renishya Joy Jeba Malar Dr. J. Gracia	Oral	18.9.2018 (1 day)
	Effect of stress in human			
	Sardine Fish for healthy living	D. Meenachi A. Hazeena R. Rajimol Mariyam Mahuthiya thul Husna M Dr. J. Gracia		
	Formulation of biscuit using <i>Arthocarpus heterophyllus</i>	R. Shiny Mrs. G. R. Geedhu Krishna Dr. J. Gracia		
	Formulation of barnyard millet fortified product	Dr. T. Renishya Joy Jeba Malar		

		R. Swarnalatha M. Vadivel Devi J. Gracia M. Sangeetha		
<b>International Seminar</b> on Cancer: Diet, life style links and newer management, Holy Cross Home Science College, Thoothukudi	Formulation of product using unripe <i>Arthocarpus heterophyllus</i> for its effect on reducing blood glucose	B. Regu Kumr Mrs. G. R. Geedhu Krishna	Oral	8.2.2019 (1 day)
<b>National Conference</b> on Current Trends in Biological Sciences, Department of Botany, St.Xaviers College, Palayamkottai	Exploration of nutrient value in <i>Cardiospermum halicacabum</i> L (Mudakathan) leaf powder	Dr. J. Gracia T. Renishya Joy Jeba Malar	Oral	13.3.2019 and 14.3.2019 (2 days)
<b>International Conference</b> on Professionalism: Challenges and innovation in Science and Humanities, Muslim College of Education, Thiruvithancode	<i>Raphanus sativus</i> L and its protective effect	Gracia J Aariba S	Oral	28.3.2019 and 29.3.2019 (2 days)
<b>Two Day International Conference</b> on Scientific and Social Approaches to Mental Wellbeing – 2019, Department of Biochemistry, Zoology, Home Science and Botany, V.V.Vanniaperumal College for Women, Virudhunagar	A study on the mental Health Status of the College students (18-20)	Mrs. Poornima Jeyasekaran Mrs. Soumini G.P Dr. J. Gracia	Oral	3.10.2019 and 4.10.2019 (2 days)
<b>3<sup>rd</sup> International Conference</b> on Emerging Trends in Millet Technology for Health Promotion, Department of Nutrition and Dietetics, Periyar University, Salem	Optimization of formulated banyard millet bran cookies	S. S. Mohan Raj J. Gracia P. Nazni	Oral	9.1.2020 and 10.1.2020 (2 days)
<b>National Women's Food Science And Technology Conference</b> Organized By Indian Institute Of Food Processing Technology On	Formulation of <i>Raphanus sativus</i> L product for its presious health benefits	M. Deepika Ms. C. Angelin Monica	Poster	8.3.2021 (1 day)

International Womens Day 2020		Dr. J. Gracia		
<b>4<sup>th</sup> International Conference on Food and Nutrition ICFN 2021</b> “Bioeogues, International Conference”, Singapore.	Formulation of vitex Negundo based pasta	Dr. J. Gracia M. Anna La S. Jasper Jane Sweety	E-poster	23.9.2021 24.9.2021 (2 days)

### **FACULTY DEVELOPMENT PROGRAMME:**

<b>Faculty Development Programme</b>	<b>Date</b>
Two Days <b>Faculty Development Program</b> on Teaching Techniques conducted by ICT Academy at Holy Cross Home Science College, Thoothukudi	25.4.2018 and 26.4.2018 (2 days)
<b>Entrepreneurship skill development online course</b> on Ornamental fishes production, trade and technology transfer organized by Department of Zoology (Diploma in ornamental fish production and trade) Kongunadu Arts and Science College, Coimbatore	3.8.2020 to 9.8.2020 (7 days)
<b>Online International FDP Entitled Frontiers of Physics in Bio-medical Applications</b> organized by St. Josephs College of Engineering, Chennai	19.10.2020 to 21.10.2020 (3 days)
<b>5 days Online International Professional Development Programme</b> on Scholarly Publishing: Swirls Unfurled organized by The Delany Library, Patrian College of Arts and Science, Chennai QAIJQK-CE000137	14.05.2021 to 18.05.2021 (5 days)
<b>Two-week Virtual Multidisciplinary Short Term Training Programme</b> on Research Methodology and Data Analysis organized by Internal Quality Assurance Cell (IQAC), Annamalai University	19.1.2022 to 4.2.22 (2 weeks)
	25.1.22 (1 day)
<b>Online Short Course on Entrepreneurship Development in Food Processing</b> organized by Department of Technology Dissemination, National Institute of Food Technology Entrepreneurship and Management (NIFTEM), Thanjavur	27.1.2022 to 28.1.2022 (2 days)
<b>One Week Faculty Development Programme</b> on Current Trends in Information Technology organized by School of Computational Science and Canny – Consortium of Colleges, Nehru Arts and Science College, Coimbatore	2.2.2022 to 9.2.2022 (1 week)
<b>National level Faculty Development Programme</b> on Problem Solving and Ideation as 21 <sup>st</sup> Century Skills organized by Institutions Innovation Council, MIT Art, Design and Technology University, Pune	10.2.2022 (1 day)
<b>One Day National Online Faculty Development Programme</b> on Essential Soft Skills for Impactful Professional Career organized by Department of English, Indian Institute of Management and Commerce, IQAC	11.02.2022 (1 day)

<b>Five Days International FDP</b> on Yoga and Meditation for Human Excellence organized by Department of Master of Business Administration, Sree Vidyanikethan Institute of Management, Tirupati	14.02.2022 to 18.02.2022 (5 days)
National level faculty development program on analysis of union budget 2022-23 organized by department of economics, universal school of administration Bengaluru	28.02.2022 (1 day)

