

**Name:** Snaeha Sathyan

**Designation:** Assistant Professor

**Department:** Psychology, The American College.

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**Educational Qualification:**

Degree	Subject	College / University & Place	Year Completed
Undergraduate	SOCIOLOGY	M.O.P. Vaishnav College for Women	2015-2018
Postgraduate	SOCIOLOGY	Loyola College, Chennai	2018-2020

Cleared UGC NET on December 2020 and June 2021 (merged session).

**Specialisation in Teaching:**

- Social Psychology
- Positive Psychology
- Professional Effectiveness
- Health Psychology
- Multi-cultural counselling

**Specialisation in Research:**

- Thesis dissertation on “**Pet culture and Dog ownership in the Contemporary Society among Dog owners in Chennai**”.
- Thesis dissertation on “**Socio-economic Study on Impact of Resettlement in Kannagi Nagar and Semmenchery**”.

### Research Interests:

- Human Behaviour
- Cultural studies
- Women studies
- Social groups in society
- Criminology

### Other Work Experience:

Designation	Institution / Company	Year - From (month/year) To (month/year)
Lecturer	The American College, Madurai	November 2020 – January 2021
Intern	KARPI, Chennai.	2019
Teaching assistant	HelpAge India, Chennai.	2017
Teaching assistant	People's Education and Action (PEAK), Kodaikanal	2019

### Publications:

- Published an article called “**Green the Red**” that focuses on the menstrual taboos by women all over the world in the college journal – “**Spotlight**”
- Published an article on “Cyber stalking among the adolescents” in the college journal – “**Spotlight**”.

### Conference / Seminar Presentations:

- **Socio-economic Study on Impact of Resettlement in Kannagi Nagar and Semmenchery (2015)**

Won Best Project award for the study that documented economic, cultural and psychological problems arising from the unique blend of communities in resettlement colonies.

- **MMM National Conference on Sociology of Health (2016)**

Presented papers on Social Isolation on Elderly in India, with critical focus on economic, physical and social infrastructure.

- **Manorama Endowment Awards (2017)**

Presented a paper on Smart Agriculture in India, with a critical focus on incorporating the Western ideas of Farming according to Indian Infrastructure.

- **ICMR Sponsored National Workshop on Health, Environment and Society (2018)**

Presented a paper on Water and Sanitation in slums at Saidapet, which focuses on the socio-economic factors of the people living in that area and about the improper water facilities and sanitation issues in Saidapet.

- **National Colloquium on Good Health and Well-being organised by Indian Sociological Society (2019)**

Presented a paper on Social Isolation among transgender in Chennai, which elaborated on their emotional and physical well-being in the society.

- A detailed field study on **Sacred Groves of Tamil Nadu** and was awarded the best documentary in the department of Sociology at M.O.P. Vaishnav College, Chennai, TN, India.

**Awards / Fellowships:**

- Received Department Service Award at M.O.P Vaishnav College For Women, Chennai.
- Received the Best Documentary award for a detailed study on **Sacred Groves of Tamil Nadu** at M.O.P Vaishnav College For Women.
- Executive member of the People's Club – Department of Sociology.

**Other Activities / Academic Credentials:**

- Presentation skills – December 2016 to February 2017 by Academy for Career Excellence (ACE)
- Communication skills – September 2016 by Victory Insights
- Life skills – Extra skills for a semester

- Emotional Intelligence – Certificate course organized by B.Com., department Quantitative Aptitude – June 2017 by VistaMind
- Critical thinking skills – September 2016
- Child Rights – An interdisciplinary discipline (Ongoing seven weeks online course offered by University of Geneva)

**Lectures/talks given:**

- Gave a speech on “Positive Parenting” in Webinar Series conducted by the Department of Psychology
- Gave a speech on “Dark Feminine Energy” in Webinar Series conducted by the Department of Psychology