**WORKSHOP PARTICIPATED:**

<b>Name of Conference/ Seminar</b>	<b>Month and Year</b>
<b>National Workshop</b> on Fluorescent Microscopy Department of Zoology, Periyar University, Salem	10.10.2013 (1 day)
<b>National Workshop</b> on Green Initiatives in Energy and Environment (GIEE-2014) Department of Environmental Science, Periyar University, Salem	11.9.2014 (1 day)
<b>National Workshop</b> on Microbes to Commercial Products Department of Microbiology, Periyar University, Salem	02.9.2014 (1 day)
<b>National level Workshop</b> on Application of SPSS Software, Research and Development Committee, Holy Cross Home Science College, Thoothukudi	14.7.2018 (1 day)
<b>National Level Workshop Cum Training</b> on Food Processing and Preservation, Department of Nutrition and Dietetics, Sadakathullah Appa College, Tirunelveli, Tamilnadu	19.9.2019 (1 day)
<b>Online Workshop</b> on An overview of Covid – 19 vaccines organized by Crescent Innovation and Incubation Council and Aca Di Cell Innovations International Pvt Ltd	12.6.2021 (1 day)
2 Days <b>Online Workshop</b> On Scanning Electron Microscopy: Technique and its Applications organized by North East Centre for Biological Sciences and Healthcare Engineering, Indian Institute of Technology Guwahati, Assam in collaboration with Eeiss India, Department of Biotechnology Government of India Azadi Ka Amrit Mahotsav	29.7.2021 and 30.7.2021 (2 days)
1 day <b>Online Workshop</b> on An overview of Covid-19 vaccines organized by Crescent Innovation and Incubation Council & Aca Di Cell Innovations International Pvt Ltd	12.7.2021 (1 day)
<b>International Workshop</b> on Exploring statistics using R and SPSS organized by Seva Academy, Chidambaram in association with Lions Club of Chidambaram Excellence, Tamilnadu, India	20.8.2021 to 22.8.2021 (3 days)
<b>Online Workshop on</b> “Bloom’s Taxonomy based Question Paper Design for Outcome-Based Education in Visual Communication” Organized by Department of Visual Communication in association with the Internal Quality Assurance Cell (IQAC) and Outcome Based Education Monitoring Council on 27.09.2021 under UGC Paramarsh Scheme. Ayya Nadar Janaki Ammal College, Sivakasi VC2FDP10023	27.9.2021 (1 day)

<b>Workshop</b> on Role of Nutrition in Building Immunity in Age Group 2-14 years conducted by Shri Vaishnav Vidyapeeth Vishwavidyalaya, Sanmantrana	17.1.2022 (1 day)
<b>Workshop</b> on Imagination and Expression through color and form conducted by Shri Vaishnav Institute of Fine Arts, Shri Vaishnav Vidyapeeth Vishwavidyalaya, Sanmantrana	18.1.2022 (1 day)
<b>Workshop</b> on Imagination through Color and Form conducted by Shri Vaishnav Institute of Fine Arts, <b>Shri Vaishnav Vidyapeeth Vishwavidyalaya SANMANTRANA 2022</b> Sponsored by St. Cloud State University, USA	17.1.2022 to 19.1.2022 (3 days)
<b>Online international workshop on emerging trends and new opportunities in High pressure processing organized by Department of Agricultural Engineering, College of Agriculture, Vellanikkera, Kerala</b> Agricultural university directorate of extension central training institute, mannuthy, Thrissur, kerala	21.02.2022 to 22.02.2022 (2 days)

**CONFERENCE/ SEMINAR/ SYMPOSIUM – INTERNATIONAL/ NATIONAL/ STATE**

**LEVEL:**

<b>Name of Conference/ Seminar</b>	<b>Month and Year</b>
<b>Awareness Training camp</b> Tamil Nadu People Consumer Federation, Tirunelveli	21.3. 2005 (1 day)
<b>National Seminar</b> on Nutrition and Dietetics, Malankara Catholic College, Mariagiri	3.2.2006 and 4.2.2006 (2 days).
<b>National Conference</b> on Emerging Trends and Opportunity in Food Processing Sector, M.O.P Vaishnav College for Women, Chennai	29.1.2010 and 30.1.2010 (2 days)
<b>National Seminar</b> on Role of Educational in Out-Reach Programmes and Sustainable Community Development, Department of Foods and Nutrition, R.V.S Arts and Science College, Coimbatore	3.3.2010 (1 day)
<b>National Symposium</b> on Paediatric Nutrition and Health, Centre for Nutrition Counseling, Research and Extension Activities”, Department of Home Science, Women’s Christian College, Chennai	4.9.2010 (1 day)
<b>National Symposium</b> on Food and Nutritional on Prospects in Human Health, Department of Food Science, Periyar University, Salem	21.10.2011 (1 day)
<b>National Conference</b> on Food Technology Interventions for Health and Nutrition Security Department of Food Science, Periyar University, Salem	15.3.2012 and 16.3.2012 (2 days).
<b>National Conference</b> on Technology Development of Traditional Foods, Association of Food engineers (ESSENZZ) in collaboration with the Department of Food Processing & Engineering, Karunya University, Coimbatore	3.9.2012 and 4.9.2012 (2 days).

<b>National Seminar</b> on Technological innovations in Science Pedagogy Organized by Holy Trinity College of Education, Melpalai	2.2.2013 (1 day)
<b>National Conference</b> on 21 <sup>st</sup> Science Tamil Federation, Coimbatore	9.2.2013 and 10.2.2013 (2 days).
A Mega Free Diabetes Screening, Education and <b>Awareness Programme</b> to the Public DIABETES EXPO 2013 M.G.Diabetes Speciality and 22rganize centre, Fairlands, Salem	16.11.2013 and 17.11.2013 (2 days).
<b>Seminar</b> on Trends in Protein Engineering Department of Zoology, Periyar University, Salem	21.11.2013 (1 day).
<b>National Symposium</b> on Carbohydrates in Human Health Department of Food Science and Nutrition, Periyar University, Salem	24.01.2014 (1 day)
<b>National Seminar</b> on Challenges for Microbiologists to Become Bio-Entrepreneurs (MICRO-PRENEURS-2014) Department of Microbiology, Periyar University, Salem	27.8.2014 (1 day)
<b>International Seminar</b> on Recent Innovations in Natural Resources to Prevent Cancer (NRPC-2016) Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli	15.2.2016 (1 day)
<b>National Seminar</b> on Sustainable Utilization of Bio-resources PG and Research Department of Zoology, Muslim Arts College, Thiruvithancode	17.2.2016 (1 day)
Two Day <b>National Seminar</b> on Enhancing Professional Skills and Traits, Department of Library and Information Science, Sadakathullah Appa College, Thirunelveli	20.7.2018 and 21.7.2018 (2 days)
One day <b>Seminar</b> on Quality research and publications, Centre for research, Manonmanium Sundaranar University, Tirunelveli	7.12.2018 (1 day)
<b>International Conference</b> on Innovative Trends in Teacher Education for the 21 <sup>st</sup> century, Immanuel Arasar College of Education, Nattalam, Marthandam	21.3.2019 and 22.3.2019 (2 days)
<b>State Level Seminar</b> on Opportunities and Challenges in the Emerging Spaces of Higher Education, IQAC, Sri Meenakshi Government Arts College for Women, Madurai	4.9.2019 (1 day)
<b>International Symposium</b> on Dietary trends, IDA Kilakarai Chapter at Alpha Hospital and Research Centre, Madurai	17.12.2019 (1 day)
<b>International Golden Jubilee Seminar</b> on Emerging Trends in Food Processing Technology – 20, Department of Food Science Technology, Arul Anandhar College, Karumathur, Madurai	10.1.2020 (1 day)
<b>National Seminar</b> on Making of an Inspiring Teacher, R.P.A College of Education, Mamottukadai	31.1.2020 (1 day)
Appreciated for contribution towards Vigyan Sarvatra Pujyate, Festival of SCoPE for All at The American College, Madurai	22.02.22.to 28.02.2022 (7 days)

**ONLINE CONFERENCE/ SEMINAR – PARTICIPATED**

<b>Online Conference/ Seminar</b>	<b>Month and Year</b>
<b>International Virtual Conference on Immune Boosting Diet for COVID-19</b> conducted by Department of Food Science and Nutrition, The American College, Madurai	21.05.2020 (1 day)
<b>Online Seminar on Development of Climate Change Resilient Rice Varieties Through Molecular Breeding</b> organized by Bioingine.com, Webinars on plant science research #W06072020-325	06.07.2020 (1 day)
UGC Sponsored <b>International Web Conference</b> under <b>National Skill Development Corporation on Emerging Trends in Food, Nutrition and Health</b> organized by Department of Nutrition and Dietetics and B. Voc Food Processing, Seethalakshmi Ramaswami College, Tiruchirapalli	24.04.2021 (1 day)
<b>National Conference on Emerging Trends of Life Sciences in View of Current Pandemic Situation</b> organized by Department of Life Sciences, Kamla Nehru Mahavidyalaya, Nagpur KMB0KY-CE000055	15.05.2021 (1 day)
<b>Power Seminar on Intellectual Property Rights</b> organized by the PG & Research Department of Commerce, Holy Cross Home Science College, Toothukudi	22.05.2021 (1 day)
<b>National Seminar on Trends and Development in Food Packaging Technology</b> by the Department of Food Processing Technology, AMET Deemed University, Kanathur, Chennai	31.5.2021 (1 day)
<b>International virtual conference on Innovation in Food Processing and Nutritional Science</b> organized by Department of Food Processing Technology, AMET Deemed University, Kanathur, Chennai	29.7.2021 (1 day)
<b>National e-Seminar</b> on Feeding the Zillions: Scope and Challenges for Food Technologists organized by the Department of Food Science, Mehr Chand Mahajan DAV College for Women, Chandigarh and Department of Biotechnology, School of Life Science, Vels Institute of Science, Technology and Advanced Studies, Chennai	31.7.2021 (1 day)
<b>One day online international seminar on research and library services</b> organized by central library and IQAC of Akhil bhartiya maratha shikshan parishads, shri shshu mandir mahavidyalaya, Parvati, pune Cert id: ODIJ7C-CE000212	25.02.2022 (1 day)
<b>National level e-Symposium</b> on Food Diversification – The way forward organized by Department of Clinical Nutrition and Dietetics, Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women	08.03.2022 (1 day)

**WEBINAR PARTICIPATED- INTERNATIONAL/ NATIONAL:**

<b>Event</b>	<b>Month and Year</b>
<b>International Webinar on Nurturing Physical, Mental and Social Health: During and Post COVID-19</b> by Institute of Home Science, Dr. Bhimrao Ambedkar University, Agra	16.05.2020 (1 day)

<b>National Webinar on Covid-19: A view on Vaccine Production</b> organized by Department of Chemistry, GITAM School of Science, Bengaluru	23.06.2020 (1 day)
<b>International Webinar on Recent Trends in Life Science</b> organized by Department of Zoology, GTN Arts College, Dindugal	02.07.2020 (1 day)
<b>National Webinar on Impact of COVID-19 on Agriculture</b> organized by PG and Research Department of Economics, Bishop Heber College, Thiruchirappalli SD7B5C-CE000320	03.07.2020 (1 day)
<b>Webinar</b> organized by Ladies Club, The American College, Madurai	27.05.2020 (1 day)
<b>National Webinar</b> on Covid-19: A view on Vaccine production organized by Department of Chemistry, GITAM School of Science, Bengaluru	23.6.2020 (1 day)
Six day <b>National Webinar</b> Lecture series on <b>Biotechnology concepts to practice</b> organized by Department of Biotechnology, School of Bio & chemistry Engineering, Sathyabama Institute of Science and Technology, Chennai	06.07.2020 to 11.07.2020 (6 days)
<b>International Webinar on Advanced Materials for Sustainable Development</b> organized by Department of Chemistry, Chouksey Group of Colleges, Bilaspur RVPTPU-CE001068	12.07.2020 (1 day)
<b>National webinar</b> on Application of block chain technology in financial services organized by Department of Business Administration, St. Joseph College, Tiruchirapalli	22.7.2020 (1 day)
<b>Webinar on Animal Communication: from microbes to mammals</b> organized by Department of Zoology and IQAC, Annai Vailankanni Arts and Science College, Thanjavur	23.07.2020 (1 day)
<b>International Webinar on Real Time PCR as a Diagnostic Tool for Infectious Diseases</b> organized by Department of Biochemistry, Idhaya College for Women, Sarugani	24.07.2020 (1 day)
Three day <b>International Webinar</b> series on <b>Unlocking Approaches in Biological Research</b> organized by PG and Research Department of Botany and Department of Biotechnology, School of Biological Science, St. Joseph College of Engineering, Chennai	24.07.2020 to 26.07.2020 (3 days)
<b>International webinar 2020 on Food Safety Policies and Regulation</b> organized by Department of Food Science and Nutrition, College of Community Science and National Agricultural Higher Education Project, Assam Agricultural University, Assam	27.07.2020 and 28.07.2020 (2 days)
<b>Webinar on Captive breeding of Asian Seabass</b> , Department of Advanced Zoology and Biotechnology, School of Science, Guru Nanak College, Chennai	29.07.2020 (1 day)
<b>National Webinar on Aquaculture</b> organized by PG and Research Department of Zoology, D.K.M College of Women, Vellore	04.08.2020 (1 day)
A day <b>International Webinar</b> series on <b>Medicinal Plants Research and Drug Discovery</b> organized by Department of Botany, St. Joseph College of Engineering, Chennai	03.08.2020 to 06.08.2020 (4 days)
State level Webinar Amrithavarshini on All about Baby Friendly Feed organized by Department of Home Science in association with Indian Dietetics Association, Kerala chapter and Net Pro Fa N, Kerala	5.8.2020 (1 day)



<b>Webinar on Research Methodology and Applications of Surface Plasmon Resonance</b> organized by The Biomics, Revolutionising the Life Sciences Certificate ID: B/0720/4975/W3	08.08.2020 (1 day)
<b>Webinar series Getting Smart on Bio Hacking and Internet of Things</b> organized by the Department of Science, St. Joseph College of Engineering, Chennai	11.08.2020 and 12.08.2020 (2 days)
One day <b>Webinar on Modeling the spread of COVID-19</b> organized by Department of Mathematics, St. Joseph College of Engineering, Chennai	12.08.2020 (1 day)
<b>Virtual National Webinar series on Ethics and Entrepreneurship – smart tips</b> organized by Department of Science, St. Joseph College of Engineering, Chennai	13.08.2020 (1 day)
<b>International Webinar on Solar to Hydrogen Fuel Generation</b> organized by Department of Science, St. Joseph College of Engineering, Chennai	14.08.2020 (1 day)
<b>Webinar on Introduction to Preservation Skills</b> organized by internal quality assurance cell (IQAC), Holy Cross Home Science College, Thoothukudi in collaboration with ICT Academy	11.09.2020 (1 day)
<b>Webinar on RDA-2020: The way forward to tackle malnutrition in India</b> conducted in the Commemoration of World Food Day 2020 by The Nutrition Society of India, Mumbai Chapter	19.10.2020 (1 day)
<b>International Webinar on Molecular and Physiological Mechanism of drought tolerance in Rice – A tale of back bencher gene</b> organized by Bioingene.com, Webinar on Plant Science Research #W19102020-151	19.10.2020 (1 day)
<b>Webinar on Lead the life in style</b> organized by Womens Forum, The American College, Madurai	1.2.2021 (1 day)
<b>International Webinar on Sports Management and Sports Nutrition</b> organized by Department of Physical Education, Food Science and Technology and Business Administration, Arul Anandar College, Madurai	18.02.2021 and 19.02.2021 (2 days)
<b>Webinar on The Power to Change the World</b> organized by Women's Forum, The American College, Madurai	08.03.2021 (1 day)
<b>National webinar</b> on Nutraceuticals and Immunity Booster Foods for combating COVID-19 organized by Department of Food Science and Nutrition, ASPEE College of Home Science and Nutrition, Sadarkrushinagar Dantiwada Agricultural University, Sadsrkrushinagar, Gujarat	17.5.2021 (1 day)
<b>International Biodiversity Day National Webinar</b> on Plant, Planet & People organized by Spotlight MDU	22.05.2021 (1 day)
<b>National Webinar</b> on Biodiversity: Life Insurance for Our Changing World organized by the Eco-Club of Mannar Thirumalai Naicker College (Autonomous), Pasumalai, Madurai	26.05.2021 (1 day)
<b>Webinar</b> on Ultimate secrets to quickly get your research paper published organized by Aristocrat Research.com, a unit of Aristocrat IT solutions Pvt Ltd	29.5.2021 (1 day)

<b>National level Webinar</b> on Dairy Entrepreneurship opportunities and challenges organized by Department of Food Technology, Nehru Institute of Technology, Coimbatore, Tamilnadu	1.6.2021 (1 day)
<b>Webinar</b> why? How? Food Safety and Nutrition are more important during Pandemic hosted by Tamilnadu Consumer Protection and Environmental Research Centre in association with Department of Food Safety and Drug Administrarion Nutrition International, New Delhi	7.6.2021 (1 day)
<b>National level webinar</b> on 3 keys to Thrive healthy life during pandemic organized by the Department of Nutrition and Dietetics, Sadakathullah Appa College, Thirunelveli	8.6.2021 (1 day)
<b>National level webinar II 2021</b> on Addressing Alzhemers Disease – A Chemists Perspective and Forensic Science at a Glance organized by the PG and Research Department of Chemistry, The American College, Madurai, Tamilnadu	23.6.2021 (1 day)
<b>International webinar</b> on Teachers as catalysts of Ethics in Higher Education organized by IQAC, Rani Anna Government College for Women, Tirunelveli and Globethics.net India	25.6.2021 (1 day)
<b>Webinar</b> on NDLI user Awareness organized by Daniel Poor Memorial Library, The American College, Madurai, Tamilnadu	25.6.2021 (1 day)
<b>National webinar</b> on A Pandemic year for Women: What are we learning? Organized by The Ladies Club, The American College, Madurai, Tamilnadu	30.6.2021 (1 day)
<b>Webinar</b> on Outlook on Covid vaccination organized by IQAC, Holy cross Home Science College, Thootukudi	3.7.2021 (1 day)
<b>International Webinar</b> on Promoting Ikigai to arise and shine organized by Ladies Club of The American College, Madurai	29.7.2021 (1 day)
<b>National Webinar</b> on Freshwater fannal diversity in India and Marine Environments: Divesity, threats and opportunities organized by Department of Zoology, St. Xaviers College, Palayamkottai	03.08.2021 (1 day)
<b>International Webinar</b> on Breast feeding: Significance and Benefits for Mother and Child organized by the Department of Food and Nutrition, Rathnavel Subramaniam College of Arts and Science, Sular, Coimbatore	6.8.2021 (1 day)
<b>International Webinar IV 2021</b> on How electrochemistry and vibrational spectroscopy work in Industry and Rechargeable Li-ion batteries (LIBs) and beyond: Chemist’s role towards technology development organized by PG & Research Department of Chemistry, The American College, Madurai	14.8.2021 (1 day)
<b>Faculty Development webinar</b> under UGC PARAMARSH scheme on “Research Publications and its Metrics” organized by Internal Quality Assurance Cell and the Department of Nutrition and Dietetics, The Standard Fireworks Rajaratnam College for Women, Sivakasi.	24.9.2021 (1 day)
<b>Webinar</b> on FSSAI Regulatory Framework with codex perspective on the occasion of World Food Day at Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	16.10.2021 (1 day)
<b>National Webinar</b> on Journeying through Intellectual property protection and Bio-entrepreneurship organized by the Department of Bio-technology, School of Biological Sciences, St. Josephs College, Tiruchirappalli	20.10.2021 and 21.10.2021 (2 days)

National webinar on Spectroscopic Technologies: A tool for structure Elucidation organized by Department of Chemistry, Sophia Girls College, Ajmer	21.10.2021 to 22.10.2021 (2 days)
<b>International Webinar</b> on Balanced Food for superior Health conducted by PG & Research Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode	5.11.2021 (1 day)
<b>International Mental Health Webinar</b> series on the Art of Selfishness by Dr. Radhika Murugesan , MBBS; MRC Psych; MSc( Psy research ); CCT (UK); Founder & CEO , M/s. Chennai Minds , Tamilnadu	20.1.2022 (1 day)
<b>International webinar</b> on Pprofessional Ethics and values for teachers of higher education organized by Bharata mata college of commerce and arts, Aluva, Kerala, Journal of Dharma, Bangalore, Edugroom, India Foundation, Kochi and Globethic.net, India	27.1.2022 and 28.1.2022 (2 days)
<b>Webinar</b> on II National Dietetics Day Celebration organized by Department of Food and Nutrition, Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore	10.1.2022 (1 day)
<b>Annual webinar</b> on Can Processed Foods be Healthy and Nutritious? Organized by Protein Foods and Nutrition Development Association of India	12.1.2022 (1 day)
<b>International Mental Health Webinar</b> series on the Art of Selfishness by Dr. Radhika Murugesan , MBBS; MRC Psych; MSc( Psy research ); CCT (UK); Founder & CEO , M/s. Chennai Minds , Tamilnadu	20.1.2022 (1 day)
<b>International webinar</b> on Professional Ethics and values for Teachers of Higher Education Organized by Bharata Mata College of Commerce and Arts, Aluva, Kerala, Journal of Dharma, Bangalore, Edugroom, India Foundation, Kochi and Globethic.net, India	27.1.2022 and 28.1.2022 (2 days)
<b>International live webinar</b> on Grass Peas (Lathyrus sativus) Re-domesticating a hardy orphan legume for the 21 <sup>st</sup> century, Bioengine.com	29.1.2022 (1 day)
<b>International webinar</b> on Education as a Gateway to an Ethical and Peaceful World organized by the Gitanjali Teachers Training College, West Bengal, Edugroom India Foundation, Kochi, Globethics.net India, Bangalore & Pranam Kiran Educational Samiti	04.02.2022 and 05.02.2022 (2 days)
<b>Webinar</b> on NAAC Accreditation Software which simplifies and automates NAAC process and reports, SAARCS Mart.	12.2.2022 (1 day)
One Day International Webinar On “Commonwealth and India in the New World Order” held on 12 th February 2022, under the aegis of IQAC Cell	12.2.2022 (1 day)
One Day International Webinar on the Eve of World Day of Social Justice organized by International Council of Education, Research and Training (ICERT) on Key Employability Skills for 21 <sup>st</sup> Century Job Market Cer. No: ICERT/ES/190222105	19.02.2022 (1 day)
National webinar on world national weritage site-kas plateau organized by the department of botany dattajirao kadam arts, science and commerce college, ichalkaranji, kolhapur	28.02.2022 (1 day)
Webinar on medical coding orientation organized by department of food science and nutrition and ideal medical coding academy coimbatore	17.03.2022 (1 day)
<b>National webinar on medicinal values of Indian traditional foods organized by department of tamil and home science, VV Vanniaperumal college for women, Virudhunagr</b>	30.03.2022 (1 day)

International Mental Health Webinar Series on It's Okay to Say No by Ms.Merlyn Fernandes, Psychologist, Goa	11.06.2022
International Mental Health Webinar Series on Neuroscience of Stress by Ms. Jothi Kolathur Counseling Psychologist , Chennai & Dr. Suresh Kumar M, HOD – P G Dept of Psychology The American college , Madurai	14.06.2022
International Mental Health Webinar Series on Cyber Anxiety by Dr.N.P.Veena Vani, Consultant Homeopath Counseling Psychologist Chennai	17.06.2022
International Mental Health Webinar Series on Nectar Time by Dr.D.SASI DEVI Ph.D, Assistant Professor , Dept of English Thiyagarajar College , Madurai	18.06.2022
International Mental Health Webinar Series on Emotional First Aid by Dr.Vidyaa Hari Iyer Psychotherapist & Counselor , Wellness coach	20.06.2022
International Mental Health Webinar Series on Transmitting Values to Children by Sahr Augustine Ngewah- Tana Psychometrician, Strong Bond Professional, Peer and Phone Counselor	24.06.2022
International Mental Health Webinar Series 2020 – 2022 on Effective Communication by Dr.S.Santhana Krishnan, M.A; M.Sc; M.Ed; M.Phil; Ph.D; D.Litt; Retired Professor of Psychology, Vels University, Chennai MHWS828	01.07.2022
International Mental Health Webinar Series on Emotional Wellness: Name it to Tame it (Identify your Emotions) by Ms.Priyamvada Srivastava Founder – Lets' Broach, Emotional Wellness Life Coach & Counsellor , Cyber Lawyer reg. with BCI MHWS831	04.07.2022
International Mental Health Webinar Series on Introduction of Schizophrenia by Mr.Sankar Narayanan , Counseling Psychologist , Siva Counseling Clinic MHWS837	10.07.2022
International Mental Health Webinar Series on Digital Detox by Mr. Ashok Mohan, Cyber Forensic Consultant, Kriyavan Cyber Forensic Service, Madurai	11.07.2022
International Mental Health Webinar Series on Neuroscience of Self Control by Ms. Jothi Kolathur Counseling Psychologist , Chennai & Dr. Suresh Kumar M, HOD - P G Dept of Psychology The American college , Madurai	15.07.2022
International Mental Health Webinar Series on 4 Steps thru our Inner World:Events->Thoughts->Feelings->Actions by Matt Perelstein CEO, EQ4Peace Worldwide Inc USA	16.07.2022
International Mental Health Webinar Series on Water Elixir of Life by Dr.D.Sasi Devi PhD Assistant Professor Dept of English, Thiyagarajar College Madurai	18.7.22
International Mental Health Webinar Series on Languishing by Mrs.Sunanda Ravi, Counseling Psychologist, Maanasa Subhkara, Hyderabad	19.7.22
International Mental Health Webinar Series 2020 – 2022 on “Think it over on Life” - My Perspective by Prof(Dr.)B.K.Pandimani Ph.D, Director, Value Education Programme, Mount Abu, Rajasthan	21.7.22
International Mental Health Webinar Series 2020 – 2022 on “Adventure in the Classroom” by Ms.Zenobia Rustomfram, Director of Greenfields Centre for outdoor & Development Programs & Consultant Counsellor	22.7.22

International Mental Health Webinar Series 2020 – 2022 on Biophillicia by Mrs.Sunanda Ravi Counseling Psychologist, Founder & Director, M/s.Maanasa Subhkara, Hyderabad	23.7.22
Webinar on Neuroscience of Self Esteem by Dr.Suresh Kumar Murugesan, H O D , P G Dept of Psychology, The American college, Madurai Certificate Code: MHWS853	26.07.2022
Webinar on Spiritual and Wellbeing Assessments by Sri.Dr.Ravindra R.M, Consultant Counseling , Psychiatric Social work , Spiritual Guide and Mentor Certificate Code: MHWS855	28.07.2022
Webinar on 7 Principles for Making Marriages work by Mr.Muthiah Ramanathan, Director, Mind Dynamics Centre, Chennai Certificate Code: MHWS856	29.07.2022
Webinar on 4-"WOMEN IN YOUR LIFE" by DR.R.ROHINI Counselor & Asst Professor, Dept of Psychology, St.Mary's College, Tuticorin, Tamil Nadu Certificate Code: MHWS857	30.07.2022
Webinar on Case History Taking & Mental Status Examination by Mrs.Anitha Ramachandran, Primary Grade Teacher, Counselor, Sharjah, U.A.E Certificate Code: MHWS858	31.07.2022
Webinar on Understand Your Self Limiting Belief by Dr.Sachitra Chakravorthy, Counseling Psychologist, Founder & CEO M/s.Transilienz Learning and Development Certificate Code: MHWS859	01.08.2022
Webinar on Client Centered Therapy by Mrs.Payal Gupta, Freelance Counsellor, NLP Practitioner Certificate Code: MHWS860	02.08.2022
	02.08.22
Webinar on "Power of Narration - 'Narrative Theory" by Ms.Varnika Goel Student & Social worker Certificate Code: MHWS863	05.08.2022
Webinar on Mental Health of Children by Dr.K.Jayanthi Rani Assistant Professor, Department of Psychology, Ethiraj College for women, Chennai. Certificate Code: MHWS864	06.08.2022
Webinar on The Impact of Executive Function skill Deficits & the Activities by Mrs.Keerthy Sudha Ramani, Counseling Psychologist Remedial Teacher, Art Therapy Practioner Certificate Code: MHWS 866	08.08.2022
Webinar on Best Buddies by Ms.Vasavi Dhinesh Child Psychologist, Thangam Mount litera Zee School, & Founder M/s. Manokitha Psy Forum, Salem Certificate Code: MHWS880	22.08.2022

### **E-LECTURE PROGRAMME – PARTICIPPATED**

<b>Event</b>	<b>Duration</b>
<b>E Lecture series on Nutritional Goals during Self Quarantine</b> organized by Department of Food Science and Nutrition, Holy Cross Home Science College, Thoothukudi	05.05.2020 to 09.05.2020 (5 days)

<b>Leadership Talk</b> by MHRD Innovation Cell	06.07.2020 (1 day)
<b>Biotalk</b> series on <b>Bioconjugation of Therapeutic Enzyme Uricase for Gout Disease</b> organized by Department of Biotechnology, St. Joseph College of Engineering, Chennai	27.07.2020 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>A view on Emerging Food Borne Pathogens</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	23.02.2021 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>Hidden Facts about Vitamin D and Obesity</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	24.02.2021 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>Divinity of Spices</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	25.02.2021 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>Demonstration of Continental Food Preparation</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	26.02.2021 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>Women and Reproductive Health</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	02.03.2021 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>Food and Nutrition in Space</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	10.03.2021 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>Paradigms of Research in Home Science</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	15.03.2021 (1 day)
<b>Invited Talk</b> series on <b>Food, Nutrition, Health and Wellness</b> Titled <b>Holistic Nutrition</b> organized by Department of Home Science, The Gandhigram Rural Institute, Dindugal	17.03.2021 (1 day)
<b>Guest Lecture</b> on <b>Scope in Food Technology</b> organized by Department of Food Technology, AMIT University, Chennai	14.5.2021 (1 day)
<b>Guest Lecture</b> on Application in thermal processing in food industry organized by the Department of food processing technology, AMET Deemed University, Kanathur, Chennai	24.5.2021 (1 day)
<b>Two days Impact Lecture</b> series on <b>Innovation and Entrepreneurship on Drug Discovery and Fisheries, Institution Innovation Cell, St. Andrews College, Gorakhpur, UP</b>	7.10.2021 and 8.10.2021 (2 days)
<b>Popular Lecture 2</b> on Role of Biotechnology in Functional Foods to Cure Diseases organized by the Department of Home Science, V.V.Vanniaperumal College for Women, Virudhunagar, TamilNadu	2.2.2022 (1 day)
International webinar on Education as a Gateway to an Ethical and Peaceful World organized by the Gitanjali Teachers Training College, West Bengal, Edugroom India Foundation, Kochi, Globethics.net India, Bangalore & Pranam Kiran Educational Samiti	04.02.2022 and 05.02.2022 (2 days)

International live Interactive and Motivational Session organized by Bioingene.com, An online platform for the promotion of International Plant Science Research	05.02.2022 (1 day)
Participated in IEEE Power and Energy Society Chapter Expert talk on Climate change and energy management organized by swarnadhra college of engineering and technology, seetharampuram, andhrapradesh	19.02.2022 (1 day)
Leadership talk by Chief Innovation Officer, MHRD's Innovation Cell	6 <sup>th</sup> June

### **ONLINE QUIZ PROGRAMME:**

<b>Online Quiz</b>	<b>Duration</b>
<b>National E-Quiz</b> organized by Department of Food Science and Nutrition on Fundamentals of Biochemistry, Kaypeeyes College of Arts and Science, Kotagiri, Nilgiris	7.3.2020 73%
<b>COVID 19 Awareness Quiz</b> organized by IQAC, Department of Biotechnology and Department of Zoology, St. Josephs College, Irinjalakuda 3EAZPI-CE054324	April-May 2020 06.04.2020 100%
<b>World Intellectual Property Rights Day Quiz 2020</b> organized by School of Life Science, B.S. Abdul Rahman Crescent Institute of Science and Technology, Chennai	26.04.2020
<b>Awareness quiz on Covid-19</b> conducted by National service scheme unit No.198, Sri Sankara Bhagavathi Arts and Science College GLSRV8-CE005487	19.5.2020
<b>NSS and Covid 19</b> conducted by NSS Unit no. 71, 80, 137, Muslim Arts College, Thiruvithancode VPWH20-CE000052	22.5.2020 90%
<b>E Quiz</b> organized by St. Josephs College E7UKUM-CE000015	29.05.2020 100%
<b>National Level Online E-Quiz Competition 2020</b> organized by Department of History, Muslim Arts College, Thiruvithancode NZDUTG-CE000016	30.5.2020 80%
<b>Covid 19 Awareness and Computer Fundamentals Online Quiz</b> conducted by Siga College of Management and Computer Science JY55EG-CE000097	May-June 2020 75%
<b>Covid-19 Awareness Quiz</b> organized by IQAC in Association with Department of Zoology, St. Joseph's College, Irinjalakuda ID3EAZPI-CE038026	20.05.2020 85%
<b>Covid 19 Awareness Quiz</b> organized by PG and Research Department of Zoology, Muslim Arts College, Thiruvithancode OD9C64-CE000331	20.05.2020 70%
<b>Online Quiz on Traditional Medicines and Covid-19</b> organized by PG and Research Department of Botany, JJ College of Arts and Science, Pudukkottai JJBOT-1361	21.05.2020
<b>India – Covid 19 Recovery</b> RH0808-CE000025	21.05.2020 100%
<b>Covid 19 Pandemic Awareness online Quiz</b> Organized by Institutions Innovation Council of J. K.K Nattraja College of Pharmacy in association with Indian Pharmaceutical Association Bhavani Kumarapalayam WDDG10-CE015464	21.05.2020

<b>National Level Admin Quiz Competition 2020</b> organized by Department of Public Administration, Muslim Arts College, Thiruvithancode	22.05.2020
<b>E Quiz on Introduction to Company Law</b> conducted by Post Graduate and Research Department of Commerce, Erode Arts and Science College, Erode ZEMRRW-CE000156	22.05.2020 95%
<b>E Quiz on General Knowledge and Research Methodology</b> , Department of Corporate Secretary Ship, St. Thomas College of Arts and Science in association with IQAC, Chennai	27.05.2020
<b>Online Awareness Quiz on Immune Boosting Diet a Covid-19 Awareness</b> initiative organized by Department of Food Science and Nutrition, The American College, Madurai	May 2020
<b>National Level E Quiz</b> on Scientists organized by PG and Research Department of Physics jointly with IQAC, The Madurai Diraviyam Thaynmanavar Hindu College, Tirunelveli	June 2020
<b>Fashion Quiz</b> organized by Department of Fashion Designing and Apparel Making, Holy Cross Home Science College, Thoothukudi	03.06.2020
<b>Online Quiz on Combating Covid-19 with Immune Boosting Foods</b> conducted by Department of Home Science, Khadir Mohideen College, Adirampattinam K4WWVK-CE001159	03.06.2020
<b>National Level online Quiz on History of NSS</b> organized by NSS Unit 60 & 61, Thiagarajar College, Madurai AVINAI-CE000496	04.06.2020
<b>National Level Quiz on Immunity Boosting Food and Nutrition during Covid-19</b> organized by PG and Research Department of Nutrition and Dietetics, Muslim Arts College, Thiruvithancode BXQ78M-CE000157	13.06.2020 53%
<b>Online quiz on combating Covid-19 with Immune Boosting foods</b> conducted by Department of Home Science, Khadir Mohideen College, Adirampattinam K4WWVK-CE001159	30.6.2020
<b>National E Quiz</b> organized by Department of Food Science and Nutrition on Fundamentals of Biochemistry, Kaypeeyes Colleg of Arts and Science, Kotagiri, Nilagiris YNJ418-CE000145	03.07.2020 73%
<b>Online Nutri E Quiz on Find out the Disease during the period of July 2020</b> organized by Department of Nutrition and Dietetics, KSR College of Arts and Science for Women, Nammakal HGMEQU-CE00262	03.07.2020
<b>National Level Online Food Science Quiz</b> organized by Department of Food Science and Nutrition, Kaypeeyes College of Arts and Science, Kotagiri, Nilgiris	06.07.2020 79%
<b>National Level E Quiz competition</b> on the occasion of <b>World Organ Donation Day</b> organized by Department of Zoology, MES College of Arts, Commerce and Science, Bengaluru TAROKQ-CE0000664	13.08.2020 to 15.08.2020
<b>Online Nutri E Quiz on Immune Booster</b> organized by Department of Nutrition and Dietetics, KSR College of Arts and Science for Women, Nammakal TD92F8-CE000320	22.08.2020
<b>Physical Talent Quiz on Basic Physics</b> organized by Department of Physics and Research Centre, Muslim Arts College, Thiruvithancode NIAI10A-CE000370	06.10.2020 50%



<b>Covid-19 Pandemic General Awareness Quiz</b> organized by School of Science of Sandip University, Nashik, Maharashtra and Spreading Awareness about mode of transmission and control measures of Covid-19 SUS/SOS	05.12.2020
<b>Online Awareness Quiz on Physical Education and Covid-19</b> organized by Research Department Department of Physical Education, A. Veeriyar Vandayar Memorial Sri Pushpam College, Poondi, Thanjavur	-
<b>Corona Virus Disease Covid-19 Awareness Quiz 2020</b> organized by Design Innivation Center, University of Allahabad, Prayagraj FDK6QC-CE002485	-
<b>Online Awareness quiz</b> on Immune Boosting Diet a Covid-19 awareness initiate organized by Department of Food Science and Nutrition, The American College, Madurai	-
<b>National Level E-Quiz</b> on the occasion of <b>International yoga day 2021</b> , 1 NCC Navy Unit, NSS and Dr. BGR Publications, The American College, Madurai	2021
<b>International Level Virtual Quiz Contest</b> on Information Technology organized by Department of Computer Science, Bell Institute of Hotel Management and Catering Technology, Sivakasi	9.2.2022 80%
<b>General Awareness Quiz on COVID Pandemic</b> organized by Department of Computer Application Shivharsh Kisan PG College, Basti	9.2.2022 90%
<b>Online quiz on yoga awareness organized by NSS units of KRM DAV College, Nakodar as per guidelines of ministry of youth affairs and sports</b> Cert id: IA0DD8-CE000105	29.04.2022 & 30.04.2022
<b>National level online quiz on school safety awareness courses quiz</b> organized by Ashirwad education center, Ahmedabad, Gujarat NINRGU-CE000055	23.07.2022 100%

### **EXTRACURRICULAR ACTIVITIES:**

- **Volunteer in National Service Scheme:** Muslim Arts College, Thiruvithancode, Kanyakumari District in the year of 2004-2006.

### **PERSONAL DETAILS:**

Age & Date of Birth : 36 Yrs, 15 Feb 1986

Sex : Female

Marital Status : Married

Religion : Christian, Nadar

Nationality : Indian

Languages Known : Tamil, English

Personality : Hard working, Flexible and Quick Planner

Hobbies : Gardening

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Arumanai - 629 151  
Kanyakumari District  
Tamil Nadu, India.

### **Declaration**

I Dr. J. Gracia hereby declare that the above furnished information is true and correct to the best of my knowledge and belief.

Place: Arumanai

Yours sincerely  
**(Dr. J.GRACIA)**